Spring has sprung and summer will soon be here! Look inside for articles on Earth Day (page 12), Drive “fore” Camp Golf Tournament (page 14), Half Day Camps (page 34), and more…
Dear Friends,

As I sit down to write this letter it is mid-February, it is raining, and it’s in the mid 40’s. It feels more like a cool day in early Spring than the middle of Winter. We had some high hopes for what we call a “good” winter. At Winding Trails a good winter is plenty of cold and snow which allows us to skate and ski, our two biggest winter activities. We were able to open the ski center in early December, our earliest opening in the 46-year history of our center. Unfortunately, it only lasted 6 days and so far, we have not had enough snow to open again. Typically, when we don’t get any snow, we get some great ice skating, but Mother Nature has not cooperated there either and we have yet to get a safe depth to open Walton Pond. I don’t know what your feelings are on climate change, but we are now on our 5th year of very mild winters and averaging less than 10 ski days per year. Our winters in Connecticut certainly seem to be trending warm and wet.

Although you could sulk due to our lack of winter activities, I prefer to be optimistic and focus on the positive things we have been able to accomplish with a mild winter. First and foremost, this weather has been perfect for helping us stay on schedule with our major office renovation. Please be sure to read the article on page 5 about this progress. We are excited for you to see the end product. Our maintenance department was also able to complete numerous special projects over the winter. The largest one will be renovations to the Ladies’ room of the Dunning Lake bathhouse. We have repainted that area, added new lighting, installed auto flush toilets and sinks, and replaced much of the wall paneling. We hope you will be happy with these new improvements in this much utilized space.

As spring approaches, we will be busy with the typical clean up that occurs in New England after a season. You will also see that we constructed a new “giant” checkers area at the beach. The giant chess set has been so popular we decided to add checkers. You will also see that we will be adding permanent boards to our street hockey area. This will be much appreciated by our summer camp program, but we also hope our members will get some use out of this area. Finally, you can expect to see more communication coming out about our plans to construct a new playscape at Dunning Lake next summer. The summer of 2021 marks the 75th anniversary of Winding Trails and we feel nothing exemplifies our commitment to children and families like a new playscape. The cost of this equipment has increased dramatically in the 30 years since we last installed our present playscape and hope you will find it in your heart to support our numerous upcoming fundraising events around these improvements.

I encourage you to read this entire newsletter. There are many interesting articles about your organization that share information about our mission, the environment, and some of the great things we do. It is our largest newsletter and covers the next 6 months that are always our busiest seasons. On behalf of the Board and our staff, I want to thank you for being a part of the Winding Trails community. We look forward to serving you once again. If you have any questions, concerns, or suggestions, please don’t hesitate to contact me.

Sincerely,

Scott Brown, CPRP
Executive Director

Looking for Board and Staff Alumni

Winding Trails has been fortunate to have thousands of great people volunteer on our board and committees or work as staff in a variety of our program areas. The summer of 2021 marks the 75th season of camp. We would like to hold an alumni event around this milestone. Over the years, we have lost contact with many of these people and would like to reconnect. If you or someone you know served on the Board of Directors, a committee, or as a staff member, we want to hear from you. Please email renee@windingtrails.org so we can update our database and let you know about some of the great things that are happening at Winding Trails.
WINDING TRAILS 2020 BOARD OF DIRECTORS

Rob Low, President
Kristen Burns, Vice President
Tom Greenebaum, Treasurer
Jeff Ferraro, Secretary
Brian Cunningham
Cedric DeLaCruz
Andersson Espinoza

Dave Kinahan
Patty Lavandier
Caroline McKnight
Betsy Sargent
Walter Sargent
Rob Tacinelli

WINDING TRAILS 2020 COMMITTEE MEMBER VOLUNTEERS

Stacie Aubrey
Rick Blake
Kerry Callahan
Chris Chisholm
Jonathan Chaia
Ann Clark
Jill Clark
Sal Corio
Mike Daly
Lisa Duquette
Joy Fausey
Jason Hamilton
Kimberly Hughes
Steve Juers
Wendy Ku
Alana Ledford
Scott Muska
Jim Platosh
Jeff Rogers
Tim Roy
Tom Roy
Shannon Rutherford
James Sullivan
Danielle Truncali
Scott Zenke

LOOKING FOR VOLUNTEERS TO SERVE ON THE BOARD AND COMMITTEES

Winding Trails is a nonprofit organization that relies upon volunteer members to help provide governance for the organization. In addition to the Board of Directors, there are six committees that work to provide strategic, fiduciary, and generative oversight for the organization. Each year, we look for new members with diverse backgrounds in age, sex, ethnicity, park usage, and interests to serve on the Board of Directors and various committees. Time commitment varies depending on the position, you just need to have an interest in Winding Trails and helping to make it better. If you feel you have skills in fundraising, strategic planning, construction, architecture, human resources, insurance, engineering, finance, recreation, environmental issues, sustainability, or other pertinent areas that would be of help to us, please contact Scott Brown, Executive Director at (860) 677-8458 ext. 18. Help make a difference in your facility.

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Jim Platosh
Jeff Rogers
Tim Roy
Tom Roy
Shannon Rutherford
James Sullivan
Danielle Truncali
Scott Zenke

MAIN OFFICE HOURS

The main office is open 8:30am – 4:00pm Monday through Friday. The main office will be closed on Memorial Day, Monday, May 25th and Friday, July 3rd. If you miss the office hours, you can always use the convenient Drop Box slot next to the office door.

PARK HOURS

The park will be open daily from 8:00am to dusk. Swimming is available beginning Saturday, May 30th to Friday, July 31st from 10:00am to 7:45pm and from Saturday, August 1st to Monday, September 7th from 10:00am to 7:30pm (depending on staff availability). The gate locks promptly at dusk. (Please refer to your membership handbook for summer policies and regulations or our website www.windingtrails.org on the Membership page).

THE GRILLE HOURS

The Grille is our concession stand at Dunning Lake located on the west side of the bathhouse. It is open on weekends only, from May 30th to June 7th. It will be open 7 days a week starting June 13th through August 28th. The Grille will be open weekends only August 29th through Labor Day weekend depending on staff coverage. The Grille hours are from 11:00am – 7:00pm.

GUEST FEES

Guest fees are $7.00 for adults and $5.00 for children ages (3 to 15). Discounted guest books are available in the Main Office or at the gatehouse which will save you $1.00 per guest. Guests brought in by members after 5:00pm will be discounted by $1.00. Members using the guest booklet passes will not receive an additional discount. Members are allowed to bring up to 6 guests per day per membership. Guests need to park outside the gate and ride in the member's car.

WINDING TRAILS STAFF • (860) 677-8458

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Online registration available for all programs at www.windingtrails.org
ANNUAL LAKE TREATMENT

Dunning Lake is one of our most precious resources at Winding Trails. Each year we monitor the health of the lake by conducting water tests, inventorying plants, etc. The lake currently has several species of invasive plants that we are controlling through a state permitted weed treatment. As a result, Dunning Lake will be closed on Monday, June 8th at 5:00pm for our annual weed treatment. The lake will be open the following day after this application. We apologize for the inconvenience.

PICKLEBALL AND TENNIS INFORMATION

The tennis and pickleball courts will open on April 1st. The hours will be from 8:00am to 7:45pm. Tennis camp will be using all courts between the hours of 9:00am to noon the week of June 22nd - June 26th and July 27th - July 31st.

NO SMOKING POLICY

If you are a smoker and must smoke on property, we ask that you do not smoke on Dunning Lake beach or in the picnic area. Smoking will be permitted north of the wooden guard rail fence. We ask for your cooperation in complying with this policy.

FISHING OPENING DAY

Dunning Lake will open for the 2020 fishing season at 6:00am on Saturday, April 11th. Members 16 years of age and older must have a valid CT fishing license. To help with the health of our fish population and the enjoyment of all fisherman, we encourage you to “catch and release.” If you do intend to take the fish, you are limited to three trout or bass per day. If you bring a guest, you and your guest are limited to five trout or bass per day. There is also a size limit on bass. 12” - 16” bass are in the protective range and must be released. Only one bass over 16” may be kept each day.

NATURE’S PORCH HOURS

Nature’s Porch is located on the east shore of Walton Pond and offers nature themed “drop-in” activities during open hours. Nature programs, from walks to fishing classes and more, are offered for families and individuals on many weekends so check the calendar for program dates. The large front porch and its inviting chairs are available anytime during park hours. The Viewing Shed, next to the Porch, offers the opportunity to see some of the native animals found on the property. Come visit us, attend a nature program, and explore this portion of the property!

SATURDAY & SUNDAYS

May 2nd to October 11th …………... 11:00am to 7:00pm

HOLIDAYS

May 25th & September 7th …………... 11:00am to 7:00pm

PLEASE REMEMBER - PETS ARE PROHIBITED IN THE PARK YEAR ROUND

BOAT RENTALS

Boat rentals are open every day from 11:00am to 7:00pm from May 30th until September 7th. All persons renting a boat must be at least 8 years of age and a level 4 swimmer. All boaters must wear a lifejacket which is included in your rental. Rental fees are as follows:

- Canoes ………………………………………… $3.00 per hour
- Kayaks ………………………………………… $3.00 per hour
- Standup Paddleboards …………………… $5.00 per ½ hour
- Sailboats ………………………………………… $6.00 per hour

Boat Rental Punch cards are available for purchase at the Boathouse or Main Office. Get $50 worth of boat rentals for $40 or $20 worth of boat rentals for $15.

Dunning Lake Playground Replacement Planned

BY SCOTT BROWN

The Dunning Lake playground and picnic area has climbed dramatically from one of the top playgrounds. Our new playground, designed and built by using the Building for Play principles, will be dedicated this fall. As a result, the playground will be closed from September 21st to December 22nd.

Recently, Nature’s Porch was dedicated during a wonderful family project to focus on as we celebrate the 75th anniversary of Winding Trails next year.

Over the next few months more information will be communicated about this exciting project. The costs of these playgrounds have climbed dramatically from three decades ago. Funding of this project will use long term savings, grants, and multiple fundraising efforts to cover these costs. We hope you will find it in your heart to support this project as we work together to improve Winding Trails for everyone.
WINDING TRAILS MAIN OFFICE

Renovations on Schedule

Winding Trails has a new and improved office and a reinvigorated staff! The original office was built in 1985 when Winding Trails had 3 people working out of it. Since then, we have increased our staff by five, require an ADA accessible conference room, another bathroom, and watched in bewilderment as papers rustled and legs shivered every time a cold north wind blows across the lake. We felt we were overdue for an upgrade.

The new and improved office has addressed these problems and despite the additional space, we believe that we have not increased our carbon footprint by updating and improving heat, water, and electrical efficiencies.

This winter was great for helping us stay on schedule with this large project. The contractors were able to get the foundation poured, frame the addition, install windows and siding, and pave the parking lot without any delays due to the weather. The addition expands the building size by about 35%. We kept with our natural cedar siding and added stone accents to the front that match the very popular Boathouse Pavilion built in 2017. There is additional parking and a new sidewalk improving access to the building. Inside you will find an enlarged reception area including space for the sale of Winding Trails apparel. This has been a long-time request of members and we just never had the space before to display these items. We also have a new ADA accessible conference room that will be utilized for board/committee meetings and special occasions. Other improvements include a new heating system, updated electrical and IT system, fresh paint, new carpet, and additional office/storage space.

Due to this renovation, our staff have been operating out of the Lodge. It has been a learning experience. We thought we were a tight family already. But through the open room proximity to each other, we have gained a greater appreciation for each other. Like the days when you may have shared a bedroom with a sibling, the tight quarters tend to show everything. You can see exactly how each person works and what each staff member does in order to complete their responsibilities and serve all our various constituents. As the months have passed, there is a greater level of respect for each other and understanding of what goes into making this whole place work. The project is on schedule to be completed in early April. The return to the main office will be welcomed with a renewed sense of excitement and dedication to Winding Trails and our mission. We all appreciate the investment the Board of Directors has put into this project and our ability to serve all of you even better.

Online registration available for all programs at www.windingtrails.org
There are 100’s, maybe even 1000’s of Trails Kids out there in the world, you know who you are! For the rest of us, let’s define what makes a Winding Trails Kid. The simple answer is any kid who has spent time on the beach, at camp, or running through the woods here at Winding Trails. A more nuanced definition could be as follows; kid grows up at Winding Trails, truly loves it, gets a job here (not easy), and then works here during high school, college, and sometimes beyond. Another definition could be the multigenerational members who just keep coming back generation after generation. The final definition is anyone who spent time here as a child and was positively influenced by that experience. Even better, a Trails Kid has; many fond memories, some lifelong friendships, a few values, a couple skills, and a distinct love that they bring into their adult lives.

Before we unveil our first Trails Kid, let’s remind ourselves why Winding Trails can grow Trails Kids in the first place. It is because of you and the community you build while you are here! Let’s say that again, you provide the community that fosters great kids. Winding Trails wishes it could take credit; yes, this is a beautiful piece of property, yes, we try to be safe, clean and run great programs, but the magic is in the community. For the most part, everyone leaves their troubles at the gate and goes out of their way to be kind, considerate and happy at Winding Trails. The children of Winding Trails are everyone’s children, and everyone looks out for them. It is how the world should work, but people seem to put more effort and trust into the Winding Trails community. It is a gift and we all need to keep up the good work!

Our very own Bailey Dailey is our first highlighted Trails Kid. Bailey walked onto Winding Trails beach in 1992 and has never left! Bailey’s sister, Spencer, has a full-time job and still pulls shifts as a lifeguard at the beach. Bailey’s parents, Dane and Lynn Ingvertsen are infamous Dunning Lake patrons. Dane spent over a decade feeding lifeguards lunch with countless hamburgers and hotdogs every weekend during the summer. Lynn is a tanner extraordinaire. She wins hands down in any category you choose; first to arrive, best early tan, most hours logged, most uniformed tan lines, last to leave, and the list goes on! Bailey was literally raised on our beach. She learned to swim here. She participated in all the drop-in programs. Bailey graduated to lifeguard gopher, running errands and picking up food at the grill. She also swam for our swim team and took pride in helping the boat kids wash boats or lock up. A true beach rat!

Bailey knew everything about the beach and could not wait to get her lifeguard certificate. An October birthday held her up, so she took a summer recreation assistant position here before arriving as a Dunning Lake Lifeguard in 2003. She served 4 years as a lifeguard and was a swim lesson instructor/coordinator before becoming the Waterfront Director for another 4 years. During this time, she became certified to teach lifeguarding, CPR, boating and a dozen other specialized modules as well as graduating from college. She fulfilled her life-long dream when she took the full-time position as Recreation Supervisor at Winding Trails and has served in that position for almost a decade.

While giving kudos to Bailey’s parents, who raised her right, Winding Trails provided a few tidbits that have enriched Bailey’s life. Here is just a few; the love and support of the Winding Trails community, lifelong and diverse friends, working with young people and teaching kids, appreciation of nature and the freedom to explore, and finally, the endless recreation possibilities. Bailey has a family of her own these days. A wonderful supportive husband with two great children being raised as next generation Trails Kids. Winding Trails does not guarantee that all the wonderful children here will go on to be happy, productive, model citizens, but it is a great start and there will be many a great memories!
Al Curry is a quiet unassuming gentleman who has spent time at Winding Trails for over 40 years. You can see him annually at the Children’s Fishing Derby where he always donates a new fishing pole as one of the derby prizes. You will also see him fishing or out trying to catch a glimpse of some wildlife out on the trail. He came into our office two years ago and wanted us to know that he would be leaving Winding Trails a gift in his bequest. We were extremely grateful and asked as to why he was doing this, he said “I am just a member and have a desire to preserve this pristine environment. I have had many great days at Winding Trails, and it must last forever!” We certainly concur with these sentiments.

Winding Trails is very fortunate to have numerous supporters like Al Curry who love this organization and share in our guiding principles of fostering a love for the outdoors, creating a sense of community, and developing leadership and life skills. These individuals give to our annual Trails Fund campaign and to our two endowment funds.

Winding Trails is a 501c3 nonprofit and does not receive any funding from the town, state, or federal government. We are solely supported by program fees and donations. This year marks the 15th anniversary of our Trails Fund. Over the past 14 years we have received over 4,000 donations and over $1 million dollars in gifts. We want to thank you and everyone who has supported us over these years.

With these funds Winding Trails has been able to do complete countless projects. Here are just a few:

• Sending over 1,000 children to our award-winning summer day camp
• Completing capital projects such as Save Walton Pond, Nature’s Porch, and the Boathouse Pavilion
• Continued work on the 10-year Dunning Lake Master Plan initiatives
• Holding free wildlife programs, creating the 5-acre meadow, and planting new trees

In a few weeks our Trails Fund solicitation will be mailed to you. We understand that you support many worthy organizations and hope you will consider making Winding Trails one of them. We invite you to make a gift of your choosing in support of Winding Trails. Then you, like Al Curry, can help assure Winding Trails lasts forever.

For more information, please visit our website at: windingtrails.org/get-involved

Online registration available for all programs at www.windingtrails.org
We need your help! As many of you know, Winding Trails keeps an inventory of animals, insects, invertebrates, reptiles, fungus, and birds seen on our 380 acres of property.

The Connecticut Ornithological Association has 445 listed bird species for the state posted at this link: www.ctbirding.org/birds-birding/checklist-of-the-birds-of-connecticut/

On that list, 7 species are extinct or extirpated from the state. There are quite a few that are listed as rarely seen because the state is not in their normal breeding, non-breeding, or migration zones. The reason they were seen is that most are pushed into the state by strong winds that have accompanied storms traveling across the country or up the eastern coast. There are roughly another 140 species of birds that would not travel to our property because we don’t have an ocean shoreline or the habitat they like.

This leaves us with 291 possible species that might stop by to visit us. Winding Trails started keeping a bird checklist in 2007. As of 2019, we have seen 125 species. Of the remaining numbers, 29 species are likely to visit us for the summer while the other 138 species are just passing through. To add more birds to our inventory, we are setting up our first Most Wanted List of Birds that have a good chance of being seen. By our calculation, 16,000 eyes are better than 6, so we need your help. Look at the five most wanted birds and pick one that you like. Study it for a little while so you can remember it. Even better, download a picture of it to your phone. While you are at Winding Trails this spring and summer, take some time to notice the birds and look for our little friends. If you see one from our list, e-mail Miss Judy at Judy@windingtrails.org with the bird species along with the date, time, and place seen on our property.

A full list of all the birds seen in Connecticut, the birds found on our property, and the birds that we are looking for are posted in the Walton Pond Dam Kiosk by Nature’s Porch.

Thank you for your help and have a great summer!
SAVE WALTON POND 10TH ANNIVERSARY

Happy Birthday, Walton Pond! “Where does the time go?” said a misty-eyed Miss Judy, our Park Naturalist, “My baby is all grown up!” It has been 10 years since we dredged Walton and gave it a new lease on life. Those who were around will remember the summer of 2010 fondly. For those who have since joined us, we will be highlighting this historic event throughout the summer.

Save Walton Pond was the largest capital project we have done at Winding Trails. Campers and volunteers moved over 17,500 animals out of the pond before the work began. We dug over 35,000 cubic yards of mud out of the 8-acre pond. We replaced two dams and built a forebay at Trout Pond to keep Walton Pond healthy for another 75 years. We also added a bridge to the island and boardwalks to allow public access. Walton Pond is beautiful, and we recommend you get out and take a walk.

We will start our celebration with a presentation and discussion at the adult luncheon in March. We will have a permanent display in Nature’s Porch and the outside kiosk on the Viewing Shed. We will also do some activities with Summer Camp toward the end of the season. There will be a table display at Last Blast and members can join us the following weekend for Miss Judy’s walks and activities celebrating “Save Walton Pond.”

Walton Pond Goes Digital!

What? I thought you pesky environmentalists keep harping on “Unplug and Get Outdoors!” The short answer is – we need and deserve both. Today you can learn so much about your environment using your phone. There are now sites like I-Naturalist, I-Tree, E-Bird and many more that enhance your outdoor experience. If you take a picture of a tree, toad or bird and send it through the right search engine, you will get a positive ID immediately and often with expanded information if you wish to know more. It is exactly what you need if Miss Judy is not standing next to you to verify your inquiry. Since we have not yet figured out how to clone Miss Judy, your phone is the next best thing. Your next question should be, “Mark and Judy are getting older, how did this happen?” Well, thank you for noticing, it was two young Eagle Scouts who started the ball rolling. Note, Mark is hopeless with his flip phone and attitude, but Judy has dug right in and scrolls and thumbs with the best of them. The following is a short tutorial on how to access Walton Pond digitally.

There are several ways to read a QR Code. One can download a free App to your phone or tablet that will scan the QR code image and send you to the URL link attached to the image. Try to download an App that verifies the URL link as safe and valid. Another way is to use the camera on your phone or tablet along with Google Screen Search. Directions to accomplish this are found online.

The Walton Pond Walk is the first QR Code walk created for the property using original ESRI StoryMaps software. The information shown in this Story Map was collected by Jack Amaral as part of his Eagle Scout Project in 2019. Working together with Winding Trails staff, we created an informative six-stop walk. Each of the six stops has a QR Code either attached to a post or a safety rail on the northern and southern Walton Pond boardwalks.

Since the Walton Pond Walk was created, ESRI StoryMaps software is in its next-generation so Winding Trails is using it to develop our second StoryMaps by revamping our existing Vernal Pool Walk. It will use QR Codes to access the vernal pool information collected by Stewart Buzdon for his Eagle Scout Project in 2016 and 2017. This new version will be available for this spring’s vernal pool season.

Check out the Walton Pond Dam Kiosk for information on these StoryMaps and future StoryMap Walks.

P.S. And don’t forget to unplug sometimes when you go outdoors!
**73rd ANNUAL CHILDREN’S FISHING DERBY**

Children ages 5 to 15 can test their fishing skills and are eligible to participate in this long-standing event for prizes. We will have prizes in two different age categories as well as prizes for heaviest fish not a trout, first fish caught, and of course a cash prize for catching the elusive “Golden Trout.” So come on down and enjoy the morning fishing at Dunning Lake! Participation is limited to members, their guests, and Farmington residents only. Registration will be handled at the event upon arrival.

Date: ................................. Saturday, April 4th
Time: ................................. 8:00am – 11:00am
Ages: ................................. 5 – 15 years old
Where: ................................. Dunning Lake
Fee: ................................. No Charge
     (Food and worms will be available for a nominal fee)

**MEMBERSHIP APPRECIATION DAYS**

This summer Winding Trails will offer two free guest days to show our members our appreciation for their support. You may bring guests into the park for free on these two days. You will still be limited to six guests on these days and all other guest policies will apply.

Dates: ................................. Monday, June 29th and Friday, August 14th

**OVERNIGHT CAMPING**

Did you know that members of Winding Trails can camp overnight at the designated camp areas on weekends from May–October? This is pack in/pack out camping, meaning you park in the lot and transport your gear to the site using our pull carts. There is a fire pit, picnic table, grill and a Sani-Can all on site. We also keep the camp bathhouse, with hot showers, open for your convenience. The camping areas are intended for tents only. Your vehicle must stay in the parking lot. Due to popular demand and limited sites, families may only book two nights a season. Please observe quiet time from 9:00pm–9:00am. Please contact Bailey Dailey at Bailey@windingtrails.org for reservations.

Members Fee: ................................. $15.00 per family
Guests of Members Fee: ................................. $25.00 per family
DISC GOLF AT WINDING TRAILS
Check out our disc golf course located on our trails surrounding Nature's Porch! There are nine holes in total and the course runs counterclockwise down Canal Trail to Skater's Loop, back to Roosen's Run ending on Pond Trail. The first hole tee begins just over the bridge at Walton Pond near the Archery range. You are free to play any time that the summer day camp is not in session. Bring your own discs or you can sign out a set when Nature’s Porch is open. We would like to extend our gratitude to Max Mock for his efforts in bringing this activity to Winding Trails.

CALLING ALL PICKLEBALL ENTHUSIASTS
Several years ago, Winding Trails was approached about converting one of our tennis courts into a Pickleball Court. We gladly did that and interest in this relatively new sport has blossomed. We now have three permanent courts and two temporary nets. We have had interest from some members about meeting other pickleball enthusiasts. If you have an interest in sharing your interest in this sport with others, please email kim@windingtrails.org with your skill level, preferred time to play, and phone number. We will then share that information only within the group and you can make new friends, get some exercise, and enjoy this sport.

FAMILY BREAKFAST AND EGG HUNT FEATURING PETER RABBIT
Join Peter Rabbit for a scrumptious breakfast of pancakes, bacon, sausage, cereal, juice and other assorted breakfast goodies. After you have enjoyed your wonderful breakfast, your entire family will be delighted as they scramble for all the holiday goodies scattered about in the egg hunt! We have plenty of treasures and treats for all. In addition to the candy and toys, every family will receive one golden egg with a special prize inside! Don’t forget your goodie bag/basket to hold all your findings. Space is limited, register early! This program fills up fast. Members Only.

Date: .......................................................... Saturday, April 11th

Session I
Breakfast ................................................. 8:00am
Egg Hunt ................................................... 8:45am

Session II
Breakfast ................................................. 9:00am
Egg Hunt ................................................... 9:45am

Session III
Breakfast ................................................. 10:00am
Egg Hunt .................................................. 10:45am

Session IV
Breakfast ................................................. 11:00am
Egg Hunt .................................................. 11:45am

Ages: ...................................................... 10 and under
Where: ..................................................... Garmany Hall
Member Fee: ........................................... $30.00 per family
Minimum: 30 per session ............... Maximum: 80 per Session

26th ANNUAL WINDING TRAILS FAT TIRE CLASSIC PRESENTED BY TREK BICYCLE NEWINGTON
Winding Trails, Inc. is proud to be a part of the 2020 Clif Bar Dirt Cup series of Connecticut. This series consists of four USA Cycling sanctioned events held at different venues around the state. The 5-mile loop for the Fat Tire Classic is designed on Winding Trails’ 12.5 mile trail system and includes wide-open trails, hills, and turns combined with sections of technical single track. CAT 3, Cat 2, Cat 1, and Pro classes will run with a variety of age groups. Distances will vary according to each class. There will also be a special First Timers’ Race on a separate 2-mile course, two laps, and a free short kids’ race. Proceeds from the event go to the Winding Trails Endowment Fund at the Hartford Foundation. Call 860-677-8458 or visit our website www.windingtrails.org for race flyer and information. We will be using BikeReg for registrations for this race at www.bikereg.com. All levels of riders are encouraged to pre-register.

Date ...................................................... Saturday, April 25th
Time ........................................................... Start times vary depending on race class
Fees:
Children under 10 (participating in the kids race): ......... Free
Junior Racers (9-18): Cat 2 & Cat 3 ........................ $15.00
First Time Racers (incl. $10 USAC license): ............. $20.00
Non-USA Cycling members: Cat 3 ......................... $30.00
Non-USA Cycling members: Cat 2 only ................ $40.00
Non-USA Cycling members: Cat 1 ........................ $30.00
Non-USA Cycling members: Cat 2 ........................ $30.00
USA Cycling members: Pro, Cat 1, Cat 2 ............... $15.00
USA Cycling members: Cat 2 .............................. $20.00
USA Cycling members: Cat 3 .............................. $20.00
Non-USA Cycling members: Cat 2 only ................ $40.00
Non-USA Cycling members: Cat 1 ........................ $30.00
Non-USA Cycling members: Cat 3 ........................ $30.00

There is an additional $10.00 fee for Day-of-Race Registration.
*You must be a USA CYCLING member to race in Cat 1 and Pro races.

TREK BICYCLE DEMO DAY
Try a Trek! Join Trek Bicycle Newington for a Bike Demo Day! Trek will be on site at Winding Trails with a fleet of demo bikes including Mountain Bikes & Road Bikes. The demo is a free event, open to all. Waivers + helmets will be required. Email newington@trekbikes.com for more details. No Registration Required.

Date: ...................................................... Sunday, April 26th
Times: ...................................................... 10:00am – 1:00pm
Where: ..................................................... Tri-Transition area (Demo & Clinic)
Fee: ......................................................... Free
WINDING TRAILS NIGHT AT THE HARTFORD YARD GOATS

Come join Winding Trails while we enjoy watching America’s favorite pastime at Dunkin’ Donuts Park in Hartford. We have a limited number of seats available for purchase. The seats are part of The Hartford Terrace and also has access to the Yard Goats Club which is located upstairs behind home plate and is climate controlled with couches, TVs, and a full bar. With the purchase of the ticket, you will receive $2 of loaded value on each ticket. This loaded value will be scanned off your ticket and gives everyone $2 to use towards concessions or the team store. Get your tickets now as they will not last! Call (860) 677-8458 ext. 10 to purchase, or stop by our main office.

Date: .............................. Saturday, May 9th
Time: .............................. 6:10pm
Member Fee: .............................. $16.00 per ticket

HELP US CELEBRATE 50 YEARS OF EARTH DAY — WINDING TRAILS CLEAN-UP PARTY!

In 1970, the first Earth Day was celebrated by 10% of the United States population. 50 years later, over 10% of the entire global population is expected to celebrate. That is over a billion people! The first Earth Day led to the creation of the Environmental Protection Agency and produced the Clean Water and Clean Air Acts which has improved our water and air significantly. The theme of the 50th anniversary of Earth Day is climate action. Regardless of your politics, we can agree that we can all do a little better to keep our planet healthy for all life’s inhabitants. Join us at Winding Trails for a light lunch celebration followed by a 2-hour clean-up around the park. We will then provide you with a baby tree to plant in your yard. A perfect match, your tree needs your exhaled carbon dioxide to thrive and you need the trees oxygen to survive. See you at the Trails! Registration is required by Wednesday, April 22nd.

Date: .............................. Sunday, April 26th
Times
Lunch: .............................. 12:00pm - 12:45pm
Work: .............................. 1:00pm - 3:00pm
Where: .............................. Nature’s Porch
Ages: .............................. 8 and older
Fee: .............................. Free
Minimum: 20 .............................. Maximum: 60

PICK UP PICKLEBALL!

Calling all Pickleball enthusiasts! If you are one of the individuals who has caught the pickleball craze you want to sign up for this new program. Come out and meet new friends, get some exercise, and enjoy the outdoors. Registration is required by three days prior to the start of each session.

Session I
Date: .............................. Tuesdays, April 7th – 28th
Time: .............................. 10:00am – noon

Session II
Date: .............................. Thursdays, April 9th – 30th
Time: .............................. 10:00am – noon

Session III
Date: .............................. Wednesdays, May 6th – 27th
Time: .............................. 10:00am – noon

Session IV
Date: .............................. Fridays, May 8th – 29th
Time: .............................. 10:00am – noon
Where: .............................. Pickleball Courts
Fee: .............................. $40.00
Member Fee: .............................. Free
Minimum: 4 .............................. Maximum: 12

BIRDWATCHING: SEASONAL EVENTS

Join Blair Wlochowski, Winding Trails’ bird volunteer, as we explore the Winding Trails’ property to discover what birds are found here during the changing seasons. Learn tips on how to enhance your birding skills and work on your Bird Life List. The walks will travel through many habitat areas, so a good variety of birds are expected to be seen. Always dress for the weather and wear a good pair of walking shoes. We are offering an Owl Prowl along with Morning and Evening bird walks for adults and older children that enjoy birdwatching. Registration is required by three days prior to the start of the program.

Session I: Owl Prowl
Date: .............................. Saturday, April 4th
Walk Time: .............................. 6:00am – 9:00pm

Session II: Evening Walk - Late Spring Migration
Date: .............................. Saturday, May 16th
Walk Time: .............................. 6:00am – 8:00pm

Session III: Morning Walk - Late Spring Migration
Date: .............................. Sunday, May 17th
Walk Time: .............................. 7:00am – 9:00am

Session IV: Evening Walk - Summer Breeding
Date: .............................. Saturday, July 25th
Walk Time: .............................. 6:00pm – 8:00pm

Session V: Morning Walk - Summer Breeding
Date: .............................. Sunday, July 26th
Walk Time: .............................. 7:00am – 9:00am
Ages: .............................. Adults and Older Children
Where: .............................. Boathouse Pavilion
Fee: .............................. $6.00
Member Fee: .............................. Free
Minimum: 4 .............................. Maximum: 16
**TOUCH-A-TRUCK**

This popular family event attracts over 500 people each year. Through the generosity of many local businesses, children have the opportunity to see a variety of “special” vehicles up close. Each year we have vehicles from the local fire, police, and EMS. There is also construction equipment, military vehicles, and more. Food is available for a nominal fee. You and your little one won’t want to miss this day. **No registration required.**

**Session I: Save Walton Pond 10th Anniversary**

Date: ................................. Saturday, August 22nd
Walk Time: ............................. 1:30pm – 3:00pm

**Session II: Hoot to the Owls**

Date: ................................. Saturday, July 25th
Walk Time: ............................. 1:30pm – 3:00pm

**Session III: Owls and Their Prey**

Date: ................................. Saturday, June 6th
Walk Time: ............................. 1:30pm – 3:00pm

**Session IV: What’s Out in Early Spring?**

Date: ................................. Saturday, April 4th
Walk Time: ............................. 1:30pm – 3:00pm

**FAMILY PROGRAMS AND SPECIAL EVENTS**

**EXPLORE THE NIGHT WALKS**

Get outside on Saturday Nights with Miss Judy, for an educational walk with hands-on activities with your family and friends. After the walk, return to make a fire, roast a few marshmallows, and enjoy the conversation. On those nights that it becomes fully dark, we walk to the recreation fields to view the night sky for seasonal constellations and special celestial events. Come prepared for the weather and to get your clothes a bit dirty. A pair of good hiking shoes and a pair of water boots or shoes are recommended. **Registration is required three days before the date of the event.**

**Session I: Save Walton Pond 10th Anniversary**

Date: ................................. Saturday, August 22nd
Walk Time: ............................. 6:00pm – 9:00pm
Where: ................................. Nature’s Porch
Ages: ................................. All Ages
Fee: ................................. $25.00 per Family
Member Discount Fee: ............................. $15.00 per Family
Minimum: 3 Families. ........................ Maximum: 10 Families

**Session II: Hoot to the Owls**

Date: ................................. Saturday, July 25th
Walk Time: ............................. 9:30am – 11:00am

**Session III: Owls and Their Prey**

Date: ................................. Saturday, June 6th
Walk Time: ............................. 9:30am – 11:00am

**Session IV: What’s Out in Early Spring?**

Date: ................................. Saturday, April 4th
Walk Time: ............................. 9:30am – 11:00am

**NATURE WALKS IN AFTERNOON**

Join Miss Judy, Winding Trails’ naturalist, for an afternoon family nature walk. This walk is geared toward families with children that enjoy exploring all around the property. Each month, the walk will take your family to a different location for discovering a new topic. Based on the topic, we’ll look for animals and catch a few, check out a hidden spot of the forest, observe how things grow, and much more. So, we can explore rain or shine, wear good walking shoes and outdoor clothes that are appropriate for the weather and can get wet or dirty. **Registration is required by three days prior to the start of the program.**

**Session I: What’s Out in Early Spring?**

Date: ................................. Saturday, April 4th
Walk Time: ............................. 1:30pm – 3:00pm

**Session II: Looking for Wildflowers**

Date: ................................. Saturday, June 6th
Walk Time: ............................. 1:30pm – 3:00pm

**Session III: Owls and Their Prey**

Date: ................................. Saturday, July 25th
Walk Time: ............................. 1:30pm – 3:00pm

**Session IV: Save Walton Pond 10th Anniversary**

Date: ................................. Saturday, August 22nd
Walk Time: ............................. 1:30pm – 3:00pm

**NATURE WALKS WITH YOUNG CHILDREN**

Join Miss Judy, Winding Trails’ naturalist, for a morning nature walk geared toward families with young children, six years and younger. Each month, the walk will take your family to a different location, so a new topic can be explored through all your child’s senses. Be prepared to watch for animals, touch a few of them, smell some cool things, and listen for fun sounds. So, we can explore rain or shine, wear good walking shoes and outdoor clothes that are appropriate for the weather and can get wet or dirty. **Registration is required by three days prior to the start of the program.**

**Session I: What’s Out in Early Spring?**

Date: ................................. Saturday, April 4th
Walk Time: ............................. 1:30pm – 3:00pm

**Session II: Looking for Wildflowers**

Date: ................................. Saturday, June 6th
Walk Time: ............................. 1:30pm – 3:00pm

**Session III: Owls and Their Prey**

Date: ................................. Saturday, July 25th
Walk Time: ............................. 1:30pm – 3:00pm

**Session IV: Save Walton Pond 10th Anniversary**

Date: ................................. Saturday, August 22nd
Walk Time: ............................. 1:30pm – 3:00pm

**WINDING TRAILS CAMPUS TOUR**

Are you a new member and not quite sure where everything is? Then this extensive tour of the park is just for you. Learn about the history of Winding Trails, where all the facilities are, and where the “special” spots can be found. Dress appropriately for weather and walking. **Registration is required by Thursday, May 14th.**

**Session I: Save Walton Pond 10th Anniversary**

Date: ................................. Saturday, August 22nd
Walk Time: ............................. 6:00pm – 9:00pm
Where: ................................. Nature’s Porch
Ages: ................................. Family w/young children
Fee: ................................. $15.00 per family
Member Fee: ............................. Free
Minimum: 2 Families. ........................ Maximum: 7 Families

**Session II: Hoot to the Owls**

Date: ................................. Saturday, July 25th
Walk Time: ............................. 9:30am – 11:00am

**Session III: Owls and Their Prey**

Date: ................................. Saturday, June 6th
Walk Time: ............................. 9:30am – 11:00am

**Session IV: What’s Out in Early Spring?**

Date: ................................. Saturday, April 4th
Walk Time: ............................. 9:30am – 11:00am
7th Annual Winding Trails
Drive “fore” Camp
Play some golf, have some fun, and help us send kids to camp through our Campership Fund!

18 holes * Shotgun Start * Best Ball

Friday, May 8, 2020
11:30pm Registration
12:30pm Start
Tunxis Plantation Country Club, Farmington, CT

Mulligans, Raffles, Games, Contests, Auctions & More!

$500 per 4-some
Includes 18 holes, cart, lunch and dinner (served at Winding Trails immediately following the tournament). Dinner only (no golf): $25

All proceeds will go to the Winding Trails Campership Fund. All kids deserve a great camp experience- help send kids to camp!

Please visit www.windingtrails.org for registration and more information.

Interested in becoming a sponsor? Sponsorship levels range from $150.00 to $1,500.00. Please contact Keith Garbart at (860)677-8458 ext. 14 or keith@windingtrails.org
CLIMBING TOWER DAYS
This 2.5-hour program allows you to get onto the climbing tower and enjoy the vertical realm. The climbing tower is 40’ high consisting of 4 sides; a 15’ beginner wall with incline, a 40’ intermediate vertical wall, a 40’ advanced wall with incline and over hangs and a 60’ x 35’ cargo net for the quickest way to the top. Then it is off the tower via a 300’ long zip line. **Registration is required by three days prior to the session date.**

### Dates:
- **Session I:** Tuesday, May 5th 4:00pm – 6:30pm
- **Session II:** Saturday, June 6th 10:00am – 12:30pm
- **Session III:** Thursday, July 9th 4:00pm – 6:30pm
- **Session IV:** Saturday, August 8th 10:00am – 12:30pm

### Ages:
- 4 and up

### Where:
- Meet at the Climbing Tower

### Fee:
- $30.00

**Online registration available for all programs at www.windingtrails.org**

C.A.R.E. INTRODUCTION TO TROUT FISHING
Trout is one of the most sought-after fish by Connecticut anglers. Each year at our State Trout Hatcheries, the CT Fisheries Division grows and stocks approximately 500,000 trout in lakes, ponds, rivers, and streams. Some right near your home!

The CT Fisheries Division will be offering a FREE Introduction to Trout Fishing class to help make your spring fishing season a success! Certified Fishing Instructors with decades of trout catching experience will share their secrets. We will cover all the basics of trout fishing: species identification, where to catch them, how to catch them, proper equipment, baits and lures, and much more! After the indoor class, you can try out your newly learned skills at Walton Pond. Join us to catch that first fish and start a lifetime of fishing with family and friends. **Please register by Wednesday, May 13th.**

### Dates:
- **Session I:** Tuesday, May 5th 4:00pm – 6:30pm
- **Session II:** Saturday, June 6th 10:00am – 12:30pm
- **Session III:** Thursday, July 9th 4:00pm – 6:30pm
- **Session IV:** Saturday, August 8th 10:00am – 12:30pm

### Ages:
- 4 and up

### Where:
- Nature’s Porch

### Minimum: 15  Maximum: 45

C.A.R.E. INTRODUCTION TO BASS FISHING
Some of Connecticut’s top-rated bass waters are a short drive from anywhere in the state. Whether you’re looking to fish largemouth, smallmouth, or both, bass offers a challenge for those that have been fishing and want to expand their skills. The CT DEEP Fisheries Division in cooperation with the CT BASS Nation is offering a FREE Introduction to Bass Fishing class to help make your fishing season a success! Certified Fishing Instructors with decades of bass fishing experience will share their secrets. We will cover all the basics of bass fishing: species identification, where to catch them, how to catch them in every season, proper equipment, baits and lures, and much more! After the indoor class, you can try out your newly learned skills at Walton Pond and Dunning Lake. If you have been interested in bass but didn’t know where to start, this class is for you.

Participants should have some basic fishing knowledge and experience. Participants are asked to bring their favorite rod and reel. The minimum age is 9 years old. **Please register by Thursday, May 14th.**

### Dates:
- **Session I:** Tuesday, May 5th 4:00pm – 6:30pm
- **Session II:** Saturday, June 6th 10:00am – 12:30pm
- **Session III:** Thursday, July 9th 4:00pm – 6:30pm
- **Session IV:** Saturday, August 8th 10:00am – 12:30pm

### Ages:
- 9 years old through adults

### Where:
- Nature’s Porch & Walton Pond

### Minimum: 15  Maximum: 45

**Online registration available for all programs at www.windingtrails.org**
C.A.R.E. CATCH IT AND COOK IT

Fishing is a physically and emotionally healthy activity – but can also provide healthy food for your brain and body! Fish are high in protein and Omega 3 fatty acids and low in cholesterol and fat. Every day more and more people are choosing to eat more sustainably – whether that be gardening, shopping at local farmer’s markets, or fishing and hunting to provide your own protein. The DEEP Fisheries Division – Connecticut Aquatic Resources Education (CARE) program is offering this course to adults (ages 16 and up) who have some previous fishing experience but would like to learn more about keeping fish you catch for food! We will cover what local fish in CT are best options for eating, regulations for keeping fish, provide tips on targeting these fish, how to clean your catch, review some popular cooking methods and recipes, and even cook up some fish fillets!

If you would like to participate in this class but have no fishing experience, consider first attending an “Introduction to Fishing” class offered by CARE. Please register by Wednesday, June 17th.

Date: ........................................... Saturday, June 20th
Time: ................................................
Class: ........................................... 9:00am – 10:30am
Fishing ........................................... 10:30am – 11:30am
Preparing & Cooking of Our Catch ..............11:30am – 1:00pm
Where: ............................................ Nature’s Porch
Ages: .............................................16 years old through adults
Fee: .............................................. Free
Minimum: 10 .................................. Maximum: 20

ACOUSTIC NIGHTS AT WINDING TRAILS

Come and enjoy some great music at Winding Trails in the tranquil serenity of the forest. This series will highlight some of the great local musical talent we have in the area. Each evening will showcase three performers. Food and refreshments will be available for sale or feel free to bring your own. These programs will be held rain or shine. Registration is not required.

DATES: .......................................................... PERFORMERS
Friday, June 12th  . . . . . . . . . . . Blackberry Jam and Wandering Boots
Friday, July 10th  . . . . . . . . . . . Blackberry Jam, TBD, and Beta Box
Friday, August 7th  . . . . . . . . . . . Blackberry Jam, Sweetest Key, and Seth Adam
Friday, September 11th  . . . . . . Blackberry Jam, Bill Benson, and Lauren Michaud

Time: ....................................................... 7:00pm
Place: .................................................... Boathouse Pavilion
Ages: ..................................................... All Ages
Fees: ........................................................
Nonmembers Adults .................................. $7.00
Nonmember Children ages 3 to 15 .................. $5.00
Member Discount Fee: ............................... Free

CURIOUS CREATURES
PRESENTED THROUGH THE TRAILS FUND

Curious Creatures established 33 years ago, is joining us again this summer. Their mission is to teach tolerance and respect for all animals that walk, crawl, or slither on the Earth and their habitats in an entertaining, yet educational and interactive way. Touching is encouraged whenever possible. Another goal is to inform those that attend about the need for researching exotic animals in order to make good decisions on the selection of family pets. The animals, which are primarily adopted, abandoned, or rescued exotic pets, are all captive-bred, non-aggressive species that are used during the interaction at the show making for a unique, safe, and fun experience for all children, even the adult kind. The mixture of different reptiles, mammals, and insects provides something of interest for all. Registration is required by three days prior to the event.

Date: ................................................. Thursday, August 6th
Time: .....................................................6:00pm – 7:00pm
Where: ........................................ Amphi theater
Ages: .................................................. All Ages

REPTILES & AMPHIBIANS
PRESENTED THROUGH THE TRAILS FUND

We are pleased to have Riverside Reptiles returning to help us explore the wonderful world of reptiles and amphibians! Meet various examples of these two similar, yet different groups of animals. Learn about their natural history and the importance of their conservation. You will also have a chance to pet a gator, stare into the eyes of a huge toad, and touch a giant python. Registration is required by three days prior to the event.

Date: ........................................... Thursday, June 25th
Time: ................................................
Where: ........................................... Amphitheater
Ages: .............................................. All Ages
Fee: .................................................. Free

FAMILY PROGRAMS AND SPECIAL EVENTS
2019 WINDING TRAILS TRI SERIES WINNERS

2019 was the 19th season for the Winding Trails Triathlon Series. Jimena Dolzadelli returned for her fourth year as Race Director using her experience to make the series a great season for everyone! You can expect the same great race for everyone, a friendly supportive environment and yet a challenge for all.

Congratulations to the top finishers from the 2019 TRI SERIES season and all the other hundreds of participants. Hope to see everyone out there this summer for the 20th season!

Little Olympian Award
Charlotte Diviney & Mateo Dolzadelli

Most Improved Award
Andrew Purviance

TOP 3 OVERALL:

MEN
1- Mick Hains
2- Nick Marti
3- Joe Emmendorfer

WOMEN
1- Debbie Livingston
2- Lizz Weiler
3- Miwako Ohto-Agresta

AGE GROUP WINNERS:

MEN 13-15
1- Michael Bohke
2- Jeremy Baun
3- Drew Diviney

WOMEN 13-15
1- Ella Szczepanski
2- Julia Baun

MEN 16-19
1- Evan Bender
2- David Stevenson
3- Ben Funk

WOMEN 16-19
1- Ella Szczepanski
2- Julia Baun

MEN 20-29
1- Dan Hopkins
2- Josh Wroblewski
3- Harrison Daniks

WOMEN 20-29
1- Bailey Potter
2- Talia Staiger

MEN 30-39
1- Chris McElroy
2- Jon Dumonski
3- Brett Mickelson

WOMEN 30-39
1- Stacey Kennedy
2- Holly Mamuya
3- Erin Dumonski

MEN 40-49
1- Rob Low
2- Ken Schultz
3- Kevin Purviance

WOMEN 40-49
1- Patricia Attianese
2- Bridget Bouchard
3- Sandrine Baun

MEN 50-59
1- Joe Arellano
2- Michael Perkowski
3- Dan Isaakson

WOMEN 50-59
1- Laura Stanley
2- Melissa Burke
3- Mary Liz Williams

MEN 60-69
1- Keith Piker
2- Stephen Adams
3- Dave Gordon

WOMEN 60-69
1- Cindy Scannell
2- Debbie Livingston
3- Lizz Weiler

WINDING TRAILS TRI SERIES MARKS 20TH SEASON

It is hard to believe that our Tri Series will be celebrating its 20th season this year. The origins of this program are tied to Sharon McHale who approached Winding Trails way back in 2000 with the idea of starting an “off road” triathlon. Sharon created a safe, fun atmosphere that was inviting to all levels of athletes. Over the years this program has introduced this sport to over one thousand people from all age groups and backgrounds. Today, Jimena Dolzadelli directs our series and interest has continued to grow. We look forward to seeing all our returning triathletes and encourage any and all to give this sport a chance. You are in the beautiful outdoors, with tons of encouragement, and improving your overall health and wellbeing. Join us as we celebrate 20 years of this program. What year will this be for you, 20th or 1st? See you on the trails...

TRI SERIES FREE DEMO DAY

Come and practice the Triathlon race courses. We will have swim, transition, run clinics, and a BLUE course mountain bike ride. Visit our awesome sponsors and learn about what they have to offer. Demo bikes will be available as well as certified bike mechanics to check your ride. Get your body ready for the season! This event is FREE!

Date: .................................................. Tuesday, June 2nd
Time: .................................................. 5:00pm – 7:30pm
Schedule of Events:
5:15…Open Water Clinic & Group Swim, meet at Dunning Lake
6:00…Group Bike Ride, meet at Trek Bicycle Newington tent
6:45…Group Run, meet at Fleet Feet & Hoka One One tent
Ongoing:
- Bike check and Demo by Trek Bicycle Newington
- Early Bird pricing on Season passes, and more!
Where: ..................................Transition Area (located by Walton Pond)
Fee: ............................................................. Free

SPRINT TRI-TRAINING SERIES

The weekly triathlon series runs on Tuesday evenings at Winding Trails. This year’s SPRINT distance series will again consist of a 1/4-mile swim in Dunning Lake, a 5-mile mountain bike ride (you must use a mountain bike ~ no hybrids), and a 3 mile trail-run through our beautiful woods. All ability levels are encouraged to come out and train in this friendly and fun environment.

SPONSORED BY

SUUNTO
Hartford HealthCare

FAMILY PROGRAMS AND SPECIAL EVENTS

SPRING/SUMMER NEWSLETTER

SPRINT TRI-TRAINING SERIES

Date: .................. Tuesdays, June 9th – August 11th*

*August 11th end-of-the-series party (free for those participating in 5 or more races)

Time: .................. 6:15pm – 8:00pm (Registration opens at 5:00pm)

Where: .................. Tri Transition area

Ages: .................. 10 and over
### Triathlon Race Fees

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### Tiny Tri-Training Series

Our truly beginner Tri, consists of 1/8th mile swim, 3-mile ride (hybrids OK but mountain bike recommended) and a 1+ mile run. It is a great confidence booster for young and old alike. You can do this one and work up to the sprint distance.

**Date:** ................. Tuesdays, June 9th – August 11th*

*August 11th end-of-the-series party (free for those participating in 5 or more races)

**Time:** ................. 6:00pm – 8:00pm (Registration opens at 5:00pm)

**Where:** .................... Tri Transition area

**Ages:** .......................... 10 and over

### Kids Tri’s

5- to 7-year-olds: 25-yard swim, 1/2 mile bike and 1/2 mile run. 8- to 10-year-olds: 50-yard swim, 1-mile bike, 1/2 mile run. Swim is along the shore, where everyone can reach the bottom. Events are spectator friendly, only $5.00 a carload. Come cheer on your family and friends!

Do all three races and earn a free t-shirt!

**Date:** ................. Tuesdays, July 7th, July 21st, August 4th

**Time:** ................. 4:00 pm – 4:30 pm (Registration opens at 3:00 pm)

**Where:** .................... Dunning Lake Peninsula area

**Fee:** ..................... $10.00 race fee ($20.00 family maximum)

**Member Fee:** ............. $5.00 race fee ( $10.00 family maximum)

### Trail Running Series

Do you love our weekly Tri Series? Why not continue Tuesday evenings with our popular trail running series which is returning for a third year! For 5 weeks on Tuesday nights, there will be a short course, 5K and a long course race, 10K. Awards will be given out at the series finale. The top three overall in each age group, male and female, on each course will be recognized. Online registration is for series passes only, all series passes will receive a Race Shirt! Day of and one day registration will be available onsite each week.

**Date:** ................. Tuesdays, August 18th – September 15th

**Time:** ................. 6:00pm – 8:00pm

**Where:** .................... Tri Transition area

**Ages:** .......................... 10 and over

**Series Pass Fee:** ............. $80.00

**Series Pass Member Discount Fee:** ............. $40.00

**Day of Fee:** ................. $20.00

**Day of Member Discount Fee:** ............. $10.00

### Special Thanks to all our Trail Running Sponsors

- Hammer Sports
- Hammer Endurance Fuel & Supplements
- Kansa Sports
- Wahoo

### Kids Mountain Bike Clinic

Calling all kids ready to have some FUN on the bike! Come and ride the trails and learn a few tips about technique, balance and eye focus. We will work on body position uphill & downhill, shifting, breaking and turning. Mountain bikes only, helmet mandatory. Registration is required by three days prior to event.

**Date:** ..................... Saturday, May 16th

**Rain Date:** ................... Saturday, May 30th

**Time:** ..................... 2:00pm – 4:00pm

**Where:** .................... Tri Transition area

**Ages:** .......................... 8 to 12

**Fee:** ..................... $15.00

**Member Discount Fee:** ............. $10.00

**Minimum 4. ........................ Maximum 10**

Online registration available for all programs at www.windingtrails.org
APRIL PROGRAMS

Walk, Talk, and Gawk Adult Nature Walk · Thursday, April 2nd
Children’s Fishing Derby · Saturday, April 4th
Nature Walk in Afternoon – What’s Out in Early Spring · Saturday, April 4th
Birdwatching: Owl Prowl · Saturday, April 4th
CARE Introduction to Trout Fishing · Monday, April 6th
Drop In Pickleball, Session I · Tuesdays, April 7th – April 28th
Walk, Talk, and Gawk Adult Nature Walk · Thursday, April 9th
Opening Day for Fishing · Saturday, April 11th
Family Breakfast and Egg Hunt with Peter Rabbit · Saturday, April 11th
Walk, Talk, and Gawk Adult Nature Walk · Thursday, April 16th
Little Feet Soccer, Session I · Mondays, April 20th – May 18th
Soccer for 3-year-olds, Session I · Mondays, April 20th – May 18th
Little Feet Soccer, Session II · Tuesdays, April 21st – May 19th
Soccer for 3-year-olds, Session II · Tuesdays, April 21st – May 19th
After School Adventures, Session I · Tuesdays, April 21st – May 19th
Little Adventures, Session I · Tuesdays, April 21st – May 19th
Little Adventurers, Session II · Wednesdays, April 22nd – May 20th
After School Adventures, Session II · Wednesdays, April 22nd – May 20th
Walk, Talk, and Gawk Adult Nature Walk · Thursday, April 23rd
Arts & Crafts for Preschoolers · Thursdays, April 23rd – May 21st
Fat Tire Classic Mountain Bike Race · Saturday, April 25th
Trek Bicycle Demo Day · Sunday, April 26th
Earth Day 2020 · Sunday, April 26th
Walk, Talk, and Gawk Adult Nature Walk · Thursday, April 30th

MAY PROGRAMS

Mom’s Night Out · Friday, May 1st
Natural Lawn Care · Saturday, May 2nd
Touch-A-Truck · Sunday, May 3rd
Drop In Pickleball, Session III · Wednesdays, May 6th – May 27th
Climbing Tower Days, Session I · Tuesday May 5th
Drop In Pickleball, Session IV · Fridays, May 8th – May 29th
Drive “fore” Camp Golf Tournament · Friday May 8th
Winding Trails Night at the Hartford Yard Goats · Saturday May 9th
Adult Luncheon - Unionville Dam History · Thursday, May 14th
Kid’s Night Out · Friday, May 15th
Kid’s Mountain Bike Clinic · Saturday, May 16th

JULY PROGRAMS

Winding Trails Wacky Relays · Wednesday, July 1st
Sailing Lessons, Session I · July 6th – July 17th
Session Two: Swim Lessons & Day Camp · July 6th – July 17th
Introduction to Boats, Session I · Monday – Friday, July 6th – 10th
Little Feet Sports Camp, Session I · July 6th - July 10th
Little Feet Soccer, Session II · Fridays, July 10th
Youth Adventures Camp, Session I · Thursday, July 16th
Little Adventurers, Session II · Tues & Thurs, July 7th – 16th

AUGUST PROGRAMS

Introduction to Boats, Session IV · Mon-Fri, August 3rd- August 7th
Sailing Lessons, Session IV · August 3rd – August 14th
For program information and registration, please visit www.windingtrails.org
**SPLESH & DASH**
Winding Trails and Kids Who Tri Succeed present the Splash & Dash. This event combines swimming and running and allows kids who don’t yet have biking skills to taste the fun of the multi-sport world. The swim will be in Dunning Lake, followed by a trail run.

The distances will be as follows:
- Ages 4-6: 25 yards swim, ½ mile trail run
- Ages 7-8: 50 yards swim, 1-mile trail run
- Ages 9-11: 75 yards swim, 1.5-mile trail run
- Ages 12-14: 200 yards swim, 2-mile trail run

This is an exciting opportunity to get together with friends by taking part in a fun race with them. Kids may want to graduate to the full triathlon in August, held in Mansfield. (All finishers are entitled to reduced registration before July 4th.) Swim caps, T-shirts, finisher medals, and refreshments & Dash. This event combines swimming and running and allows kids who don’t yet have biking skills to taste the fun of the multi-sport world. The swim will be in Dunning Lake, followed by a trail run.

The distances will be as follows:
- Ages 4-6: 25 yards swim, ½ mile trail run
- Ages 7-8: 50 yards swim, 1-mile trail run
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- Ages 12-14: 200 yards swim, 2-mile trail run

This is an exciting opportunity to get together with friends by taking part in a fun race with them. Kids may want to graduate to the full triathlon in August, held in Mansfield. (All finishers are entitled to reduced registration before July 4th.) Swim caps, T-shirts, finisher medals, and refreshments for all participants. Pre-Registration and Day of Registration are both available for this event.

**Registration**
- Pre-registration Member Fee: $20.00 (Ends June 18th)
- Pre-registration Fees: $25.00 (Ends June 18th)
- Day of Fees: $30.00
- Day of Member Fee: $25.00
- Minimum: 40
- Maximum: 200

**FAMILY MOVIE NIGHT AT THE BOATHOUSE PAVILION: FROZEN II**

Come visit our new Boathouse Pavilion for a drop-in movie during the summer. This is a great way to wind down your day at Winding Trails with a family movie in our newest pavilion with a view. This is a drop-in event and no registration is required so come on down and join us watching a movie on the BIG screen.

**Movie:** Frozen II
**Date:** Friday, July 31st
**Time:** 8:00pm
**Where:** Boathouse Pavilion
**Ages:** All
**Member Fee:** Free

**PLAY AND STAY OVERNIGHT**
Who’s ready to go camping? You bring the tent, sleeping bags and toiletries and we will do the rest! This program provides you and your family the opportunity to spend some quality time together and make memories your kids will cherish forever while enjoying dozens of activities and camping out at Winding Trails. Activities available will include soccer, basketball, baseball, boating, archery, and a special night hike ending with a campfire and s’mores. A BBQ on Friday night (6:00pm – 7:30pm) and a continental breakfast on Saturday morning (7:30am – 8:30am) are also included. Please note: the availability of archery and boating are based on certified staff availability and cannot be guaranteed. This is a very popular program so early registration is advised. Registration is required by three days prior to the session date. Members only event.

**Session I**
- **Date:** Friday, June 19th – Saturday June 20th
- **Time:** 5:30pm Friday – 9:00am Saturday
- **Member Fee:** Adults $15.00, Children (4 to 12) $10.00
- **Minimum:** 20 Families
- **Maximum:** 50 Families

**Session II**
- **Date:** Friday, July 31st – Saturday, August 1st
- **Time:** 5:30pm Friday – 9:00am Saturday
- **Member Fee:** Adults $15.00, Children (4 to 12) $10.00
- **Minimum:** 20 Families
- **Maximum:** 50 Families

**WINDING TRAILS SUMMER KICK-OFF**
Start the summer off sizzling. Enjoy the sounds of summer provided by our DJ and dance away the night in the evening breeze at the Walton Pond beach. Join in our family activities, including boating on Walton Pond, bean bag toss, and ladder ball. The kids will also enjoy our inflatable obstacle course and bounce house. Offerings will also include a cookout and activities to delight the young and the young-at-heart. Registration is required by June 22nd. Members only event.

**Date:** Wednesday, June 24th
**Time:** 6:00pm – 8:00pm, dinner will be served 6:30 – 7:30pm
**Where:** Walton Pond
**Menu:** Hot dogs, hamburgers, mixed vegetables, potato salad, fruit salad, dessert, and beverages
**Member Fee:** $8.00 per person
Children 3 and under FREE (please make note of how many children 3 and under)
**Minimum:** 50
**Maximum:** 200

**Great Quotes from our Member Survey:**
“I would like to thank the lifeguards and the staff that run the camp for our children for doing such a great job. Congratulations!”

Winding Trails
Map Legend

- Campsites
- Bridge
- Restrooms

Suggested Loops
Loops are designated by colored arrows on the trails.

- **Red Loop**........3 MILES
  
  Skater’s loop designated by red arrows. Ski skating only, no diagonal stride.

- **Blue Loop**........3 MILES
  
  Diagonal stride loop designated by blue arrows. Intermediate.

- **Green Loop**....1.7 MILES
  
  Diagonal stride loop designated by green arrows. Beginner.

  Everyone must be off trails by 5pm.

Please Note:

- In case of emergency dial 911.
- Trails are open 9am and close at sunset.
- No pets allowed on premises at any time.
- Please be protective of all vegetation and wildlife.
- Please respect the rights and privacy of abutting landowners.

Please Remember:

Pets are prohibited in the park year round.

Online registration available for all programs at www.windingtrails.org
BAKED POTATO FEST

Winding Trails will once again be presenting the popular Baked Potato Fest. Bring the family and create your own luscious version of these meal-sized baked potatoes and join in the fun of dancing to the Electric Slide, Chicken Dance and other fun dances. Give yourself a night out and join us for an evening at Walton Pond. Registration is required by July 6th. Members only event.

Date: ..................................................  Wednesday, July 8th
Time: .................................................. 6:00pm – 8:00pm
Where: ............................................. Walton Pond
MENU: ............................................. Garden Salad, baked potato (toppings: nacho cheese, shredded cheese, bacon bits, broccoli, chili, sour cream, chives, butter), dessert, and beverages
Member Fee: ............................................. $8.00 per person
Children 3 and under free (please make note of how many children 3 and under)
Minimum: 50 .......................................................... Maximum: 200

HARTFORD MARATHON WOMEN’S TRIATHLON

Winding Trails has worked with the Hartford Marathon to host the Women’s Triathlon for many years. This popular event consists of a 1/2-mile swim, 12-mile bike, and 5k run. Proceeds from this event support the Winding Trails’ Trails Fund. For further information and race registration, please visit www.hartfordmarathon.com.

Date: ..................................................  Saturday, September 12th
Time: .................................................. 7:30am – 12:00pm
Ages: .................................................. Women 16 and older
Where: .................................................. Dunning Lake Beach and Walton Beach
Fee: .................................................. $90 (Registration is handled through the Hartford Marathon Foundation)

FAMILY GAME NIGHT!

Bring your family for a game night at Winding Trails! Join us at the Boathouse Pavillon for food, Trivia, Board Games, and much more! Pizza, snacks, dessert and beverages will be included. Don't miss out on the fun! Registration is required by August 3rd. Members only event.

Date: ..................................................  Wednesday, August 5th
Time: .................................................. 6:00pm – 8:00pm
Where: ............................................. Boathouse Pavilion
MENU: ............................................. Pizza, snacks, dessert, and beverages
Member Fee: ............................................. $8.00 per person
Children 3 and under free (please make note of any children under 3)
Minimum: 50 .......................................................... Maximum: 200

NATURE’S OPEN HOUSE

Did you always want to build fairy houses? We’re looking for new village builders in 2020. Contact Miss Judy at judy@windingtrails.org for more information.

Spend a beautiful fall day at Winding Trails. This event is for all ages and generations. Come and see over 90 custom built fairy and gnome dwellings set along a half-mile stroll through our wooded trails.

Tickets are available at Winding Trails starting in August for $5 per person in advance and $8 day of the event. Hope to see you there!

Date: ..................................................  Saturday & Sunday, October 3rd & 4th
Time: .................................................. 11:00am – 4:00pm
Ages: .................................................. All ages
Fee: .................................................. $5 in advance; $8 day of the event
DUNNING LAKE FREE SPECIAL EVENTS FOR CHILDREN

These programs will last between 1-2 hours depending on the number of participants. Please check age requirements as not all programs are appropriate for all ages. **No registration required.**

**WINDING TRAILS WACKY RELAYS**
Let’s get wacky! Today we will be getting wacky with relays like the dizzy bat relay, egg toss, a whip cream pie eating race, an obstacle course relay and many more! You don’t want to miss out on the fun!

Date: ........................................ Wednesday, July 1st  
Rain Date: ...................................... Thursday July 2nd  
Time: ........................................... 2:00pm  
Ages: .......................................... 5 to 12 years old  
Where: ........................................ Meet at the Boat House  
Fee: ............................................. Free

**WINDING TRAILS OLYMPICS**
Enjoy the skills and spills as our own members compete in Olympic events. Winding Trails lifeguards will coach the teams in tug of war, swimming, basketball, and many more! So, come join the fun and help carry the torch down the beach.

Date: ........................................ Wednesday, July 29th  
Rain Date: ...................................... Thursday, July 30th  
Time: ........................................... 2:00pm - 4:00pm  
Ages: .......................................... 5 to 12 years old  
Where: ........................................ Roosen’s Roost  
Fee: ............................................. Free

**WET & WILD**
When it comes to celebrating summer, nothing is better than getting wet & wild in the sun. Enjoy all your favorite water games as we splash our way into fun, ending with everyone’s favorite waterslide!

Date: ........................................ Wednesday, July 15th  
Rain Date: ...................................... Thursday, July 16th  
Time: ........................................... 2:00pm  
Ages: .......................................... 5 to 12 years old  
Where: ........................................ Meet at the Boat House  
Fee: ............................................. Free

**SUMMER FUN DROP IN EVENTS**
Come enjoy fun summer activities every week at the beach! We will have activities including an ice cream social, arts and crafts, water balloon tosses, sand building contests, and many more. Each activity should last around 30 minutes. There will be activities all summer long. No need to sign up, just stop on by when you are at the beach! Craft activities have limited supply.

Dates: ........ Tuesdays & Thursdays, June 23rd - August 13th  
Time: ........................................... 1:30pm  
Ages: .......................................... 12 and Under  
Where: ........................................ Programs area, next to the basketball court  
Fee: ............................................. Free

**LAST BLAST 2020**
This is our largest event of the year! A celebration of summer complete with games, rides, food, a magic show, and fireworks. The fireworks are sent up from the island, over the lake. This is like no other show you will ever see! **No registration is required.**

Date: ........................................ Saturday, August 15th  
Time: ........................................... 4:00pm - 10:00pm  
Where: ........................................ Festivities will be held in the Dunning Lake Area.  
Fireworks will go off at dark over the Lake!  
*Strict 6 guests per membership limit!*

Online registration available for all programs at www.windingtrails.org
LITTLE FEET SOCCER

A soccer program for boys and girls, ages 4 & 5, will provide instruction in the fundamentals of the game of soccer. Skills and exercise will be presented with the emphasis on FUN! Registration is required by three days prior to the start of each session.

Session I
Dates: Mondays, April 20th – May 18th
Time: 10:15am – 11:30am

Session II
Dates: Tuesdays, April 21st – May 19th
Time: 10:00am – 11:15am
Ages: 4 & 5 years old (must be 4 by start of program)
Where: Meet at Soccer field
Fee: $60.00
Member Fee: $50.00
Minimum: 6 Maximum: 12

SOCCER FOR 3-YEAR-OLDS

A soccer program for boys and girls will provide very basic instruction in the fundamentals of the game of soccer. Skills and exercise will be presented with the emphasis on FUN! Registration is required by three days prior to the start of each session.

Session I
Dates: Mondays, April 20th – May 18th
Time: 9:30am – 10:00am

Session II
Dates: Tuesdays, April 21st – May 19th
Time: 11:30am – 12:00pm
Ages: 3 years old (must be 3 by start of program)
Where: Meet at Soccer field
Fee: $60.00
Member Fee: $50.00
Minimum: 6 Maximum: 12

ARTS & CRAFTS FOR PRESCHOOLERS

Come join us for a fun filled creative class that will stir your preschooler’s imagination. Every week your child will enjoy 45 minutes of creative arts and crafts projects that they will be able to take home and show off to the entire family. Registration is required by April 14th.

Dates: Thursdays, April 23rd – May 21st
Time: 11:00am – 11:45am
Ages: 3 to 5 years old
Where: The Lodge Activity Room
Fee: $30.00
Member Fee: $20.00
Minimum: 5 Maximum: 20
LITTLE ADVENTURES

Join the fun! This 5-week program is designed for your 4 and 5 year old. Each week your child will spend 1.5 hours learning and practicing their skills participating in adventure activities, on the bouldering wall, the climbing tower and even the zipline. Skills such as balance and coordination will be presented with the emphasis on FUN! Registration is required by three days prior to the start of each session.

Session I
Dates: Tuesdays, April 21st – May 19th
Time: 1:00pm – 2:30pm

Session II
Dates: Wednesdays, April 22nd – May 20th
Time: 9:45am – 11:15am

Ages: 4 & 5 years old (must be 4 by start of program)
Where: Meet up at the climbing tower
Fee: $60.00
Member Fee: $50.00
Minimum: 6 Maximum: 12

AFTER SCHOOL ADVENTURES

Your child will spend 1.5 hours a week participating in a variety of outdoor adventure activities from developing communication skills on our low elements, to learning the basics of rock climbing on our 40’ climbing tower. Consisting of 4 sides: a 15’ beginner wall, a 35’ intermediate wall, a 35’ advanced wall and the fourth side is a 60’ x 35’ cargo net. Participants may also spend some time on our high ropes course where they would walk across cable bridges, climb up ropes, climb through tires, maneuver around logs, climb up, in and over a canoe, negotiate a giant’s ladder, swing from 50 feet, and jump into the abyss. Through this, your child can overcome personal fears and develop new self-confidence and trust. Registration is required by three days prior to the start of each session.

Session I
Dates: Tuesdays, April 21st – May 19th

Session II
Dates: Wednesdays, April 22nd – May 20th

Ages: 6 to 11 years old
Time: 4:30pm – 6:00pm
Where: Meet at the climbing tower
Fee: $90.00
Member Fee: $75.00
Minimum: 6 Maximum: 12

Online registration available for all programs at www.windingtrails.org
**KID’S NIGHT OUT!**

This is the ultimate night out for any kid! Tons of games, pizza, an ice cream sundae bar, a big screen movie, and endless amounts of fun await you here at the Trails. This program has evolved into a very popular kid’s event and space fills up quickly. So, parents, plan your night out and send the kids here for theirs. It will be a night out that you will never forget. Sorry, parents not allowed! Please bring clothing that is appropriate for outdoor and indoor play as well as provide a sleeping bag/blanket and pillow for the movie. *Registration is required by May 13th.*

**Date:** ............. Friday, May 15th  
**Time:** ............. 6:00pm – 10:00pm  
**Ages:** ............. 1st to 7th Grade (approximate ages 6 to 12)  
**Where:** ............. Garmany Hall  
**Fee:** .................. $25.00  
**Member Fee:** ........... $15.00  
**Minimum:** 20 ............. **Maximum:** 50

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**ARCHERY LESSONS**

Bull’s-eye! But can you do that twice? You can after learning the techniques and skills of a great marksman. Come try this challenging and exciting sport. Participants must be at least seven years of age. All classes will meet at the Archery Range near Walton Pond. *Registration is required by three days prior to the start of each session. Members only class.*

**Session I**  
**Dates:** ............. Mondays and Wednesdays, June 22nd – July 1st  
**Time:** .................. 4:00pm – 4:45pm

**Session II**  
**Dates:** ............. Mondays and Wednesdays, June 22nd – July 1st  
**Time:** .................. 5:00pm – 5:45pm

**Session III**  
**Dates:** ............. Tuesdays and Thursdays, July 7th – July 16th  
**Time:** .................. 4:00pm – 4:45pm

**Session IV**  
**Dates:** ............. Tuesdays and Thursdays, July 7th – July 16th  
**Time:** .................. 5:00pm – 5:45pm  
**Ages:** .................. 7 and older  
**Where:** ............. Archery Range  
**Fee:** .................. $35.00  
**Minimum:** 6 ............. **Maximum:** 16
Winding Trails are teaming up for this timely workshop. Aimee Petras, the Education & Outreach Coordinator at the FRWA, will delve into common lawn problems such as grubs and thatch without using chemical fertilizers and pesticides. We will present this program that covers how to manage your lawn through mowing techniques to manage weeds. Additionally, we’ll outline the steps you need to take including getting a soil test through mowing techniques to manage weeds. We will delive into common lawn problems such as grubs and thatch. After the program, time will be available for additional questions. Registration is required by three days prior to the start of each session.

Session I
Date: .............................................. Thursday, April 2nd

Session II
Date: .............................................. Thursday, April 9th

Session III
Date: .............................................. Thursday, April 16th

Session IV
Date: .............................................. Thursday, April 23rd

Session V
Date: .............................................. Thursday, April 30th
Time: .............................................. 9:00am – 10:30am
Ages: ............................................. Adults
Where: ........................................... Nature’s Porch
Fee: .............................................. $6.00
Member Discount Fee: .......................... Free
Minimum: 4 .................................... Maximum: 20

NATURAL LAWN CARE

The Farmington River Watershed Association (FRWA) and Winding Trails are teaming up for this timely workshop. Aimee Petras, the Education & Outreach Coordinator at the FRWA, will present this program that covers how to manage your lawn without using chemical fertilizers and pesticides. We will delive into common lawn problems such as grubs and thatch. After the program, time will be available for additional questions. Registration is required by April 29th.

Date: .............................................. Saturday, May 2nd
Time: .............................................. 1:30pm – 3:00pm
Ages: ............................................. Adults
Where: ........................................... Nature’s Porch
Fee: .............................................. Free
Minimum: 10 .................................. Maximum: 45

MOM’S NIGHT OUT

Join us for an evening of conversation and dinner with fellow moms; while the kids enjoy dinner, activities, and a movie. Whether you are a new mom, seasoned mom, mom-to-be, or any other type of mom, you are welcome here! Pizza, Salad, snacks and beverages will be provided. Please register each member of your family who will be attending. Program fee is per family, it includes childcare and dinner for everyone! Registration is required by April 28th.

Date: .............................................. Friday, May 1st
Time: .............................................. 5:30pm – 9:00pm
Where: ........................................... Lodge Activity Room
Fee: .............................................. $20.00 per family
Member Discount Fee: ........................ $15.00 per family
Minimum: 15 .................................. Maximum: 40

ADULT LUNCHEON: UNIONVILLE’S DAM HISTORY

Winding Trails is at the midpoint of the 1828-1847 transportation canal which brought about the rapid industrialization that formed Unionville in 1834. Its dam provided the economic incentive to build 3 power dams upstream on the Farmington River. Come and enjoy a late spring luncheon and learn the history of these dams, including an artifact uncovered in 2019. Our guest speaker will be Winding Trails long time member, Alan Perrie. Registration is required by April 29th.

Date: .............................................. Thursday, May 14th
Time: .............................................. 11:00am – 1:00pm
Ages: ............................................. Adults
Where: ........................................... Garmany Hall
Fee: .............................................. $10.00
Member Discount Fee: ........................ $5.00
Minimum: 20 .................................. Maximum: 70

Online registration available for all programs at www.windingtrails.org
**WINDING TRAILS SWIM LESSONS POLICIES**

- **ONLY MEMBERS ARE ALLOWED TO REGISTER FOR SWIM LESSONS AND SAILING/BOATING LESSONS.**

- The Winding Trails’ swim program runs according to the American Red Cross standards for swim lessons.

- The prerequisite for each level is successful demonstration of skills from the preceding level, except for Level I, which has no prerequisite. Each level of Learn-to-Swim also includes training in basic water safety.

- Winding Trails offers six comprehensive course levels and two preschool levels that teach participants how to swim skillfully and safely.

- Progression is at the swimmer's own pace. Some will move quickly at first while others progress more slowly. We keep the entire learning process as much fun as possible.

- Classes will be held rain or shine. If the weather prevents us from getting in the water, there will be other activities available for your child. Keep in mind that in the event of a thunderstorm we have limited space for coverage. Please use your discretion.

- Minimum: 3-4 per class depending on swim level. Maximum: 5-10 depending on swim level.

- Registration must be complete, including payment, before being accepted. Registration is required by the Thursday before the session starts. Register early, space is limited.

- Registration is available online at www.windingtrails.org, or you can register with the paper form at the back of the newsletter. If you are not sure what level to register your child for, use the descriptions below as a guide. All children are tested on the first day of lessons and adjustments will be made as needed.

**SWIM LEVELS:**

**PRESCHOOL A**

Fundamentals of water safety, introduction to basic water skills such as floating, blowing bubbles, submerging and jumping (all without assistance). Incorporation of games allows children to both respect and enjoy the water.

Minimum Age: 3

**PRESCHOOL B**

Builds off of the skills learned in Preschool A, while incorporating those learned in Level 1. Submersion is a major focus of this level, along with gaining more independence in the water.

Minimum Age: 4

**LEVEL 1**

Students are introduced to fully submerging, floating, and jumping in deeper water and stroke development basics while incorporating games to assist the learning process.

Minimum Age: 5

**LEVEL 2**

Should enter the level able to jump in water over their head with a noodle. Learning floats, glides, treading, and front and back crawl are the main focus of this level. Some time is spent in deep water learning to jump without any aids or supports.

Minimum Age: 5

**LEVEL 3**

Students should be comfortable swimming in deep water. They begin diving and primary focus in on rotary breathing and refinement of front and back crawl, along with building endurance up to 15 meters (45 feet). The kicks for the remaining strokes are also introduced in this level (sidestroke, breaststroke, butterfly, elementary backstroke).

**LEVEL 4**

Lap swimming is introduced along with the arms of the remaining 4 strokes (sidestroke, breaststroke, butterfly, elementary backstroke). Some refinement follows introduction along with advancement of dives and endurance.

**LEVEL 5**

Strong endurance and only slight refinement of strokes remaining is required for entry into this level. Stamina, stroke perfection, and flip turns are fundamentals learned throughout the session.

**LEVEL 6**

Strictly Fitness Swimming/Lifeguard Readiness. Student should need little to no correction on stroke performance. Class builds upon swimming strokes with ease, efficiency, power, and smoothness over greater distances. Student should be comfortable swimming laps for a 35 minute time span.

**DATES**

- **Session I**
  
  Dates: June 22nd – July 3rd
  
  Fee: $60 per child (members only)

- **Session II**
  
  Dates: July 6th – July 17th
  
  Fee: $60 per child (members only)

- **Session III**
  
  Dates: July 20th – July 31st
  
  Fee: $60 per child (members only)

- **Session IV**
  
  Dates: August 3rd – August 14th
  
  Fee: $60 per child (members only)

  Time: See schedule

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**FIND US ON FACEBOOK**
## 2020 MEMBER SWIM LESSON SCHEDULE

Registration is available online at www.windingtrails.org and is required by the Thursday before the session starts. **Register early, space is limited.**

### SESSION I: JUNE 22ND TO JULY 3RD

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### Fee: $60.00
EARLY SEASON SWIM LESSONS

Winding Trails offers a one-week prep lesson before regular swim lessons begins. There are four different levels available. Please read the descriptions and place your child in the appropriate level. These will help your child ease into summer swim lessons as well as help determine what level they should be in this summer. Register by Thursday, June 11th.

- **Dates:** Monday – Friday, June 15th – 19th
- **Fee:** $35.00 (Members only)
- **Where:** Dunning Lake

RED LEVEL

Entering Preschool in the fall or Level 1 in summer 2020. Introductory aquatic skills such as blowing bubbles, floating with assistance, and retrieving objects from the bottom will be covered along with safety and games. (Children, regardless of age, need to be comfortable separating from their parent the entire lesson and able to follow directions).

- **Minimum age:** 3
- **Session I:** 12:30pm – 1:00pm
- **Session II:** 1:10pm – 1:40pm
- **Session III:** 1:50pm – 2:20pm
- **Session IV:** 3:30pm – 4:00pm

YELLOW LEVEL

Entering Level 2 or 3 in summer 2020. Students should now no assistance in submerging and capable of jumping into deep water. Independently floating, swimming, and diving will be the main focus along with stroke work on front crawl and backstroke.

- **Minimum age:** 5
- **Session I:** 1:10pm – 1:40pm
- **Session II:** 3:30pm – 4:00pm
- **Session III:** 4:10pm – 4:40pm
- **Session IV:** 4:50pm – 5:20pm

GREEN LEVEL

Entering Level 4 or 5 in summer 2020. Students should have passed Level 3 and/or already contain the ability to dive, perform front crawl with rotary breathing, backstroke, and be comfortable swimming multiple lengths (25yds) in water 6ft or more deep. Stroke refinement along with the introduction of breaststroke, butterfly, and advanced diving techniques will be learned.

- **Minimum age:** 8
- **Session I:** 1:50pm – 2:20pm
- **Session II:** 3:30pm – 4:00pm
- **Session III:** 4:10pm – 4:40pm
- **Session IV:** 4:50pm – 5:20pm

BLUE LEVEL

Entering Level 5 or 6 in summer 2020. Children entering “blue” lessons should be mature, proficient swimmers who have little refinement left on all their strokes. Knowledge and execution of all strokes should already be excellent at this point. Mastery techniques and endurance will be the main focus, eventually ending the week with a 500 yd swim.

- **Minimum age:** 10
- **Session I:** 4:10pm – 4:40pm
- **Session II:** 4:50pm – 5:20pm

WINDING TRAILS SWIM TEAM

Looking for a fun way to improve your strokes, or would you like to learn more about being on a swim team. Join the Winding Trails Swim Team. We are currently not participating in local meets until we are able to grow the team. Join us for daily practices to improve your strokes! All swimmers are required to be a level 4 swimmer. Members only program. Register by June 19th.

- **Dates:** Monday – Friday, June 22nd – August 14th
- **Time:** 4:30pm – 6:00pm
- **Ages:** 6 to 17 (Must be a level 4 swimmer)
- **Where:** Dunning Lake
- **Fee:** $10
- **Minimum:** 20 Maximum: 100

INTRODUCTION TO BOATS

This class will provide instruction in the basics of our watercrafts including canoes and kayaks. Students will also learn some basic water safety skills. Skills and exercises will be presented with the emphasis on FUN! Registration is required by three days prior to the start of each session.

- **Session I**
  - **Date:** June 22nd – June 26th
  - **Time:** 11:30am – 12:30pm
- **Session II**
  - **Date:** July 6th – July 10th
  - **Time:** 5:00pm – 6:00pm
- **Session III**
  - **Date:** July 20th – July 24th
  - **Time:** 11:30am – 12:30pm
- **Session IV**
  - **Date:** August 3rd – August 7th
  - **Time:** 5:00pm – 6:00pm
- **Ages:** 7 and up (must be a level 3 swimmer)
- **Where:** Dunning Lake Boat House
- **Fee:** $45.00 (Members only)
- **Minimum:** 4 Maximum: 16
WINDING TRAILS SAILING

Sailing Classes will be offered on beautiful Dunning Lake. Learn the parts of a sunfish along with set up procedures, basic maneuvering, tacks, jibes, capsizing and safe boating practices. All sailing is two or three people per sunfish. Registration is required by three days prior to the start of each session.

Session I
Date: .......................... June 22nd – July 3rd
Time: ........................................ 5:00pm – 6:30pm

Session II
Date: .......................... July 6th – July 17th
Time: ........................................ 11:00am – 12:30pm

Session III
Date: .......................... July 20th – July 31st
Time: ........................................ 5:00pm – 6:30pm

Session IV
Date: .......................... August 3rd – August 14th
Time: ........................................ 11:00am – 12:30pm
Ages: .............................. 8 and up (must be a level 4 swimmer)
Where: ................................. Dunning Lake Boat House
Fee: ................................. $75.00 (Members only)
Minimum: 4 ........................... Maximum: 16

AMERICAN RED CROSS JUNIOR LIFEGUARDING

Junior Lifeguarding is a newly revised program which is designed to guide youth to the American Red Cross Lifeguarding course. The course focuses on building a foundation of knowledge, attitudes, and skills of future lifeguards. (Students will NOT receive any type of certification). Registration is required three days prior to the start of the session.

Session I
Date: .............................. July 6th – July 17th

Session II
Date: .............................. July 20th – July 31st
Days: ................................. Monday – Friday
Time: ................................. 2:00pm – 4:00pm
Ages: .............................. 13 – 14 years old (entering 9th or 10th grade)
Where: ................................. Dunning Lake
Member Fee: ............................. Free
Minimum: 5 ........................... Maximum: 12

AMERICAN RED CROSS LIFEGUARDING COURSE WITH WATERFRONT MODULE

Would you like to become a certified lifeguard? Participants who successfully complete the course will be certified in CPR, First Aid, Lifeguard Training and Waterfront Module Training. All candidates must be 15 years or older by the end of the last class. Prerequisite: 1st day is able to swim 550 yards continuously using only front crawl with rhythmic breathing and breaststroke; tread water for 2 minutes using legs only; swim 20 yards pick up brick and swim back with brick within 1 minute and 49 seconds; and swim 5 yards submerged and retrieve three rings (5 yards apart). Registration is required one week before the start of class.

Session I
Date: .............................. June 8th – June 19th

Session II
Date: .............................. July 20th – July 31st
Days: ................................. Monday – Friday
Time: ................................. 4:00pm – 8:00pm
Ages: .............................. 15 years old by end of class
Where: ................................. Dunning Lake
Fee: ................................. $250.00
Member Discount Fee: ............................. $200.00
Minimum: 4 ........................... Maximum: 10

Online registration available for all programs at www.windingtrails.org
YOUTH ADVENTURERS

Your camper will spend 2.5 hours a day participating in a variety of outdoor adventure activities from developing team building skills on our low elements, to learning the basics of rock climbing on our 40' climbing tower (consists of a 15' beginner wall, a 35' intermediate wall, a 35' advanced wall, a 60' x 35' cargo net and a zipline). Your camper is sure to leave with lasting memories as well as the opportunity to overcome personal fears and develop new self-confidence and trust. Registration is required by three days prior to the start of each session.

- **Session I:** July 13th - July 17th
- **Session II:** July 27th - July 31st
- **Session III:** August 10th - August 14th

**Time:** 9:30am - 12:00pm
**Ages:** 6 to 11 years old
**Where:** The Gazebo
**Fee:** $125.00
**WT Member Fee:** $105.00
**Minimum:** 6  
**Maximum:** 15

**Stuff to bring:** Appropriate clothing, water bottle, a snack, tennis racquet (WT will provide racquets for those who need one).

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WINDING TRAILS SPECIALTY SPORTS PROGRAMS

Your child will love our special editions of our widely popular Little Sports series programs. The focus is on FUN! So what are you waiting for? Get out and Play!

LITTLE FEET SPORTS

This program is designed for children ages 6 to 10 years old. Basketball, soccer, tee-ball and tennis will all be included in this 5 day, 1 1/2-hour program. The program will focus on teaching the very basic beginner skills of each sport and will have a big emphasis on having fun.

- **Session I:** July 6th - July 10th
- **Session II:** August 3rd - August 7th
- **Session III:** August 10th - August 14th

**Time:** 10:30am - 1:00pm
**Ages:** 3 to 6 years old
**Where:** Sportsplex Shed
**Fee:** $110.00
**WT Member Fee:** $90.00
**Minimum:** 6  
**Maximum:** 15

**Stuff to bring:** Appropriate clothing, sneakers, and sunscreen, a snack and water bottle.

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GOLF

Our Golf program focuses on the fundamental skills needed to participate in this life long sport. Participants learn the proper techniques in holding the clubs as well as footwork and swing mechanics. Players will also learn the basic rules and etiquette of the game.

- **Dates:** June 29th - July 3rd
- **Time:** 9:00am - Noon
- **Ages:** 6 to 10 years old
- **Where:** Sportsplex
- **Fee:** $150.00
- **WT Member Fee:** $130.00
- **Minimum:** 10  
**Maximum:** 20

**Stuff to bring:** Appropriate clothing, a snack and water bottle, sneakers, and sunscreen.

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BASKETBALL

Participants will have a great time as they work on their passing, ball handling, shooting, and dribbling skills. Newly acquired basketball skills will be put to the test at an end of the week tournament!

- **Dates:** July 6th - July 10th
- **Time:** 9:00am - Noon
- **Ages:** 6 to 10 years old
- **Where:** Basketball Courts
- **Fee:** $150.00
- **WT Member Fee:** $130.00
- **Minimum:** 10  
**Maximum:** 20

**Stuff to bring:** Appropriate clothing, sneakers, and sunscreen, a snack and water bottle.

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LACROSSE

Suit up and find out why lacrosse is one of the fastest-growing sports in the country. Lacrosse combines the basic skills used in soccer, basketball and hockey into one fast-paced, high-scoring game. Athletes will learn all the fundamentals of stick handling, cradling, passing, and shooting in a fun, non-checking environment.

- **Dates:** July 13th - July 17th
- **Time:** 9:00am - Noon
- **Ages:** 6 - 10 years old
- **Where:** Sportsplex
- **Fee:** $150.00
- **WT Member Fee:** $130.00
- **Minimum:** 10  
**Maximum:** 20

**Stuff to bring:** Appropriate clothing, mouthpiece, protective gloves, helmet with full mask (or goggles for girls lacrosse), lacrosse stick, and sunscreen. (Winding Trails will provide equipment for those who need it, we do not have goggles only helmets please make note on form if you need equipment.

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SOCCER

Shoot and score with our soccer camp. Participants will learn the fundamentals of soccer including game rules, dribbling and shooting techniques, as well as the proper positions on the field. The program will be a mix of drills and fun games with the intent of getting ready for a full field game on the last
day of camp. The main emphasis will be on having fun while playing the world's game!

**BASEBALL**

Strike-in with this great program. Participants will learn the fundamentals of baseball including game rules, proper batting technique, pitching, and the various field positions.

**Dates:** August 3rd – August 7th
**Time:** 9:00am – Noon
**Ages:** 6 to 10 years old
**Where:** Baseball Field
**Fee:** $150.00
**WT Member Fee:** $130.00
**Minimum:** 10  Maximum: 20

**Stuff to bring:** Appropriate clothing, water bottle, sneakers, baseball glove, and sunscreen (WT will provide gloves for those who need one).

**WINDING TRAILS/LESZEK WRONA SOCCER ACADEMY**

Wrona Soccer is proud to be working with Winding Trails to be able to offer opportunities for players of all ages with our camp this summer. Our experienced staff excels at knowing how to get the best out of players through demonstrating techniques and inspiring players to reach higher. Our players learn the fundamentals of the game, ball control, passing, defending, and scoring. We will teach every child at their own pace.

**NATURE ON FOOT**

Nature on Foot 2020 will be celebrating the 10th Anniversary of Save Walton Pond. As we did in the summer of 2010, our campers will collect animals to process for data about size, weight, species, and other things. Discover the wonder of Walton and Trout Ponds in real-time with hands-on activities and life skills. This is a water-based session.

Begin each day at the Summer Camp Opening before joining Miss Judy for a fun-filled day of Nature. End each day at the Summer Camp Parent Pickup. Dress for the weather and water activities, bring your imagination, and plan to have fun as we discover what’s out there!

**AFTERNOON EXPLORERS**

Here is an exciting option to add to your morning sports/half day programs for parents that would like their children to experience all aspects of camp. Campers may sign up for this afternoon program if they are signed up for any Winding Trails Half Day camp that ends at noon. This will include all the best from our sports/half day camps in the morning combined with an afternoon filled with fun and adventure at Archery, Boating, Nature, Swimming and more. The fun and excitement is here for you! Transportation provided from our summer day camp buses (no additional cost) and campers can attend early and late program ($22.00 per week for either) if needed. This program will be run as part of our ACA accredited day camp and CT State Licensed Day Camp.

**SESSION I:** June 22nd – June 26th
**Session II:** June 29th – July 3rd
**Session III:** July 6th – July 10th
**Session IV:** July 13th – July 17th
**Session V:** July 20th – July 24th
**Session VI:** July 27th – July 31st
**Session VII:** August 3rd – August 7th
**Session VIII:** August 10th – August 14th

**Time:** Noon – 3:30pm
**Ages:** 6 to 10 years old
**Where:** The Lodge
**Fee:** $110.00*
**WT Member Fee:** $90.00*

**Stuff to bring:** Appropriate clothing, lunch, water bottle, sneakers, bathing suit and sunscreen.

*Must be signed up for a morning program as well.
BEACH RULES

■ Swimming is permitted only in designated areas when lifeguards are on duty.
■ Open water swimming is not permitted.
■ Swimmers must be able to swim to the rafts unassisted.
■ No pushing or flipping off of the rafts.
■ Bubbles, water wings, rafts and other floating devices are prohibited. Coast Guard approved lifejackets are allowed but cannot be used to aid someone getting to the raft.
■ No child under the age of 15 is to be left unattended.
■ Keep paths in front of the lifeguard chairs free of chairs, towels, umbrellas, and beach toys.
■ Large shade structures may be prohibited if they block lifeguard sight lines or take up too much space.
■ Playing of music should be kept to a low volume and not hinder other’s enjoyment of the park.
■ No alcoholic beverages are permitted in the water.
■ Glass containers are prohibited from the park. Please use non-breakable containers.
■ Smoking is prohibited from the beach area and all picnic areas.
■ Picnic tables and grills are used on a first come first serve basis. Reserving of tables is not allowed.
■ Changing of babies on picnic tables is not allowed. Baby changing tables are provided in both sides of the bathhouse.
■ Fishing is not permitted from the beach or in swimming areas.

BOATING GUIDELINES

■ All persons renting boats must be at least 8 years old and have passed level 4 swimming lessons. Boat Attendants have the right to refuse boat rentals to any person(s) unable to manage a specific craft.
■ Boats are available for rent at the boathouse daily between the hours of 11:00am and 6:00pm with the last boat into shore at 7:00pm. Rates are posted at the boat house.
■ Damage to the boats caused by horseplay or operator error will be charged to the member.
■ Individuals using the boats should not bring any valuables on to the water. Winding Trails will not be responsible for damage done to cell phones, car keys, etc.
■ All boaters, whether in Winding Trails boats or their own must wear lifejackets. If we cannot properly fit your child in a lifejacket, they will be unable to accompany you in the boat – No Exceptions!
■ All boaters operating an electric engine must be registered with the State of Connecticut and have a valid Safe Boaters Certificate and have a valid Safe Boaters Certificate. Electric motors not to exceed 5hp are permitted on the lake.
■ No gas motors are allowed.
■ Launching of boats is allowed only from the provided launch site across from the Main Office building.
■ No inflatable boats are permitted.
■ Boats are restricted from swimming areas.
■ If you are transporting your boat to Dunning Lake from another lake, please be sure to wash your boat thoroughly prior to launch. This will help prevent the spread of weeds and other organisms from one lake to another. A hose is located on the side of the office building for your convenience.
■ Failure to follow the posted rules and regulations will result in forfeiture of your membership.

BOAT STORAGE

■ Boats may be stored on the peninsula across from the Main Office for 6 or 12 months for a fee.
■ Limit two boat slips per membership.
■ All boats are stored at the owner’s risk. Winding Trails accepts no responsibility for loss or damage.
■ Only one boat can be stored at each boat slip.
■ Stickers will be issued showing the member number and assigned boat slip. Stickers must be visibly displayed on all boats. Boats without a sticker will be removed.
■ Registration forms for storage of non-motorized boats less than 15 feet are available at the Main Office.
■ Fees must be kept up to date. Once you are notified of delinquent fees the boat will be removed from the peninsula and not released until all delinquent fees are paid.
FISHING RULES

- Members, 16 years of age and older must have a valid fishing license. Children under 16 do not need a fishing license.
- Please be sure to stick to posted limits on daily catches. Anyone with more than their limit will have his or her fishing privileges revoked. Keep in mind fishing is for all members. Over fishing only hurts all fishermen in the end. Please catch and release.
- All boaters operating an electric engine must be registered with the State of Connecticut and have a valid Safe Boaters Certificate and have a valid Safe Boaters Certificate.
- Members are allowed three trout or bass per day. If you bring a guest, you and your guests’ limit together cannot exceed the five trout or bass limit per day.
- Bass Protective Slot Limits: 12”-16” long bass are in a protective range and must be released. Only one bass over 16” may be kept each day
- Failure to follow the posted rules and regulations will result in forfeiture of your membership.

GENERAL POLICIES

- Winding Trails membership runs the calendar year: January 1st – December 31st. There is no proration of your dues should you wish to terminate your membership early.
- All vehicles must stop at the gatehouse to scan stickers and collect guest fees. Membership stickers must be affixed to the lower left side of your windshield. Stickers not affixed will be turned into the main office.
- Walkers/Bikers should use the main gate and will be permitted in the park only if they can provide photo ID to verify membership. The Gate Attendant will verify membership.
- Windows on vehicles must be rolled down so gate attendants can speak to drivers and verify membership.
- Each membership is limited to 6 guests per day at the guest fees listed below. Larger groups must call the office at (860) 677-8458 so special arrangements can be made.
- Guests must park their vehicles outside the gate along the edge of the entrance roadway.
- Members should park in the designated lots and not on the grass. Parking along the road creates visual problems. Parking violations will be issued for cars parking in non designated areas.
- No dogs or other pets are allowed in the park.
- Drive slowly in the park. Speed limit in the park is 20 MPH. Bikers, walkers and wildlife utilize the roadway as well as the cars.
- Please dispose of diapers by wrapping in a plastic bag before putting in the trash receptacles. Use the baby changing stations and not the picnic tables for changing.
- Toddlers/Babies must wear swim diapers in the lake.
- Please put trash and recyclables in the proper receptacles. No glass containers, please.
- Picnic Tables and Grills are used on a first come first serve basis. Reserving of tables is not allowed.

PROGRAM REGISTRATION AND CANCELLATION POLICIES

PROGRAM REGISTRATION

- Participants will be notified by email if a class is filled or if the class has been canceled. Registration for most programs can be done online on our website. If you prefer, you can register by mail or in our main office.

PROGRAM CANCELLATION POLICY

Winding Trails reserves the right to cancel any program due to low enrollment. Please register early!

- Three working days prior to the start date for each program, a decision will be made to cancel or run the program. If canceled, you will be notified by Winding Trails and will receive a full refund.
- Winding Trails reserves the right to combine or divide classes, to change the time, date, and/or location and to make other revisions in these offerings, which may become necessary.
- Every effort will be made to make up classes. However, activities canceled due to circumstances beyond the control of Winding Trails that cannot be made up may not be refunded.

REFUND POLICY

Winding Trails has multiple programs and specific policies for major programs such as camp and rentals. Please check website for details on these programs. The following refund policies are for our general programs and special events.

- Full refunds will be given when requested up to one (1) week prior to the start of the program.
- Once the decision has been made to run a particular program, no refund will be given unless Winding Trails can find a substitute, or there is a medical emergency.
- Absolutely no refunds will be given for any attended portion of a program.
- There will be no cash refunds. Allow two (2) to four (4) weeks to process a refund.
- A $25.00 fee will be assessed for ALL bounced checks!
Spring & Summer Word Scramble

GEG NTHU
NFSIIGH
WGINKMMSI
SIDRFLEAGU
NAGMCPPI
KIIBGN
INIGKH
YARHECR
ONAIIBGT
UMESRM MCAP
WINDING TRAILS, INC. PROGRAM REGISTRATION, WAIVER, and RELEASE

I recognize that there are certain risks of injury involved in members of my family participating in activities conducted at Winding Trails, Inc. Therefore, in consideration of members of my family participating in such activities, I recognize those inherent risks of each activity offered at Winding Trails, Inc. and in choosing to participate in select activities I have taken into consideration the weather, my family’s and my health, age, and athletic abilities. I do hereby, on behalf of myself and all members of my immediate family waive and release Winding Trails, Inc. and its employees and agents from all liability with respect to any damage or an injury received by me or any member of my family including but not limited to injuries or damages that occur from natural disasters such as the weather or in whole or in part, as a result of the acts, omissions, negligence and/or recklessness including future negligence of Winding Trails and/or its agents, employees and volunteers. I also grant permission to all of the foregoing to use any photographs, motion pictures, or any other record for any legitimate purposes.

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Comments / Additional Information:

The Trails Fund: If you wish to donate, please specify where you would like your monies to go to by checking the appropriate box.

- General Support
- Campership
- Environment & Education
- Dunning Lake Beach and Picnic Improvements

Total Amount Due: $

**Payment Method:**

- Check/Money Order
- Cash
- MasterCard/Visa/Discover/Amex

Minimum Charge is $25.00

Card #: ______________________ Expiration Date: __________

Name as it appears on Credit Card: ______________________ Signature (required): ______________________

Cardholder acknowledges receipt of goods and/or services in the amount of the Total shown hereon to perform the obligations set forth in the Cardholder’s agreement with the Issuer.

**Mail Form to:** 50 Winding Trails Drive, Farmington, CT 06032 or **Drop off:** Main Office or **Fax to:** (860)676-9407
Visit our web site to learn more about our facilities and programs. We encourage our members and non-members alike to browse our site and send us feedback. Online Registration is available for most programs.

Misplace your newsletter and need information fast? Not to worry, it is on the web. In addition, you can find program registration, medical forms, summer camp bus schedules, ski and skate conditions and much more.

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