Don't forget online registration for 2023 Membership renewals begins October 3rd (page 4); Nature and Literacy collide at the Nature's Open House on October 1st and 2nd (page 15); Don't miss this year's Acoustic Festival (page 15).



**AUTUMN 2022** 

# Winding Trails Newsletter

Fostering a Love for the Outdoors • Developing Leadership and Life Skills • Creating a Sense of Community

Dear Friends,

Winding Trails had another successful summer with several big milestones. The first was the celebration of Winding Trails Summer Day Camp's 75th Anniversary. It is hard to believe that four generations of children have spent their summers here at Winding Trails. There is something magical about camp. It provides children with a community of caring adults that nurture and educate our youth in a way that doesn't happen in schools and at home. It is certainly fun, but it is much more than that. Camp instills in children and staff the personal competencies of compassion, contribution, commitment, and character.

This summer we celebrated the past 75 years in a number of ways. Our Spring/Summer Newsletter was filled with stories about our humble beginnings, building the camp, and the connections we have made. In early July, we held a staff reunion attended by former employees from as far back as the mid 60's. Everyone in attendance shared stories about the time they were here and couldn't believe how nice everything looked. We also had Roz Terwilliger visit us. She holds the distinction of attending Winding Trails Camp the very first summer we opened. That was way back in 1947. During our conversations we learned that the campers would be dropped off at the corner of Route 4 and Walton Way and had to walk all the way into camp on a dirt road. The campers also dug their own outhouses by hand every summer.

Over the past 75 years we estimate over 80,000 children and over 3,000 staff have been part of our camp program. In some ways things have changed but we are happy to say in many ways things have stayed the same. We look forward to continuing our legacy of providing quality camp programs for future generations.

The other big milestone was the opening of the new Dunning Lake playground. This project took over 2½ years to come to fruition. There was nearly a year of research, planning, and design. This was followed by two years of fundraising and then delivery delays due to supply chain issues. This project was truly a team effort with members, volunteers, and staff working together. We can't say "thank you" enough to the 300 members and businesses that donated to this project. It would not have been possible without their generosity.

We were initially quite upset when we found out the delivery of the playground was going to be 10 weeks late. Our plan was to have everything ready for the children on Memorial Day. In hindsight, it worked out better as the children were able to watch the playground being built. There is an important lesson in there. Far too many children today don't understand what it feels like to wait for something you really want. Today's world is all about instant gratification. Patience and understanding is something we could all use a little more of.

On Saturday, June 18th we officially opened the playground to the delight of every child at Winding Trails. Watching the joy on the children's faces as they navigated all the new elements was just awesome. As I listened to the giggles, screams, and encouragement of the children, I felt a huge smile come over my face and a warmth in my heart that we had created something special. This space will provide children and families a place to gather, play, and continue to build Winding Trails sense of community.

As wonderful as this year was with the 75th anniversary of camp and the new playground, it was not without its challenges. This was a very difficult year with staff shortages and historic increases in the cost of doing business. In just over a month, you will be asked to consider rejoining Winding Trails for next year. We want to warn you that membership and camp fees are going to see the largest increases in our organization's history. Historically, the Board of Directors has tried to keep fee increases in the 2%-5% range. That is not possible this year, as our staffing costs and general expenses have increased almost 30%. Next year, minimum wage is scheduled to move to \$15 per hour. This is the 4th increase in less than four years and accounts for a 48% increase. Staffing costs account for over 65% of our budget. Add into this the rising price of fuel, food, insurance, etc. and we have no choice but to increase these fees.

In closing, please take the time to read through this entire newsletter. We have some great articles to share and programs for you to get involved in. If program registration continues as it has, we encourage you to register early. It seems everything we offer is filling up. Also remember you can renew your membership beginning on October 3rd. Do not delay and run the risk of missing out on the 2023 season. Deadline for membership is December 31st. Membership will be full again and we cannot guarantee your spot if you miss the deadline.

On behalf of the Board of Directors and our staff, we want to thank you for your continued support. If you have any questions or concerns, please feel free to contact us.

Sincerely,

Scott Brown, CPRP Executive Director

# WINDING TRAILS HOURS

The park will be open 8:00am to Dusk. There are no life-guards on duty after September 5th. Please feel free to come out and enjoy our playgrounds, sports facilities, and trails. The Main Office hours are still Monday through Friday, 8:30am – 4:00pm. Check our website for special holiday hours.

# **NATURE'S PORCH HOURS**

Our environmental center will be open this autumn. Come and enjoy its beauty and colorful splendor. Learn about the wildlife and woods of Winding Trails. Nature's Porch will be open Saturdays and Sundays from 12:00 to 5:00pm on September 3rd to 25th and Monday, Labor Day, September 5th.

# **OFFICE DROP BOX**

If you miss the office hours, you can always use the convenient Drop Box slot next to the office door.



# **DONATE ONLINE!**

Each year Winding Trails mails a Trails Fund solicitation to all our constituents looking for donations. This is our one formal plea. However, we do welcome your donations at any time of the year. It is easy to support Winding Trails with a tax-deductible donation. Click on the DONATE button at windingtrails.org to make an online donation. You may choose to support our campership program, the environment, Dunning Lake improvements, or general support.

We also have an endowment fund if you would like to consider making a planned gift or bequest. Visit windingtrails.org/get-involved/endowment for further information.

As always, your donations are greatly appreciated!

# LOOKING FOR VOLUNTEERS TO SERVE ON THE BOARD AND COMMITTEES

Winding Trails is a nonprofit organization that relies upon volunteer members to help provide governance for the organization. In addition to the Board of Directors, there are six committees that work to provide strategic, fiduciary, and generative oversight. Each year we look for members with diverse backgrounds in age, sex, ethnicity, park usage, and interests to serve on the Board and various committees. Time commitments vary depending on the position, you just need to have an interest in Winding Trails and want to make it better. If you feel you may have the interest, time, and skills to benefit Winding Trails we would like to hear from you. Please contact Scott Brown, Executive Director by Friday, September 23rd at (860) 677-8458 ext. 18 or email at scott@windingtrails.org. Help make a difference in your organization.

# WINDING TRAILS 2022 BOARD OF DIRECTORS

Brian Cunningham, *President*Dave Kinahan, *Vice President*Tom Greenebaum, *Treasurer*Patty Lavendier, *Secretary*Stacie Aubrey
Jonathan Chaia
Chris Chisholm

Cedric DeLaCruz Jason Hamilton Wendy Ku Alana Ledford Reem Nouh Betsy Sargent

# WINDING TRAILS 2022 COMMITTEE MEMBER VOLUNTEERS

Tom Atkins	Aliza Elwell	Pam Nahorniak
Rick Blake	Joy Fausey	Jim Platosh
Kristen Burns	Jeff Ferraro	Jeff Rogers
Kerry Callahan	Patricia Freeman	Tim Roy
Patrick Carrier	Emily French	Tom Roy
Ann Clark	Eric Garcia	Shannon Rutherford
Jill Clark	Donna H <mark>am</mark> zy	Tiffany Smetak
Sal Corio	Kimberly Hughes	James Sullivan
Mike Daly	Steve Juers	Rob Tacinelli
Kate Doemland	Rob Low	Danielle Truncali
Lisa Duquette	Scott Muska	Ion Wu

# **WINDING TRAILS STAFF • (860) 677-8458**

Membership/Programs Administrator	Kim Kowalski	Ext. 10	kim@windingtrails.org
Recreation Supervisor	Bailey Dailey	Ext. 11	bailey@windingtrails.org
Camp Administrator	Renee Felter	Ext. 12	renee@windingtrails.org
Camp Director	Keith Garbart	Ext. 14	keith@windingtrails.org
Education Director	Mark Dale	Ext. 16	mark@windingtrails.org
Executive Director	Scott Brown	Ext. 18	scott@windingtrails.org
Financial Manager	Pat Schnee	Ext. 19	pat@windingtrails.org
Park Director	Bryan Martin	Ext. 21	bryan@windingtrails.org
Park Maintainer I	Anthony Baio		
Park Maintainer I	Kyle Harding		
Park Maintainer I	Paul Kelly		
Park Maintainer I	Nick Voitkevics		



# 2023 ONLINE MEMBERSHIP RENEWAL — DON'T MISS OUT

Winding Trails offers membership renewal online. This process is extremely easy and should take less than 5 minutes. You will be able to renew your membership starting on October 3rd. We will provide you with reminders via email, text, and these newsletters. Please make sure we have your current email address on file so you don't miss out on renewing. You will need your membership number (which you can find on your sticker) and your last name in order to log into your member account and renew.

If you prefer not to renew online, you will need to call our office so we can mail you the membership form. Keep in mind, you must rejoin by December 31, 2022. Winding Trails' membership quota fills every year. Dozens



of members miss out on the coming year because they miss this deadline. Don't let this be you. Please review the renewal form carefully, verify all the information, and sign the form. Be sure to include current car registrations if we do not already have them on file. With our bar-coded stickers, you will only be issued a new sticker if your vehicles have changed. Your current sticker will remain valid if dues are up to date. If you have a sticker that had trouble scanning at the gate, please be sure to notify us so a new sticker can be issued. Stickers will not be released without current car registrations indicating full name, current address, and plate number. If the vehicle is leased, please include a copy of the lease agreement, indicating you are the lessee. All car stickers must be adhered to the lower corner of the front driver's side windshield to gain access to the park. Please adhere your stickers immediately upon receipt. Any questions about renewal, please contact Kim Kowalski at kim@windingtrails.org. Deadline for renewal is December 31, 2022 and this is strictly enforced!



# **DUNNING LAKE HAPPENINGS**

For most of our members, Dunning Lake is the main reason they join Winding Trails. With its crystal-clear water, 900 ft beach, and picnic tables, this area provides the perfect place for family gatherings, relaxation, and rejuvenation. The early June construction of the new playground created a "job site" right in the middle of the picnic area. This was not the most attractive view, but it did make for some spirited conversations and built excitement as the playground was being completed. The new playground was the 6th major project we have completed in the last five years around Dunning Lake and shows our commitment to improving this valuable resource.

This summer saw the triumphant return of the rafts to Dunning Lake. The rafts are like that old friend that moved away. You don't realize how much you missed them until they return. The rafts are a favorite spot for many. It is a chance to test your endurance in swimming out to them, and they provide a great spot to rest, hang with friends, and dive off into the crystal-clear water of Dunning Lake. With concerns over the pandemic, we did not put the rafts out the last two years. With their return also came an increase in number of rescues and repeated announcements from our lifeguards about pushing and flipping off the rafts.

We were also thrilled to see the return of our Last Blast event. With all the changes we made around the pandemic, the cancelling of our fireworks the last two years was arguably the most missed event. Over 2,000 people filled the beach in August to watch the spectacular fireworks display over Dunning Lake. Our Acoustic Nights, Wednesday evening programs, and drop-in classes were all well attended. The Tuesday night Triathlons continue to be popular with people of all ages.

Weather this summer was very good, with just a few rainy days and lots of sun. We would like to thank all of our waterfront staff for remaining diligent, keeping the lake safe, and teaching the important life skills of swimming and boating. As September approaches, remember that the lake will no longer be guarded after Labor Day.



# WE HAVE A NEW PLAYGROUND!

Slow to arrive, but quick to impress

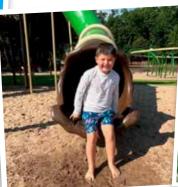
if it were a relief from serious learning. But for children, play is serious learning. Play is really the work of childhood." Modern playgrounds are now developed with building muscle, problem solving, handeye coordination, imagination, community building and a host of other critical skills with children's development in mind. We are so pleased to have the new playground up, being used and enjoyed by the children of Winding Trails. It took two and a half years, lots of people's time, energy and skills, and a generous group of donors to complete. Thank you so much for everyone's contributions to this project. Anytime the world has you down, stop over at the playground and watch the children, as they mix without hesitation, challenge themselves and their community, celebrate wonder and imagination, laugh, play and learn, before going out into that world and making it a little better than they found it.

r. Roger's once explained, "Play is often talked about as













# I'm a Trails Kid

# A Winding Trails Original



eet Roz Terwilliger, one of the original campers who attend Winding Trails Day Camp in 1947. Roz graced Winding Trails camp opening during this summer's third session and answered questions about her time here at the Trails. The event was attended by the 613 present day campers, 120 camp staff members and reporters from three local television stations. Roz is a wonderful woman with a gentle and quiet demeanor. She has defied time, aged gracefully, and appears to be in

good health and great shape. We are attributing this to the great Winding Trails well water and the mental and physical benefits of attending summer camp as a child. Before we get into Roz's time at camp, lets acquaint you with Farmington, Connecticut in 1947.

The State of Connecticut, in 1950, had just over 2 million people living here. The State population today is 3.57 million. The town of Farmington population is 26,712. The town's population in 1950 was 7,026. Here are some average prices during Roz's time at Winding

Trails Summer camp. The average yearly income was \$3,300. You could buy a new house for \$7,000 and a new Chevy for \$1,529 with gas costing you a whopping 27 cents a gallon. You could mail a letter for 3 cents, buy a copy of the *New York Times* with a cup of coffee for a nickel each. And finally, you would pay 18 cents for a loaf of bread and 60 cents for a dozen eggs. Side note, Roz's father was a chicken farmer in town with over 1,000 chickens.

Roz was 7 years old when she attended Summer Camp during our first season.

6

# Camp BY KEITH GARBART CORNER

She continued coming for 6 more years. Back then, camp cost \$4.35 for a oneweek session. Winding Trails had four program areas back then: swimming in Walton Pond, arts and crafts, nature, and sports. Today camp boasts 15 program areas. Roz's favorite activity at camp was swimming. John Grocki, Sr. was the first Camp Director at Winding Trails, who also happened to drive the bus. During the off-season, he was the gym teacher at Noah Wallace School. One of the stories Roz told was about camp kids being dropped off behind the corn field on Route 4 and walking from there to camp and then back again in the afternoon. She recalled that the afternoon walk was often "Hot and we were tired!" Roz attended camp with her best friend and loved meeting the other kids in town from Union school. With "this was a different time" department, she also mentioned that the older campers were responsible for cleaning the Outhouse. Our maintenance department would probably jump at the chance to bring back that tradition.

It was exciting to have Roz speak 75 years after attending Winding Trails Summer Day Camp about her time here. She said she had wonderful memories. During the program, one of the presentday campers asked about her memories of the counsellors at camp. She simply stated, "They were fun and taught us a few things." That is what summer camp is all about. Having fun, making friends and learning a few things about yourself, other people, nature, and the world. For 75 years, Winding Trails Summer Day Camp has been providing that service and gift to over 80,000 children. And maybe it can't be proven, but if Roz is the face and representative of the original Camp Kid we should all be glad that camp kids will go on to live happy, long, and productive lives.



inding Trails Summer Day Camp completed another summer of creating memories that will last a lifetime for our campers and staff. Our award winning, American Camp Association accredited, and licensed camp is one of the largest in the state. This year it was great to get back to our traditional summer camp offerings prior to Covid but also incorporate some of the wonderful changes that happened the previous two summers. We were still able to provide a quality camp experience for all those that attended.





It was special to be able to celebrate 75 years of Winding Trails Summer Day Camp this year. While camp has changed a bit physically over the years it certainly has not changed in character and mission. The friendships that are created at camp are still just as special today as they were 75 years ago. The time spent outdoors with others teaches resiliency and compassion and that is something we have always taken pride in with our camp community. We were able to provide a fun and safe space for campers and staff to take risks and learn from experiences throughout the camp day. Each day brought a new challenge, and each day our campers came out with a smile on their faces as they shared their camp experience with their families. We look forward to 75 more years of friendship and smiles.

We look back on the summer with fond memories. This was a great way to celebrate 75 years of camp! As always, if your children have never experienced camp at Winding Trails, we encourage you to check out the camp pages on our website. This year's campers will be able to register for next year in early October. If you are a member and missed out on this summer be sure to contact renee@windingtrails.org to be notified when registration for 2023 camp season opens.

# WE COULDN'T DO IT WITHOUT YOU!

Winding Trails, like most nonprofit organizations, counts on the generosity of its constituents to help further our mission. We garnish support through our Trails Fund Annual Plea along with several fundraising events. Over the last two years we have also been raising money for the recently completed Dunning Lake Playground through a major gift initiative and several fundraising events.

As of July 18th, Winding Trails has received Trails Fund donations of \$72,468 from 297 individuals. These funds will support campership, environmental initiatives, Dunning Lake, and general support. We also received an additional \$18,122 from 86 donors for the new playground. Lastly, we received \$3,100 for the Colan Callahan Memorial Fund and \$820 for our endowment. Our fundraising events set new records with the Acoustic Festival raising \$10,581, Nature's Open House raising \$6,054, and the Drive "fore" Campership raising \$26,291 for the children to attend camp.

If you recognize some of these names, please thank them for their additional support to conserving our environment, providing opportunities for children to attend camp, and providing general organization support. We will share the yearly totals and how those monies will be used in our Winter Newsletter. *Donors are listed as of July 18*, 2022.



# **LEADERSHIP CIRCLE: \$5,000 & OVER**

Ellen J. Goldfarb Memorial Charitable Trust Highland Park Families Foundation Joy Fausey & Peter McHugh Winding Trails Acoustic Festival Winding Trails Drive "fore" Campership Winding Trails Nature's Open House

### BENEFACTOR: \$2,500 - \$4,999

ARC Document Solutions Low Family Hartford Marathon Foundation

# PATRON: \$1,000 - \$2,499

Amber Jones Photography Andrew & Stacey Aubrey Kevin Adorno Memorial Fund Ricardo & Theresa Anzaldua Sal & Donna Corio Greenebaum-Levin Family Elizabeth Hurgin Kristian & Nancy Jensen Camille Gagliardi & Dana Gillette Brian & Bonnie Liistro Terry & April Mock William & Nicole Rubinow **Rutherford Family** Jackie Scheib Seapan Family Eric & Christina Verne

#### **SUPPORTER:** \$500 - \$999

Tom & Kris Atkins
David & Lisa Bauer

Dick & Katie Benashski Cahalane Family Kerry & Maura Callahan Mrs. Robert F. Campbell Colin Clark & Kirsten Kibler Bill & Jill Clark Flanders Frank Family Fund Brian & Sandy Gervais Lewis & Margaret Gillett Valerie Gordon David Guggenheim and Michael Bosworth **Keating Family** Peter & Samantha Kennedy Lynch Family John Maloney Family Tracy Mehr-Muska & Scott Muska **Bob & Carol Mumford** Richard & Candace Seaman Schiller Freess Family Tangerine Project Tharpe Family Titolo Family Paul & Denise Williams

#### FRIEND: \$250 - \$499

Addonizio/Vicha Family
Rob & Delia Ayer
John & Suzanne Bourdeaux
Scott & Sue Brown
Alan & Betty Coykendall
Cedric DeLaCruz
Lisa Duquette
Michael & Patrice Freeman
Ben Goldberg & Susan Gershman
Jim & Jayne Gordon

**Graf Family** H & H Refrigeration William & Joyce Hill Dorri & Johnathon Kost Frank Michitti & Wendy Ku Patricia Lavendier-Fugge Lewis Family Lotterman Family Martin Family Bill & Andrea Moschella Mylod-Lynch Family **Pratt Family** Deborah & Michael Sacks\* Marieanne & Henry Schadler **Sheehy Family** Sills Family James & Elizabeth Sullivan Tacinelli Family **Tostmann Family** Lizz & Patrick Weiler Wu Family **Connecticut Water Company** Zenke Family

# **ENDOWMENT FUND DONORS**

Bill & Jill Clark Peter & Samantha Kennedy Deborah & Michael Sacks



# **PLAYGROUND DONORS AFTER JULY 13, 2021**

# **BENEFACTORS: \$2,500 - \$5,000**

Highland Park Families Foundation Low Family Russ and Nancy Sylvester

# PATRONS: \$1,000 - \$2,499

Amber Jones Photography
Michele & Jean-Francois Beaule
Dave & Emma Kinahan
Denise, Michael & Sophia Leber
Punko Family
Rutherford Family
James & Elizabeth Sullivan
Eloise, Everly & Lola Truncali
West Hartford Windows

#### **SUPPORTERS: \$500 - \$999**

Aucoin Family
Bischof Family
Maryann & Jerry Burns
Susan Burr Williams
Clapp Family
Alecia & Scott Hogan

# FRIENDS: \$250 - \$499

Stacie & Andrew Aubrey Kevin & Becca Barnard William Bitterli **Brook Family** Baun Family Brian Cunningham & Family Bill & Jill Clark Paul & Andrea Ficks Paul & Allison Freeman **Bob & Gail Hayter** Herens Family **Hrach Family** Yoo Hwang Family Niels & Barbara Jensen **Kasowitz Family** Peter & Samantha Kennedy Leber Family T. Moses Family Nadeau Family Pollio-Halstead Family Monica Rothert Scott & Amy Schroder Siegrist Family Sills Family Sopelak Family John Teahan & Patricia Mullane Doug & Joyce Vagts

# **AMAZON SMILE FOUNDATION**

AmazonSmile is a website operated by Amazon with the same products, prices, and shopping features as Amazon.com. The difference is that when you shop on AmazonSmile, the AmazonSmile Foundation will donate 0.5% of the purchase price of eligible products to the charitable organization of your choice. *Please consider choosing Winding Trails as charity of choice when shopping with Amazon*.





# 75TH ANNIVERSARY OF CAMP – A NIGHT ON THE LAKE FUNDRAISER

Come and join us in celebrating Winding Trails Summer Camp's 75th Anniversary. This will be a night of laughs, trivia, drinks, and appetizers. There will be a silent auction and sponsorship opportunities. All proceeds will go the Winding Trails Summer Day Camp. Space is limited so sign up early.



Registration is required by Tuesday, September 6th.

Date:	Friday, September 9th
Time:	6:30pm
Where:	Boathouse Pavilion
Fee:	\$75.00 per person or \$550 for a table of 8
Minimum: 50	Maximum: 150



# **ACOUSTIC NIGHT AT WINDING TRAILS**

Come and enjoy some great local music at Winding Trails overlooking beautiful Dunning Lake. This series will highlight some of the great local musical talent we have in the area. This evening will showcase two performers. Performers subject to change. These programs will be held rain or shine. *Registration is required three days prior to the program*.

Date:	Friday, September 16th
Performers:	. Blackberry Jam and Ash & Eric
Time:	7:00pm
	Boathouse Pavilion
Ages:	All Ages
Fee:	\$7.00
Member Discount fee:	Free
Minimum: 50	Maximum: 500



# WILDLIFE ON WHEELS PRESENTED THROUGH THE TRAILS FUND

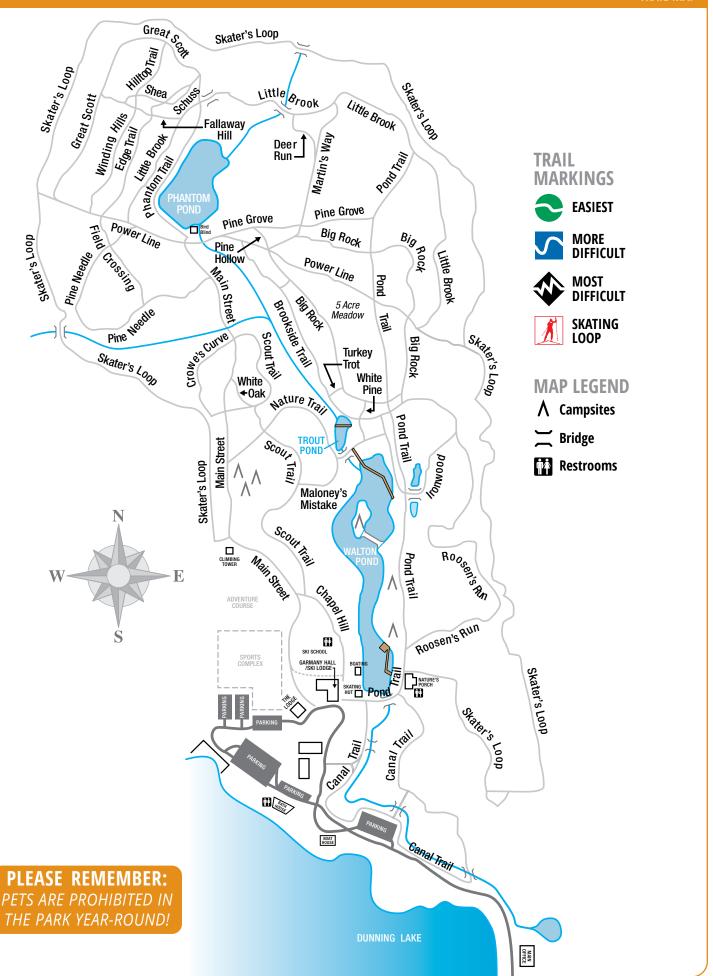
We are pleased to have The Zoo in Forest Park & Education Center return to Winding Trails. Their program entitled "Wildlife on Wheels" will include a 45-minute entertaining and informative presentation highlighting six of their Ambassador animals. These animals may include mammals, reptiles, birds, amphibians, or arthropods. Which animals attend will be decided the day of the program based on weather, travel, and their temperament. There will be time for questions and answers with the zoo staff. This is a free program provided by donations made to the Trails Fund. Registration is required by Thursday, September 22nd.

Date:	Sunday, September 25th
Time:	1:00 pm – 2:00 pm
Where:	Camp Amphitheater
Ages:	All Ages
Fee:	Free
Minimum: 50	Maximum: 150

# WINDING TRAILS CROSS COUNTRY INVITATIONAL MEET

Winding Trails will be hosting our 10th cross country meet for high school and middle school cross-country teams. This event will take place in the camp area and our trails. This event traditionally attracts over 700 runners and hundreds of spectators.

Date:	Saturday, September 24th
Time:	7:30am – 3:30pm
Where:	Boathouse Pavilion
Ages:	All Ages
Parking Fee:	\$5 for the general public
	Free for Members



# SEPTEMBER PROGRAMS

WT Trail Running Series	Tuesdays, August 23rd - September 20th, 6:00pm
Archery Lessons	Tuesdays & Thursdays, September 6th – 15th, 4:00pm – 4:45pm
Archery Lessons	Tuesdays & Thursdays, September 6th – 15th, 5:00pm – 5:45pm
75th Anniversary of Camp – 'A Night on the Lake Fundraiser	Friday, September 9th, 6:30pm
Climbing Tower Day, Session I	Sunday, September 11th, 10:00am – 12:30pm
Pilates at the Boathouse	Wednesdays, September 14th – October 12th, 9:30am – 10:30am
Arts & Crafts for Preschoolers	Wednesdays, September 14th – Oct. 12th, 11:00am – 11:45am
Acoustic Night	Friday, September 16th, 7:00pm
Birdwatching: Morning Fall Migration	Sunday, September 18th, 8:00am – 10:00am
Winding Trails Cross Country Invitational Meet	Saturday, September 24th
Wildlife on Wheels - A Trails Fund Program	Sunday, September 25th, 1:00pm – 2:00pm
Kid's Night Out, Session I	Friday, September 30th, 6:00pm – 10:00pm

# **OCTOBER PROGRAMS**

Nature's Open House	Saturday, October 1st, 10:00am – 4:00pm
Nature's Open House	Sunday, October 2nd, 10:00am – 4:00pm
Kid's Mountain Bike Club	Wednesdays, October 5th – October 26th
ARC Adult & Pediatric First Aid/CPR/AED Training	Wednesday, October 5th, 5:00pm – 8:30pm
Fall Evening Indoor Spinning	Tuesdays, October 11th – December 13th, 6:30pm – 7:30pm
Walk, Talk, and Gawk Adult Walk	Tuesday, October 11th, 9:30am – 11:30am
ARC Adult & Pediatric First Aid/CPR/AED Recert.	Wednesday, October 12th, 5:00pm – 7:00pm
Fall Adult Luncheon – Witches in Connecticut	Thursday, October 13th, 11:00am – 1:00pm
Fall Evening Indoor Spinning	Thursdays, October 13th – December 15th, 6:30pm – 7:30pm
Little Kids Exploring Nature	Saturday, October 15th, 9:30am – 11:30am
Families Exploring Nature	Saturday, October 15th, 1:30pm – 3:30pm
Climbing Tower Day, Session II	Saturday, October 15th, 10:00am – 12:30pm

Catiliday, October 22 pd 11.00 am

Levitor Portivol



JOIN US FOR THE 13TH ANNUAL

# NATURE'S OPEN HOUSE

ENJOY OUR FAIRY HOUSE TOUR AND WALK ALONG OUR 1/2 MILE SCENIC TRAIL!

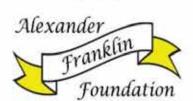


SATURDAY, OCTOBER 1ST AND SUNDAY, OCTOBER 2ND 10 AM-4 PM

BRING YOUR FAMILY AND EXPERIENCE THE BEAUTY
OF NATURE AND CREATIVE TALENTS OF FAIRY
HOUSE BUILDERS!
YOU CAN EVEN BUILD YOUR OWN!

FOOD WILL BE AVAILABLE FOR PURCHASE

SPONSORED BY:



TICKETS MUST BE
PURCHASED IN ADVANCE AT
WINDINGTRAILS.ORG/REGISTRATION

TICKETS: \$6



For the past 7 years Winding Trails has been the home of the Farmington Valley Acoustic Festival highlighting national and local acts on the colorful grounds along Dunning Lake each fall. This year's festival will feature Fireside Collective, a progressive bluegrass quintet from Asheville, NC. This group has toured throughout the United States and won numerous awards for their debut album. Other performers include Boston-based Twisted Pine, one of the most acclaimed young string bands in the Northeast coming off the release of their album Right Now. Joining these groups on the main stage will be Mari Black, a multi style violinist and champion fiddler. Mari has won national and international accolades in many styles of music. She has delighted audiences with her energetic playing and sparkling stage presence. She will also be teaching a fiddle workshop from 11am to noon. Preregistration is required and includes your ticket to the festival. Other local talented musicians will round out the bill.

Our Boathouse Stage will feature some of Connecticut's best upcoming young performers. Come and support tomorrow's superstars as they get a chance to play on the shores of Dunning Lake in front of family and friends. *Registration is required by Friday October 21st.* 

Date: Sa	turday, October 22nd (Rain or Shine)
Time:	
Where:	Dunning Lake
Ages:	All Ages
Fees:	
Advanced Tickets (Adults	)\$30.00
Advanced Tickets (Childre	en 10 – 15 years old) \$10.00
	If available, tickets at the door will be
\$4	40.00 for Adults and \$15.00 for Children
Member Discount Fees:	
Advanced Tickets (Adults	): \$25.00
Advance Tickets (Children	n 3 – 15) \$5.00
	If available, tickets at the door will be
\$3	35.00 for Adults and \$10.00 for Children



# NATURE'S OPEN HOUSE

Spend a beautiful fall day at Winding Trails. This event is for all ages and generations. Come and see over 90 custom-built fairy and gnome dwellings set along a half-mile stroll through our wooded trails. Did you always want to build fairy houses?



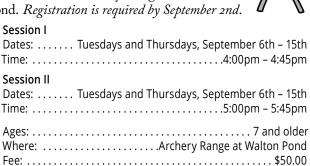
We're looking for new village builders in 2022. Contact Mark at mark@windingtrails.org for more information. *Registration deadline is Friday, September 30th.* 

Date: Saturday & Sunday, October 1st and 2nd
Session I:Saturday, October 1st from 10:00am – 11:00am
Session II:Saturday, October 1st from 11:00am – 12:00pm
Session III: Saturday, October 1st from 12:00pm – 1:00pm
Session IV: Saturday, October 1st from 1:00pm – 2:00pm
Session V: Saturday, October 1st from 2:00pm – 3:00pm
Session VI: Saturday, October 1st from 3:00pm – 4:00pm
Session VII: Sunday, October 2nd from 10:00am – 11:00am
Session VIII: Sunday, October 2nd from 11:00am – 12:00pm
Session IX: Sunday, October 2nd from 12:00pm – 1:00pm
Session X: Sunday, October 2nd from 1:00pm – 2:00pm
Session XI: Sunday, October 2nd from 2:00pm – 3:00pm
Session XII: Sunday, October 2nd from 3:00pm – 4:00pm
Time:
Ages: All ages
Fee:
Maximum per session



# ARCHERY LESSONS

Bull's-eye! But can you do that twice? You can after learning the techniques and skills of a great marksman. Come try this challenging and exciting sport. Participants must be at least seven years of age. All classes will meet at the Archery Range near Walton Pond. Registration is required by September 2nd.



 Member Discount Fee:
 \$40.00

 Minimum: 6
 Maximum: 12

# **BIRDWATCHING: SEASONAL EVENTS**

Join Blair Wlochowski, Winding Trails' birder volunteer, as we explore the Winding Trails' property to discover what birds are found here during the changing seasons. Learn tips on how to enhance your birding skills and work on your Bird Life List. The walks will travel through many habitat areas, so a good variety of birds are expected to be seen. Always dress for the weather and wear a good pair of walking shoes. *Registration is required three days prior to the start of the program*.

Session I: Fall Migration	
Date:	Sunday, September 18th
Walk Time:	8:00am – 10:00am
Ages:	. Adults and Children 13 and up
Where:	Boathouse Pavilion
Fee:	\$10.00
Member Fee:	Free
Minimum: 4	Maximum: 16





# **HAUNTED TRAILS**

Calling all zombies, monsters, and witches! Come join Winding Trails for the ninth annual Haunted Trails! Enjoy a 15-minute haunted hayride through our trail system. Along the way will be various scary scenes and characters. There will also be Halloween crafts, games, pumpkins to carve, a campfire, and some light refreshments in Garmany Hall.

Please make sure you sign up for one session and arrive at least 10 minutes before your start time. Sessions #1-5 will be in the daylight for those that would not like to ride in the dark. Sessions #6-9 will definitely be scarier. **This program is not recommended for young children, parental discretion is advised.** Space is limited! *Registration is required by 3 days prior to the start of the program*.

Please note: We are looking for individuals and groups who may want to be a part of our Scare Team and be in the woods as the hayride travels along the trail. Come up with your own scene, hang with your friend, and have a blast! If you would like to volunteer to be a part of our Haunted Trails Scare Team, please call or email Bailey at 860-677-8458 ext. 11, Bailey@windingtrails.org.

Date: Saturday, October 29th
Times:
Session 1:
Session 2:
Session 3:
Session 4:
Session 5:
Session 6:
Session 7:
Session 8: 8:00pm
Session 9: 8:30pm
Where:Garmany Hall
Fee:\$20.00 per person
Member Discount Fee:\$12.00 per person



# KIDS MOUNTAIN BIKING CLUB

Calling all kids ready to have some bicycling fun on the trails! This club is intended to have fun, sharpen our mountain biking skills and most importantly make some new friends! Mountain bikes only, helmet is mandatory. This club is not intended for beginner riders. Participants must bring a helmet and bike. *Registration is required by October 3rd*.

Date:	.Wednesdays, October 5th – 26th
Time:	4:15pm – 5:15pm
Where:	Garmany Hall
Ages:	9 to 12 years old
Fee:	\$25.00
Member Discount Fee:	\$15.00
Minimum: 6	Maximum: 12

# TOM TURKEY HUNT

Tom Turkey Hunt is a family scavenger hunt through our trail system. You and your family will register online and have your first clue and directions emailed to you. From there you follow the clues around our trails system to find other clues. Once you complete the hunt you will email us your answers to all the clues and be registered to win a gift certificate from Highland Park Market! You have nine days to complete the hunt. Come out with your family and enjoy the park in the fall and visit some places you may never have been before. Deadline for submitting your clues is 10am on Monday, November 28h. Registration is required by November 18th.

Date: Saturday, November 19th – Sunday, November 27th
Time:
Ages:
Where:Nature's Porch
Fee:\$10.00 per family
Member Discount Fee:\$5.00 per family



# **HOLIDAY OPEN HOUSE**

Winding Trails and the Exchange Club of Farmington once again sponsor this popular holiday event. For over thirty years, Santa and Mrs. Claus visit their winter cottage at Winding Trails and give all the children a chance to put in their holiday requests. Bring the entire family out to visit and enjoy the holiday season. While waiting to see Santa, visit with some of Santa's animals, decorate holiday cookies, make crafts, and take a ride on our tractor drawn hayride. There will also be a special holiday magic show every hour. This program is open to Winding Trails' members and Farmington residents only. Registration is required by Wednesday, November 30th.

Date:
imes:
Session 1:
Session 2:
Session 3:
Session 4: 2:00pm – 3:00pm
Session 5:
ee:One non-perishable food item (per person)
to be donated to the local food bank
— after all, 'tis the Holiday season!
Minimum: 50

# SANTA'S CALLING!

Santa Claus has a special place in his heart for all the children of Winding Trails. In fact, Santa will make a personal phone call to your child and make the holiday season even more exciting. Imagine your child's delight as Santa talks about what your child wants for Christmas, his/her best friends, or even his/her schoolteacher.



Forms may be downloaded off our website or picked up in our Main Office. Information forms will be available starting Monday, November 21st. The deadline for all information sheets to be turned in is Friday, December 16th. Santa himself will make all calls between Dec. 19th and Dec. 23rd between the hours of 3:00pm and 7:00pm. Ho! Ho! This is a free, members only program.



# LITTLE KIDS EXPLORING NATURE

This fall young children 6 years old and under with their families will join Miss Judy for a fun Saturday morning of learning something new about the great outdoors. The program format is an introduction to the day's topic followed by a hands-on outdoor activity to try what you learned. Come prepared to explore and have fun! Dress for the weather with appropriate shoes or boots. Registration is required 3 days before the date of the event.

Session I: How Plants Change During Fall Date: Saturday, October 15th
Session II: Animals Get Ready for Winter Date: Saturday, November 19th
Time:



# FAMILIES EXPLORING NATURE

Families with older children will join Miss Judy for a fun Saturday afternoon of learning something new about the great outdoors. The program format is an introduction to the day's topic followed by a hands-on outdoor activity to try what you learned. Come prepared to explore and have fun! Dress for the weather with appropriate shoes or boots. *Registration is required 3 days before the date of the event.* 

Session I: How Plants Change During F Date:	
Session II: Animals Get Ready for Wint Date:	
Time:	Nature's Porch ildren aged 6 and under \$20.00 per Family
Minimum: 3 Families	Maximum: 7 Families



# **CLIMBING TOWER DAYS**

This is a 2.5-hour program introducing the bouldering wall, climbing tower and zip line. The climbing tower and zip line are designed to provide a more individual challenge and to build self-confidence while still relying on the group support system. The tower activities include the 8' x 30' bouldering wall for practice before the climbing tower. The climbing tower is 40' high consisting of 4 sides; a 15' beginner wall, a 35' intermediate wall, a 35' advanced wall and the fourth side is a 60' x 35' cargo net. The 300' long zip line is located at the top platform of the tower. A safety system (belay system) is used with the tower as well as two Extreme Engineering auto belay systems. Registration is required by 3 days prior to the start of each session.

	Sunday, September 11th 10:00am – 12:30pm
	Saturday, October 15th 10:00am – 12:30pm
Where: Fee: Member Discount Fee:	





# **ARTS & CRAFTS FOR PRESCHOOLERS**

Come join us for a fun filled creative class that will stir your preschooler's imagination. Every week your child will enjoy 45 minutes of creative arts and crafts projects that they will be able to take home and show off to the entire family. *Registration is required by Friday, September 9th*.

Dates: Wednesdays, September 14th – October 12th
Time:
Ages:
Where:The Lodge Activity Room
Fee:\$30.00
Member Discount Fee: \$20.00
Minimum: 5 Maximum 20



# **KID'S NIGHT OUT!**

Or should we say Parent's Night out? Drop your child at Winding Trails and enjoy a night out on your own. Your child will be well supervised and enjoy fun games & crafts, a pizza party, an ice cream sundae bar, and a big screen movie. This program has evolved into a very popular kid's event and space fills up quickly. Please bring clothing that is appropriate for outdoor and indoor play as well as provide a sleeping bag/blanket and pillow for the movie. Registration is required by 3 days prior to the start of each session.

Session I Date: Friday, September 30th
Session II Date:Friday, November 4th
Time:       6:00pm – 10:00pm         Age:       ages 6 to 11 years old         Where:       Garmany Hall         Fee:       \$30.00         Members Discount Fee:       \$20.00         Minimum: 15       Maximum: 30



**SPONSORED BY** 







# WINDING TRAILS TRAIL RUNNING SERIES

This series saw a 300% increase last year! Join us for this fun and interesting trail running series. For 5 weeks on Tuesday nights, there will be a short course and long course race, with awards being given out at the series finale. The top three overall in each age group, male & female on each course, will be recognized. Receive a t-shirt when you purchase a series pass. Online registration only for series passes & one day registration.

**Short Course:** 5K, on our Trail Running course **Long Course:** 10K, 2 two loops

Dates:	Tuesdays, August 23rd – September 20th
Time:	Registration opens at 5:00pm
	with rolling starts to follow
Where:	Tri Transition Area at Walton Pond
Fee:	\$25.00 per race or \$80.00 Series Pass
Member Discou	nt Fee: . \$15.00 per race or \$40.00 Series Pass

# PILATES AT THE BOATHOUSE PAVILION

Get a great workout and view of Dunning Lake at our Pilates class under the Boathouse Pavilion. Instructor Lisa McMahon has over 15 years of experience teaching Pilates and group exercise. You will need to bring your own matt and water bottle. Registration is required by Friday, September 9th

Dates:	Wednesdays, September 14th to October 12th
Time:	9:00am – 10:00am
Where:	The Boathouse Pavilion
Fee:	\$65.00
Member Discou	nt Fee:\$55.00
Minimum: 6	Maximum: 20

# WALK, TALK, & GAWK - ADULT NATURE WALKS

Come join Miss Judy, Winding Trails' naturalist, for a casual exploration as we walk along some of our many trails. We'll talk about what we see or some nature topics in the news. Sometimes we'll stop to gawk at an interesting find alongside the trail. A different route and topic are planned for each day. Always dress for the weather and wear a good pair of walking shoes. Registration is required by 3 days prior to the start of each session.

Session I: Date: Tuesday, October 11th
Session II
Date: Tuesday, November 15th
Time:       9:30 am - 11:30 am         Ages:       Adults         Where:       Nature's Porch
Fee:
Member Discount Fee: Free
Minimum: 4





# FALL EVENING INDOOR CYCLING/SPINNING

Looking for a great cardio workout? Spinning offers the calorie burning, energy enhancing, stress decreasing overall workout that is easy on the joints. This is a 10-week program that will sure help you stay or get into shape. Indoor cycling allows you the opportunity to work hard and have fun while you spin to your favorite tunes. You provide comfortable workout attire, sneakers or SPD compatible shoes, H<sub>2</sub>O, towel and desire. Registration is required by 3 days prior to the start of each session.

Instructor: To be determine	ed
Session I: Dates: Tuesdays, October 11th – December 13	3th
Session II: Dates:Thursdays, October 13th – December 15	ōth
Time:	ent on on

JUST A REMINDER: Pets are prohibited in the park year-round!

# AMERICAN RED CROSS ADULT AND PEDIATRIC FIRST AID/CPR/AED/ TRAINING

The Adult and Pediatric First Aid/ CPR/AED course incorporates the latest science and teaches students to recognize and care for a variety of first aid emergencies such as burns, cuts,



scrapes, sudden illnesses, head, neck, back injuries, heat and cold emergencies and how to respond to breathing and cardiac emergencies to help victims of any age - adults (12 years and older) and pediatric (infants and children up to 12 years of age). Students who successfully complete this course will receive a certificate for Adult and Pediatric First Aid/CPR/AED valid for two years This is a blended learning class, with an online requirement before the class starts. A processing fee to the Red Cross is required when registering for the online portion. Registration is required by Friday, September 30th.

Session I:	
Dates:Wednesday, October 5th	1
Time:5:00pm - 8:30pm	
Session II: For anyone holding the certification and needs to be recertified	e
Dates:Wednesday, October 12th	1
Time:5:00pm - 7:00m	1
Ages:	)
Where:Lodge Conference Room	1
Fee: \$85.00	)
Member Fee:	)
Minimum: 4	)

# FALL ADULT LUNCHEON: WITCHES IN CONNECTICUT PRESENTED BY THE CONNECTICUT HISTORICAL SOCIETY

Please join us for our fall luncheon as we learn about the harrowing story of the hanging of witches in Colonial New England which continues to haunt our present-day imagination.

The trials and executions of witches in Connecticut predated the more famous Salem with panic by over 40 years. Hear the stories of some of the women and men accused, tried, and executed as witches. Learn how Connecticut successfully controlled the spread of witch accusations long before Salem erupted in panic and violence.

A light lunch will be provided. Registration is required by Monday, October 10th.

Date:	hursday, October 13th
Time:	11:00am - 1:00pm
Location:	Garmany Hall
Ages:	Adults
Fee:	\$20.00
Member Discount Fee:	\$10.00
Minimum: 20	Maximum: 60

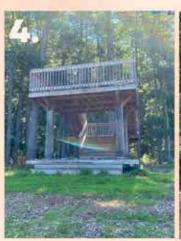


Scavenger Hunt









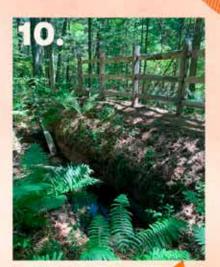












IDENTIFY THESE LOCATIONS AND EMAIL YOUR ANSWERS TO KIM@WINDINGTRAILS.ORG
BE SPECIFIC!

# WINDING TRAILS, INC. PROGRAM REGISTRATION, WAIVER, and RELEASE

I recognize that there are certain risks of injury involved in members of my family participating in activities conducted at Winding Trails, Inc. Therefore, in consideration of members of my family participating in such activities, I recognize those inherent risks of each activity offered at Winding Trails, Inc. and in choosing to participate in select activities I have taken into consideration *the weather*, my family's and my health, age, and athletic abilities. I do hereby, on behalf of myself and all members of my immediate family waive and release Winding Trails, Inc. and its employees and agents from all liability with respect to any damage or an injury received by me or any member of my family including but not limited to injuries or damages that *occur from natural disasters such as the weather* or in whole or in part, as a result of the acts, omissions, **negligence** and/or recklessness including future **negligence** of Winding Trails and/or its agents, employees and volunteers. I also grant permission to all of the foregoing to use any photographs, motion pictures, or any other record for any legitimate purposes.

Participant or/Guardian Name if under 18 years of age:			Participant or/Guardian Signature if under 18 years of age:							
Address:			Town:				State: 2	Zip Code:		
Home Phone:	Work Phone: Cell Phone			: Email:						
								<b></b>		
Participant Name 1:				Grade:	Date of B	irth:		☐Female ☐Male		
List any Medical Conditions and/or medication:										
Program:		Session:		Level:		Time:		Fee:\$		
Program:		Session:		Level:		Time:		Fee:\$		
Program:		Session		Level:		Time:		Fee:\$		
Participant Name 2:				Crade	Data of B	inthe.		Псетов		
Participant Name 2:				Grade: Date o		te of Birth:		☐Female ☐Male		
List any Medical Conditions and/or medication:										
Program:		Session	:	Level:		Time:		Fee:\$		
Program:		Session	n: Level:		Time:		Fee:\$			
Program:		Session	on: Level:		Time:			Fee:\$		
Comments / Additional Information	1:							·		
,										
The Trails Fund: If you wish to de	onate, please specify where yo	ou would	like your monie	es to go to by c	hecking the	approp	oriate box.			
☐ General Support ☐ Can	npership	ent & Edu	cation	Dunning Lake	Beach [	☐ D.	L. Playground	\$		
					7	Total A	mount Due:	\$		
Payment Method:  Check/Money Order Cash MasterCard/Visa/Discover/Amex										
Card #: Expiration Date:										
Name as it appears on Credit Card:Signature(required):										
Cardholder acknowledges receipt of goods and/or services in the amount of the Total shown hereon to perform the obligations set forth in the Cardholder's agreement with the Issuer.										



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#### **MISSION STATEMENT**

Winding Trails, Inc. is a non-profit, organization serving people from Farmington and surrounding communities, providing year round recreational and educational activities for the enjoyment and growth of families and individuals of all ages. Winding Trails is dedicated to the conservation and stewardship of our natural woodlands and waterways that allow outdoor programming, character development, and other activities that strengthen the lives of those we serve.

# **SURFED OUR WAY LATELY?**

Visit our web site to learn more about our facilities and programs. We encourage our members and non-members alike to browse our site and send us feedback. Online Registration is available for most programs.



# **FIND IT ONLINE**

Misplace your newsletter and need information fast? Not to worry, it is on the web. In addition, you can find program registration forms, medical forms, summer camp bus schedules, ski and skate conditions and much more.

