



Winding Trails Hiking Challenge!



Hike all the trails at Winding Trails to get a fun commemorative sticker! Don't worry, you don't have to hike them all in one day. Use this log to document the trails you've hiked as you go. Fill in your information, then bring your completed sheet to the Winding Trails office or submit it online on our website!

Trail Name:	Fun Facts/What to look out for:	Date Hiked:
Big Rock	As the name suggests, there's a big old rock hanging out in the woods along this trail. Did you find it?	
Brookside Trail	Can you hear the babbling brook that runs alongside the trail? Do you think anyone uses that brook?	
Canal Trail	When hiking this trail, you get views of Dunning Lake, Walton Pond, and the forest! It's the best of all worlds!	
Chapel Hill	Chapel Hill runs along our Outdoor Adventure Course and the sports complex. A great trail to see all Winding Trails has offers!	
Crowe's Curve	Crowe's Curve is home to a 250-year-old red oak! Can you spot this giant oak that has stood here for centuries?	
Deer Run	Did you know that in the first year of life, fawns (baby deer) have white spots and no scent?	
Edge Trail	Edge Trail is home to a lot of American Beech trees which have smooth grey bark and lose their leaves late in the winter.	
Fallaway Hill	If you walk slowly, you might notice an interesting tree. There is a white oak and a hemlock tree that are growing together!	
Field Crossing	Field Crossing is home to Pitch Pine trees. Pitch pines are highly fire resistant, and can sprout cones right from the trunk!	
Great Scott	You're in a transitioning forest. You'll see a lot of little saplings, medium sized trees, and large trees. All of the sizes of trees!	
Hilltop Trail	Welcome to an HBOP forest, hemlock, beech, oak, pine! With evergreen hemlock and pine, this trail remains green all year!	
Ironwood	Ironwood trees aka muscle-wood trees are named because their bark has irregular ridges resembling human muscles. Do you see any "muscular" trees?	
Little Brook	Little Brook trail crosses a small stream more than once. If you're quiet, you might be able to hear some frogs!	
Main Street	Follow Main Street and you'll find a remarkable tree. There is a pine tree and an oak tree that are growing out of one another!	
Maloney's Mistake	Bikers and skiers love this steep trail, but hikers can move slower to enjoy the view of Walton Pond from on top of the hill!	
Martin's Way	Ferns are abundant! Among the oldest living plants in the world, ferns provide shelter for insects, birds, and mammals.	

Nature Trail	Nature Trail runs along Trout Pond which feeds into Walton Pond! Follow the stream and it'll take you to our boardwalk!	
Phantom Trail	Don't worry, you won't find any ghosts here! Phantom Trail goes by Phantom Pond, a hotspot for ducks and other waterfowl! Sometimes in dry summers, the pond dries up!	
Pine Grove	Pine Grove is home to a Common Fence from the colonial times! If you follow the signs, you can check out Winding Trails' Common Fence!	
Pine Hollow	A hollow in nature refers to a low, wooded area. Pine hollow is cooler, because the pine trees block light from the forest floor!	
Pine Needle	Pine needles grow in clusters or fascicles. Pitch pines have three needles per fascicle. Think baseball, three strikes - you're out!	
Pond Trail	Pond trail runs along the side of Walton Pond. Walton Pond is an 8-acre pond home to lot of turtles, frogs, fish, geese, and ducks!	
Power Line	Power Line got its name because it runs along the powerline! Do you notice a change in the trees that make up the forest?	
Roosen's Run	Roosen's Run is a great spot to look for deer. They love hanging out in the pine and hemlocks, especially in the winter.	
Scout Trail	Scout Trail boasts rich plant diversity, including white oak, white pine, red maple, hemlock, sugar maple, birch trees, and ferns.	
Shea Shuss	The overstory has many large red oaks, while the understory is full of baby white pines. These trees love to hang out together!	
Skater's Loop	In the winter, these trails are used for Nordic skiing. Skater's Loop is for skate skiers in the winter, but anyone in the summer!	
Turkey Trot	Have you ever seen a turkey before? You might spot one on this trail! They eat seeds, nuts, fruits, and insects on the ground.	
White Oak	Did you know there are over 500 species of oak trees in the world?! White oak trees can live up to 500 years old!	
White Pine	White Pine trees have 5 needles per bundle. The word white had 5 letters...	
Winding Hills	If you stand quietly for a few minutes, you might hear some birds like owls, blue jays, pine warblers, chickadees and more!	

NOTE: there are some single-track trails that are not named or labeled on the map. These are not part of the hiking challenge, but feel free to explore them on your own!

First name: _____ Last Name: _____

Favorite Trail: _____