

INSIDE THIS ISSUE: Family Egg Hunt featuring Peter Rabbit (page 14), Drive "fore" Camp Golf Tournament (page 16), Winding Trails Mountain Bike Series (page 31), and much more!



**MEMBERSHIP
RENEWALS**

*Don't forget to
renew by 12/31!
See page 3 for details.*



WINTER & SPRING 2024

Winding Trails Newsletter



Fostering a Love for the Outdoors • Developing Leadership and Life Skills • Creating a Sense of Community



Dear Friends,

As you receive this newsletter we will be into the month of December and your 2023 membership will be ending. If you plan on renewing, remember that it must be done by December 31st. We have been taking renewals online since October 2nd and we appreciate the fact that the vast majority of you will be renewing. If you have not done so yet, do so immediately because we will not be able to offer any membership after the end of the year.

Reflecting on the past 6 months, the weather seems at the forefront of my mind. At the time I am writing this article, we have had 16 of 21 weekends with rain on one if not both days. This equates to more than $\frac{3}{4}$ of our summer and fall weekends being rainy. As an outdoor recreation area, that weather pattern is not ideal for special events or for enjoying the park. Everyone understands the benefits of water but enough is enough!

With that said, it would not be the worst thing if this weather pattern continued through the winter, and we ended up with significant snowfall. In 2021, we had a great ski season with 30 days of skiing. The past two years have been lacking in the snow department with five and two days of skiing respectively. We are due for a good year and are encouraged by the forecasts from weathermen, Farmer's Almanac, and the abundance of acorns and pinecones.

Looking forward to 2024, Winding Trails has several large capital projects underway that continue our commitment to the 10 Year Dunning Lake Master Plan and continued improvement of our facilities. The construction of a new Grille concession, Lakeside Pavilion, and new sidewalks at Dunning Lake picnic area will provide improved food service and program space for all of you. We are also completely renovating our tennis and pickleball courts. A special plea to support funding these projects was mailed to the membership in late October. We want to thank all of you who generously gave to these projects. If you have not given yet, we hope you will consider doing so.

This newsletter is full of interesting articles and some wonderful programs. Keep in mind we produce this newsletter twice a year. Throughout the year, we may add programs to our schedule that will be promoted through our website. Please be sure you refer to the website for the latest program offerings. As we move to the holiday season, we want to thank all of you for your support this year and hope for a healthy, safe New Year. If you have any questions, suggestions, or concerns please contact me at scott@windingtrails.org or call (860) 677-8458 x 18

Sincerely

Scott Brown, CPRP
Executive Director

WINDING TRAILS 2024 INCOMING BOARD OF DIRECTORS

Jonathan Chaia, *President*
Reem Nouh, *Vice President*
Tim Roy, *Treasurer*
Wendy Ku, *Secretary*
Tom Atkins
Stacie Aubrey

Chris Chisholm
Colette Fennessy
Steve Juers
Alex Kushnir
Alana Ledford
James Sullivan

WINDING TRAILS 2024 INCOMING COMMITTEE MEMBER VOLUNTEERS

Kristen Burns
Kerry Callahan
Jusin Carbonneau
Patrick Carrier
Jill Clark
Sal Corio
Brian Cunningham
Elizabeth Daly-Standish
Cedric DeLaCruz
Kate Doemland
Lisa Duquette
Aliza Elwell
Joy Fausey
Colette Fennessy
Patricia Freeman
Emily French
Stephen Frenkel
Tom Greenebaum
Donna Hamzy

Dave Kinahan
Patty Lavendier
Rob Low
Alison McVeigh
Scott Muska
Pam Nahorniak
Jim Platosh
Rania Rifaey
Jeff Rogers
Tom Roy
Shannon Rutherford
Betsy Sargent
Danitza Sieklicki
Greg Sieklicki
Tiffany Smetak
Rob Tacinelli
Danielle Truncali
Jon Wu

WINDING TRAILS ANNUAL MEETING

Winding Trails will hold its Annual Meeting on Thursday, January 11th, 2024, at 6:30pm in the Main Office Conference Room. This meeting is open to the general membership. Anyone interested in attending or putting an item on the agenda should contact Scott Brown, Executive Director, at (860) 677-8458 x18 or email scott@windingtrails.org by Friday, January 5th.

WINDING TRAILS STAFF • (860) 677-8458

Membership/Programs Administrator	Kim Kowalski	Ext. 10	kim@windingtrails.org
Recreation Supervisor	Bailey Dailey	Ext. 11	bailey@windingtrails.org
Camp Administrator	Renee Felter	Ext. 12	renee@windingtrails.org
Recreation Supervisor	Shawn Hussey	Ext. 13	shawn@windingtrails.org
Outdoor Adventurer Coordinator	Mike Trevail	Ext. 14	mike@windingtrails.org
Education Director	Mark Dale	Ext. 16	mark@windingtrails.org
Executive Director	Scott Brown, CPRP	Ext. 18	scott@windingtrails.org
Financial Manager	Pat Schnee	Ext. 19	pat@windingtrails.org
Park Director	Bryan Martin	Ext. 21	bryan@windingtrails.org
Park Maintainer	Anthony Baio		
Park Maintainer	Sam Dougherty		
Park Maintainer	Kyle Harding		
Park Maintainer	Nick Voitkevics		

MEMBERSHIP REMINDER

Membership renewals were sent out on October 2nd. We have also sent multiple reminders through email and Facebook about renewing your membership for 2024. Many of you have already taken advantage of our convenient online renewal process. If you still need to renew, just go to windingtrails.org and click on the Membership Renewal link. You can call our office to have a paper copy mailed to you if you prefer. Your 2023 membership expires on December 31, 2023. As our wait list is over 2100 families, we will only be able to guarantee your membership spot until December 31st. Don't forget to renew!!

As a member, you agree to follow all of our rules and policies. If you would like to review these policies, you can find our new Member Handbook on the Membership tab of our website. Your membership is based on your acceptance of the membership policies and procedures listed in the handbook. Please be sure to read these policies and abide by them.

With our barcode system, new stickers will only be issued if you change vehicles or there is a problem scanning your sticker. If your sticker has trouble scanning at the gate, please contact our office for a replacement. Barcode stickers will remain valid as long as dues are paid up to date. If you sell a vehicle or have the windshield replaced, you should remove your sticker and return it to the office. We hope to see you next year!

OFFICE HOURS/DROP BOX

The Main Office is open 8:30am–4:00pm, Monday through Friday. If you miss our office hours, you can always use the Drop Box located next to the office door.

HOLIDAY HOURS

Our Main Office will be closed on Monday, December 25th for the Christmas Holiday and on Monday, January 1st for the New Year holiday. In the event we have snow, the Cross-Country Ski Center will also be closed on Christmas Day. The Main Office will also be closed on Friday, March 29th and Monday, May 27th for Good Friday and Memorial Day, respectively.





NATURE PORCH HOURS

Nature's Porch is located on the eastern shore of Walton Pond and offers nature-themed "drop-in" activities during open hours. Nature programs, from birdwatching and walks to fishing classes and more, are offered for families and individuals on many weekends so check the calendar for program dates. The large front porch and its inviting chairs are available anytime during park hours. Come visit us and explore this portion of the property!

Dates: Saturday & Sundays, April 27th – September 29th
Hours: 12:00pm – 5:00pm

PARK ENTRANCE

Winding Trails access is through our Main Gate only. The job of our Gatehouse staff is to greet constituents, verify membership and guests, and provide park information. Our gatehouse staff are here to ensure the integrity of your membership. Although the winter and spring may be "quieter" seasons at Winding Trails, all rules and policies are still in effect. This includes the fact that membership is required all year, along with paying for guests, and no pets are allowed. Please remember to roll your windows down when approaching the gate and announce any guests you may have. Also be sure your vehicle has your membership sticker affixed to the lower left-hand side of your windshield. The gate attendant will welcome you and scan your vehicle membership sticker which will let us know you are on property. If you see any issues or problems on property and the Main Office is not open, be sure to let the gate attendant know and they can contact the appropriate staff.



GUEST FEES

Guests of members must be registered online using the Guest Registration link on our homepage. These guests must park outside the main gate and ride into the park in the member's car. Members are limited to six guests per membership per day. Guest fees are \$7.00 for adults and \$5.00 for children ages 3 to 15. Discounted guest books are available at the front gate or in the main office.

NO SMOKING POLICY

If you are a smoker and must smoke on property, we ask that you do not smoke on Dunning Lake beach or in the picnic area. Smoking will be permitted north of the wooden guard rail fence. We ask for your cooperation in complying with this policy.

NEW BOAT STORAGE POLICY

Winding Trails has been offering boat storage for members across the road from the Main Office. In the past, members have been able to leave their watercraft for the entire year. This policy will change beginning on November 1, 2024. At this time, all members will need to remove their boats from this area so that we can do annual maintenance. There are storage logs that need replacing and trees that need to come down in this area. Beginning in 2025, boat storage will only be available from April 1st to November 1st for a fee of \$120.00. All boats will need to be removed annually.

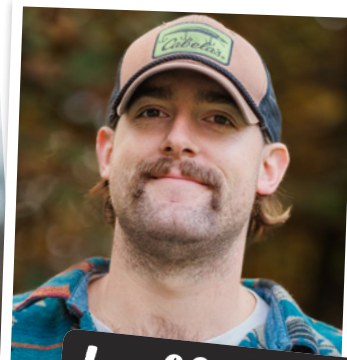
FISHING ON DUNNING LAKE

Dunning Lake is open for fishing year-round except for April 2nd through April 6th due to our annual Trout stocking. (Please note we will be holding the Children's Fishing Derby on Saturday, April 6th from 8:00am – 10:00am.) Members 16 years of age and older must have a valid CT fishing license. To help with the health of our fish population and the enjoyment of all fishermen, we encourage you to "catch and release". If you do intend to take the fish, you are limited to three trout or bass per day. If you bring a guest, you and your guest are limited to five trout or bass per day. There is also a size limit on bass. 12" – 16" bass are in the protective range and must be released. Only one bass over 16" may be kept each day.

PICKLEBALL AND TENNIS INFORMATION

Our tennis and pickleball courts are currently under renovation and are expected to be closed until early June. Once they are redone, we will have three permanent pickleball courts, three temporary pickleball courts, and two tennis courts. The hours will be from 8:00am to 7:45pm. Time limit per court is one hour unless no one is waiting to use them. Tennis camp will be using both tennis courts between the hours of 9:00am to noon the week of June 24th – June 28th and July 29th – August 2nd. The temporary pickleball courts may be used by the camp program Monday-Friday from 10:00am to 3:00pm, June 24th to August 16th.

Say Hello to Some New and Perhaps Familiar Faces



Winding Trails is very fortunate to have a well-trained highly dedicated staff. For the better part of 10 years, we had almost no turnover at the full-time level. The staff enjoy working here and are committed to our mission and the work that we do. This past year was uncommon, and we have brought in four new staff which we would like to introduce to you.

The fact that we have over 250 seasonal employees means we have a great “farm system” to draw upon in the event of a full time opening. These openings are posted publicly but often times are filled with candidates that may have worked with us seasonally for a number of years.

Mike Trevail is our new Outdoor Adventure Coordinator. Mike has worked on our course for the better part of 10 years and has over 16 years of experience in the field. Mike’s career has taken him all over the country managing challenge courses in Pennsylvania, California, and North Carolina. Mike stepped in this spring to run our Outdoor Adventure program and has done a tremendous job finding new clients, hiring new staff, and developing new programs. Winding Trails challenge course is one of the largest in the state focusing on team building and group communication skills. Mike has doubled the number of groups on the course and added new programs such as Climbing Under the Stars, Shipwreck, and Leadership on the Lawn. Mike’s enthusiasm is contagious, and we are thrilled to have him on board.

Winding Trails Summer Day Camp is the foundation on which this organization was built. It is a large program with over 600 campers per day and 200 staff. This year we turned to John Myska to lead this program. John should not be a stranger to anyone associated with camp. He has been working with us

every summer for the past 20 years. His signature long beard, warm smile, and “that is all the buses” morning ritual are known by many. John has held every position in Camp and was the perfect choice to move into this leadership position. He has also worked here throughout the year at all of our major special events. John works in the Southington school system during the school year and will be serving as our Camp Director on a part-time basis.

Another new hire is truly someone who grew up here. Shawn Hussey is one of our Recreation Supervisors, and he started his time at Winding Trails as a 6-year-old camper. As Shawn progressed through camp, he was a CIT, camp counselor, and lifeguard. He also worked at every special event, in our maintenance department, and the cross-country ski program. Shawn loves Winding Trails and always seemed available when we needed someone to “fill in” or complete a special project. When a full-time position opened, he applied and has been a great fit based on the 17 years of part-time work experience he had. Shawn also serves in the CT Army National Guard as a Sergeant.

Our final new hire is new to Winding Trails. Sam Dougherty joined our maintenance crew last spring. Sam is from Harwinton and grew up on a farm doing just about everything. His involvement with harvesting crops and fixing farm equipment to property repairs and general problem solving gave him a good foundation for much of what we do here. He has spent almost 10 years as a machinist, fabricator, and welder. Sam has been a wonderful addition to our staff and is committed to keeping Winding Trails safe, clean, and beautiful. If you see any of these individuals around the park, please be sure to give them a warm Winding Trails welcome.



YOU AND THE TRAILS FUND CONTINUE TO IMPROVE WT!

Winding Trails is extremely fortunate to have many generous supporters. These include members, summer camp families, businesses, and local civic groups. Since the Trails Fund's inception back in 2005, we have received over \$1.5 million in donations. These donations have helped send hundreds of underserved children to our award-winning summer day camp, helped build the Boathouse pavilion, Nature's Porch, and the new playground, and countless other improvements.

These gifts allow us to further our mission by providing the funds to do numerous special projects that are not covered in the normal operating budget. We are forever grateful for the generosity of all these people and encourage others to consider making Winding Trails part of your charitable giving.

Winding Trails was fortunate to receive 373 donations to our Annual Trails Fund this year totaling \$88,076. This year's fundraising events brought in an additional \$41,693. This included a record \$27,670 from our Drive for Camp golf tournament, \$10,000 from the Acoustic Festival, and \$4,023 from Nature's Open House.

In addition to these donations, we were fortunate to have additional funds donated to our Board Designated Endowment, the Winding Trails Endowment at the Hartford Foundation for Public Giving, and the Colan Callahan Memorial Campership Fund. Thank you, thank you, *thank you!*

The Development Committee makes recommendations on how Trails Fund donations are spent, and the Board of Directors then approves these expenditures. The following is the breakdown of how this past year's monies were spent or plan to be spent in the coming year:

CAMPERSHIP:

\$37,800 was used to send 84 children to camp in 2023.

CAMP IMPROVEMENTS:

\$7,500 will be spent to build new Gaga pits

\$6,000 for new Sportsplex stairs

\$5,000 for new Camp Inflatable

\$3,000 for new street hockey boards

ENVIRONMENTAL INITIATIVES:

\$25,000 for comprehensive Dunning Lake survey

\$10,000 for endangered Mussel survey

\$7,000 for new trees and landscaping

\$2,500 for free wildlife programs

DUNNING LAKE BEACH AND PICNIC AREA:

\$7,500 for new Dunning Lake lifejackets

\$7,000 for new picnic tables for Lakeside Pavilion

\$5,000 for additional beach sand

\$3,800 for lightening protection on Lakeside Pavilion

\$3,000 for Lakeside Pavilion sound system

GENERAL SUPPORT:

\$33,500 for new pavilion at Tennis and Pickleball courts

\$11,000 for retaining wall at Tennis and Pickleball courts

The following is a list of our major donors as of October 23, 2023. If you recognize any of these names, please be sure to thank them for their additional support to conserving environment, providing opportunities for children to attend camp, and providing general organization support.

LEADERSHIP CIRCLE: \$5,000 & OVER

Anonymous
Ellen J. Goldfarb Memorial
Charitable Trust
Highland Park Families Foundation
Low Family
Winding Trails Drive
"fore" Campership
Farmington Valley Acoustic Festival

BENEFACTORS: \$2,500 – \$4,999

Joy Fausey and Peter McHugh
Jackie Scheib
James & Elizabeth Sullivan
Winding Trails Nature's Open House

PATRONS: \$1,000 – \$2,499

Ricardo & Theresa Anzaldúa
Colan Callahan Memorial Fund
Community Foundation of
Chattahoochee Valley
Sal & Donna Corio
Liz Daly-Standish
Farmington Community Chest
Alexander Franklin Foundation
Greenebaum/Levin Family
Hartford Foundation for Public Giving
Hoppa Family
Elizabeth Hurgin
Kristian & Nancy Jensen
Keating Family
Dave and Emma Kinahan
Dorri & Jonathan Kost
Kushnir Family
Leber Family
Brian & Bonnie Liistro
Purviance Family
Punko Family
William & Nicole Rubinow
Rutherford Family
Dr. & Mrs. S. Russell Sylvester
Luke & Matt Versland

SUPPORTERS: \$500 – \$999

Anonymous
Tom and Kris Atkins
Stacie and Andrew Aubrey

Ann & Randy Barton
Dick & Katie Benashski
Burns/Beck Family
Cahalane Family
Kerry & Maura Callahan
Bill and Jill Clark
Exchange Club of
Farmington
Flanders Frank
Family Fund
Camille Gagliardi
& Dana Gillette
Brian and Sandy Gervais
Lewis & Margaret Gillett
Jeff and Jennifer Hogan
Niels & Barbara Jensen

Lynch Family
Nelson Family
Alan Perrie
Richard & Candace Seaman
Seapan Family
Schiller Freess Family
Sean and Lisa Smith
Tangerine Project
West Hartford Windows, LLC
Susan Burr Williams
Wu Family

FRIENDS: \$250 – \$499

Robert Adamenko & Liza Josephson
Robert and Delia Ayer
Bezler Family
Judith Brown
Scott & Sue Brown
Baun Family
ConnectiCare & EmblemHealth
Clinical Operations Team
Connecticut Water Company
Alan & Betty Coykendall
Brian Cunningham & Family
Mark & Melissa Dale
Demers Family
Lisa Duquette
Michael & Patrice Freeman
Jim & Jayne Gordon
Tom & Peggy Goz
Erin & Kent Herzog



William & Joyce Hill
Kimberly & Kevin Hughes
Johansen Family
Joseph Family
Natalie Keating
Maura and Daniel Kennedy
Patricia Lavendier-Fugge
Alex Lucyk
Lussier Family
Frank Michitti & Wendy Ku
McCollam/O'Connor Family
Bob & Carol Mumford
Nancy and Hugh Murray
Mylod-Lynch Family
Reem Nouh & Mahmoud Omar
Procaccini Family
Rifaey Family
Rourke Family
Rybka Family
Deborah & Michael Sacks
Marieanne & Henry Schadler
Carolyn and Kevin Schmitt
William Scurr and Tiffany Smetak
Tacinelli Family
John Teahan & Patricia Mullane
Tostmann Family
Lizz & Patrick Weiler
Peter Zarella
Zenke Family
Max Zito

New Improvements Coming To Winding Trails



Winding Trails is happy to announce a busy season of capital projects. One project aims to improve the Dunning Lake picnic area and the second replaces the aging tennis and pickleball court complex. First off, we need to move the snack bar out of the bath house. No one was ever happy that the bath house was the home of the snack bar even though it has worked for over 20 years. And, though we love community, occasionally it was uncomfortable when you could not distinguish if you were in line for food or the restrooms. So, we are excited about a new free-standing snack concession being built at Dunning Lake

this year. With some good prior planning, a little luck, and a quiet prayer, we expect to be open for the summer season 2024.

In addition, we have torn down the pavilion on the west end of the beach and will build a new one nestled back slightly north of the original. It will be a mini version of the Boathouse Pavilion. It will provide a place to eat the wonderful and efficiently served food from the new Grille. It will also include a stage that can be used for music events and programming.

A couple side benefits to these projects will be the removal of all the cracked and heaving asphalt sidewalks in front of the bathhouse and out to the parking lots. These will be replaced



with concrete sidewalks. We will also be installing a delivery truck parking lane behind the Grille so that through traffic will no longer be blocked when food orders come in.

When these projects are finished, we will start planning for new family changing areas and restrooms in the space vacated by the old Grille in the bathhouse. These improvements are part of our continued commitment to completing the 10-Year Capital Plan for Dunning Lake put together in 2016.

The tennis and pickleball court replacement is the second big capital project on the docket this year. The courts were built in 1994 and they were scheduled to be replaced in 2025. This project was moved up a year due to the increase in repair costs. For the past 15 years we have been spending about \$10,000 – \$15,000 annually on crack repair. Last year they wanted almost \$50,000 for these repairs. By moving this project up a year, we saved Winding Trails over \$100,000 on repair costs not including what the replacement costs may be two years from now. As all of our lives are impacted daily by the sting of inflation, we want you to know that just writing these numbers takes our breath away and puts a knot in our stomachs.

The courts and fencing have all been dug up and all the asphalt milled. We have upgraded the surface from asphalt to post-tension concrete surface. This modern technology on court design mimics how they build bridges. Essentially, this is a huge concrete slab that is tied together with large cables. It floats and can move without being prone to any cracking. Asphalt courts have no warranty against cracking and these new courts will have a 20-year warranty. The concrete will be poured before winter, but surfacing cannot take place until late spring. There is a 7-layer patented coating system that can only be applied when temperatures are above 50 degrees for a 24-hour period.

The original complex had 4 tennis courts. About 3 years ago, we retired two courts and added a street hockey court and 3 temporary pickleball courts. The new courts will house two tennis courts, 3 permanent pickleball courts, and three temporary pickleball courts which can be removed for other activities. Since 2021, pickleball has been the fastest-growing sport in America for three years running. According to USA Pickleball, there are almost 10 million people (about half the population of New York) playing pickleball this year and it has been doubling every year since 2021. Winding Trails has seen an increase in this activity in the last few years.

Winding Trails is excited about these improvements to the park. It will add to a better experience and service for our members and guests using the facilities. These capital projects have substantial costs and would not be possible without your help. We appreciate any help you are able to provide with your donations. To make a donation and learn more about these projects visit windingtrails.org/donate. We look forward to a wonderful summer of 2024 with sunshine, minimal rainy days, and some great improvements to Dunning Lake and our courts.

CAMP CORNER



As we look back at the past summer, we are filled with fantastic memories of fun and friendships. The experiences created at camp generate bonds that are strong and lasting, and the camp staff work to nurture these connections year-round. We take this time to reflect and think about what worked well and what we can improve upon. While it is a quiet time at camp, our team is always working hard to make each Summer better than the last!



© AMERICAN CAMPING ASSOCIATION

We will now be looking forward to the summer of 2024 and all that it will entail. Schedule adjustments, session themes and new activities are being discussed and hiring begins as soon as the 1st of the year. We have opened camp enrollment to all returning campers and current members of Winding Trails. We are presently full in most age groups and if you have found yourself on a wait list, we ask patience as we allow summer plans to solidify and cancellations to occur. The cancellation deadline for camp is February 1st and we do expect many spots to open around that time. We will be notifying families via email as camp spots become available.

Finally, do keep in mind that in lieu of Winding Trails Summer Day Camp, we also offer a variety of activities throughout the summer on a weekly basis that include Sports Programs and Adventure Camps that in conjunction with Afternoon Explorers can be either half day or full day programs. Registration for these programs will begin in early Spring. Happy Trails!

ACCEPTING APPLICATIONS FOR PART TIME WORK:

Do you love working outdoors and believe in Winding Trails mission of fostering love for the outdoors, creating a sense of community, and developing leadership and life skills? We are accepting applications for summer positions as camp counselors, program specialists, lifeguards, swim instructors, boating and gate attendants, and more. For more information and applications visit windingtrails.org/employment.



GENERAL SKI INFORMATION

Winding Trails operates the only full-service cross-country ski center in the state. Weather permitting, Winding Trails machine grooms all 12.5 miles of trails for both traditional skiing and skate skiing. As a member of Winding Trails, you always ski for free. If you need to rent skis or take a lesson, there is a fee. Winding Trails has a beautiful fleet of Fisher skis available for rent. We also have a retail shop if you are interested in purchasing equipment. The Ski Center is open to the public and attracts cross country enthusiasts from throughout southern New England and New York.

Winding Trails does plan to open its Cross-Country Ski Center as soon as we get sufficient snowfall. The number of days of skiing is dependent on Mother Nature, we are hopeful for a good winter. As soon as Mother Nature unfolds her 6" white blanket, our 20 km of trails will be groomed and tracked for your skiing pleasure. *Please no walking on ski trails – No pets allowed on premises at any time.* Current conditions are posted on our website.

HOURS

Daily.....9:00am – 5:00pm, weather permitting

RATES

GENERAL PUBLIC TRAIL PASS TICKETS MUST BE PURCHASED IN ADVANCE ONLINE AT: WINDINGTRAILS.ORG/WINTER-GUEST-REGISTRATION/

NOTE: 2024 Winding Trails members do not pay for trail passes

Daily Ski Trail Pass	Full Day
Adult	\$14
Senior (62+)	\$10
Child (3 to 15).....	\$8

Daily Snowshoeing, Ice Skating, and Sledding Fees

Adult	\$7
Child (3 to 15).....	\$5

WINTER SEASON PASSES

Individual	\$125
Family (up to 4 members)	\$300
Each Additional Family Member	\$50
Senior Pass (62+).....	\$100

RENTALS

	Adults	Children (15 & under)
Traditional Skis (skis, boots, poles).....	\$17	\$12
Skate Skis (skis, boots, poles)	\$19	
Pulk Sled (2 hour limit).....	\$12	
Snowshoes.....	\$12	\$10
Snow Tube	\$6	
Ice Skates	\$5	

\$2 discount off ski rentals starting at 2pm. All rentals must stay on premises and be returned by 4:30pm.

LESSONS

	Adults	Children (8 to 15)
Group Beginner Lessons (1 hour)	\$20	\$15
Semi-Private Lessons (1 hour)	\$25	\$20
Private Lessons (1 hour)	\$30	\$25

Group lessons are offered weekdays at 10am & 1pm, weekends/holidays at 9:30am, 11am, 1pm & 2:30pm. The semi-private lessons are for 2 or more. Prices are per student. Private lessons are scheduled by appointment.

CROSS COUNTRY RETAIL SHOP

Winding Trails is the place to purchase a beautiful new set of Fisher skis or pick up a ski accessory or wax. You won't find better prices or service. When the Ski Center is open the retail shop will be open. Typical shop hours: Monday – Friday, 9:00am – 4:30pm. If there is no snow, call ahead at (860) 677 8458 and a staff member will be happy to schedule a time to show you our selection of ski equipment.

WINDING TRAILS CROSS COUNTRY SKI CENTER

(860) 677-8458

www.windingtrails.org

TRAIL MARKINGS



EASIEST

MORE
DIFFICULTMOST
DIFFICULTSKATING
LOOP

MAP LEGEND



Campsites



Bridge



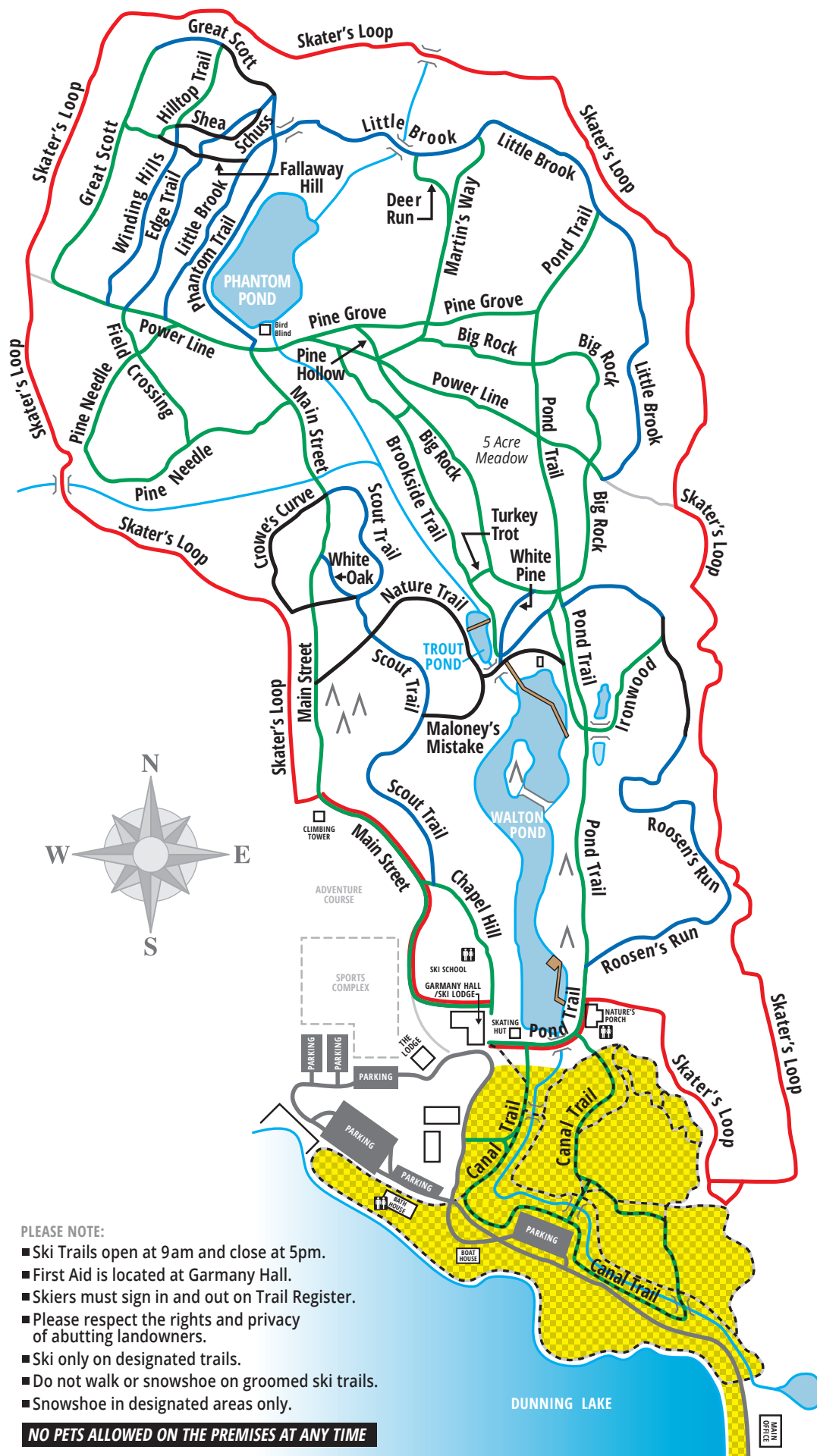
Restrooms



Snowshoe Area

Garmany Hall includes the Ski Center, Ski Rentals & Lessons, Ski Shop, Snack Bar and Restrooms.

The Sports Complex includes areas for softball, soccer, basketball, volleyball, tennis, bocci, pickle ball, street hockey, and a playscape.



PLEASE NOTE:

- Ski Trails open at 9am and close at 5pm.
- First Aid is located at Garmany Hall.
- Skiers must sign in and out on Trail Register.
- Please respect the rights and privacy of abutting landowners.
- Ski only on designated trails.
- Do not walk or snowshoe on groomed ski trails.
- Snowshoe in designated areas only.

NO PETS ALLOWED ON THE PREMISES AT ANY TIME



ICE FISHING

Each winter dozens of members enjoy the solitude of the season by ice fishing on Dunning Lake. This activity is permitted at your own risk. Winding Trails does not check Dunning Lake for ice thickness and safe conditions. Ice fishing is allowed during normal park hours. No ice fishing is allowed on Walton Pond. All other fishing rules and catch limits apply.

SLEDDING

Our Sportsplex hill is adjacent to the soccer field and provides a great sledding location. It is wide, long, and free of obstacles. Interested sledders can park in the parking lot adjacent to the Sportsplex and walk across the soccer field to get to the hill. Sledding is permitted during regular park hours. Parental supervision is required for any child under the age of 15. Sledding is also at your own risk. Please be sure to sled in designated areas only and use the fenced walking path to get back to the top of the hill. There is no sledding permitted on cross-country ski trails. Bring your own sled or rent one of our tubes at Garmany Hall when the Ski Center is open. Non-member fee for sledding is \$7.00 for adults and \$5.00 for children ages 3 to 15. Check our website for current conditions.



ICE SKATING

Winters are unpredictable and the number of days of skating has varied tremendously depending on temperature and snowfall amounts. Skating is permitted on Walton Pond once the ice reaches a safe thickness of 5" to 8" depending on conditions. Skating will be open daily until 9pm, weather permitting. The lights will go off at 9:00pm each night. There is no skating on Dunning Lake. Skating is free for Members. Skate rentals are available in Garmany Hall when the Ski Center is open.



We will also be setting up a skating rink under the Owl Pavilion. This rink's size will be 32' x 64' and should freeze much quicker than Walton Pond. Hockey will not be allowed on this rink and our Learn to Skate programs have priority. Non-member fee for skating is \$7.00 for adults and \$5.00 for children ages 3 to 15. Skating conditions will be posted on our website.



REMINDER: WINDING TRAILS IS A WILDLIFE PRESERVE. TO PROTECT THE WILDLIFE WE ASK THAT NO DOGS OR PETS BE ALLOWED ON PROPERTY. THIS INCLUDES THE ENTIRE TRAILS SYSTEM. THANK YOU FOR YOUR COOPERATION!





IMPORTANT NEW PROGRAM REGISTRATION POLICIES

Winding Trails is now producing two newsletters per year. The Winter-Spring edition promotes programs from January through May and the Summer-Fall edition has programs from June through December. The opening of registration for these programs will occur roughly the first of each month before the month the program is running. Also, please be sure to check our website and emails for the promotion of new programs or additional program offerings.



FAMILY SKATE NIGHT AT WALTON POND

Join us at Walton Pond for an evening of fun under the lights. There will be music, a roaring fire, hot chocolate, hotdogs, and more. This program will be held weather permitting. This is a member only program. *Registration for this program opens January 2nd.*

Date: Saturday, February 10th
 Snowdate: Saturday, February 17th
 Time: 6:30pm - 8:00pm
 Where: Walton Pond
 Fee:
 Free
 Minimum: 50 Maximum: 200

FAMILY MOVIE NIGHT

Bring the whole family out for a great dinner served up in front of our big screen movie. A dinner of ziti with red sauce, meatballs, cheesy garlic bread, and salad will be served up family style. Dessert and beverages are also included. Reserve your seats today as seating is limited. Movie will be Disney's *Wish*. *Registration for this program opens February 1st.*



Date: Friday, March 1st
 Time: 6:00pm - 10:00pm
 Where: Garmany Hall
 Fee: \$35.00 per Family
 Member Fee: \$25.00 per Family
 Minimum: 30 Maximum: 80



FAMILY EGG HUNT FEATURING PETER RABBIT

Join Peter Rabbit and your entire family as they scramble for all the holiday goodies scattered about on the trail! We have plenty of treasures and treats for all. In addition to the candy and toys, every family will receive one golden egg with a special prize inside! Don't forget your goodie bag/basket to hold all your findings. The Egg Hunt will take place in a short loop on the trails ending with a continental breakfast at the Owl Pavilion. Space is limited, register early—this program fills up fast! This is a member program only. *Registration for this program opens February 1st.*



Date: Saturday, March 30th
 Times:
 Session I: 8:00am
 Session II: 8:45am
 Session III: 9:30am
 Session IV: 10:15am
 Session V: 11:00am
 Session VI: 11:45am
 Ages: 10 and under
 Where: Meet at the Amphitheater
 Member Fee: \$25.00 per family
 Minimum: 30 people per session ... Max: 150 people per session



WINDING TRAILS CAMPUS TOUR

Are you a new member and not quite sure where everything is? Then this extensive tour of the park is just for you. Learn about the history of Winding Trails, where all the facilities are, and where the “special” spots can be found. Dress appropriately for weather and walking. *This is a member only program. Registration for this program opens March 1st.*

Date: Saturday, April 6th
 Times: 11:00am – 12:30pm
 Where: Garmany Hall
 Ages: All ages
 Fee: Free
 Minimum: 10 Maximum: 50

CELEBRATE EARTH DAY – HELP WINDING TRAILS DO SOME SPRING CLEANING!

What better way to celebrate Earth Day than by joining the Winding Trails staff as we “spruce” up the park for the coming busy season. Volunteers will be placed in groups and assigned to a project. These will include cleaning up the campsites, splitting wood, waxing the playgrounds, water treating decks, leaf pickup, and more. Come dressed to get dirty and help make your park a better place. Lunch will be provided. This is a member only program. *Registration for this program opens March 1st.*

Date: Saturday, April 20th
 Time: 9:00am – 12:00pm
 Where: Lodge Building
 Ages: Adults
 Fee: Free
 Minimum: 10 Maximum: 50

77TH ANNUAL CHILDREN’S FISHING DERBY

Children ages 5 to 15 can test their fishing skills and are eligible to participate in this long-standing event for prizes. We will have prizes in two different age categories as well as prizes for heaviest fish not a trout, first fish caught, and of course a cash prize for catching the elusive “Golden Trout.” So come on down and enjoy the morning fishing at Dunning Lake! Participation is limited to members, their guests, and Farmington residents only. *Registration is not required.*

Date: Saturday, April 6th
 Time: 8:00am – 10:00am
 Ages: 5 – 15 years old
 Where: Dunning Lake
 Fee: No Charge
(Food and worms will be available for a nominal fee)

TREK
 NEWINGTON

TREK BICYCLE DEMO DAY

Try a Trek! Join Trek Bicycle Newington for a Bike Demo Day! Trek will be on site at Winding Trails with a fleet of demo bikes including Mountain Bikes & Road Bikes. The demo is a free event, open to all. Waivers + helmets will be required. Email newington@trekbikes.com for more details. *No registration is required for this program.*

Date: Saturday, April 20th
 Times: 10:00am- 12:00pm
 Where: Garmany Hall
 Fee: Free



WINDING TRAILS ANNUAL DRIVE "FORE" CAMP GOLF TOURNAMENT

All proceeds will go to the Winding Trails Summer Day Camp!

**FRIDAY, MAY 3RD • 11:30AM
TUNXIS PLANTATION COUNTRY CLUB**

**18 HOLES * SHOTGUN START * BEST BALL
MULLIGANS, RAFFLES, GAMES, CONTESTS, AUCTIONS & MORE!**

**\$600 PER 4-SOME • \$150 PER SINGLE GOLFER
REGISTRATION BEGINS AT 10:30AM, SHOTGUN START AT 11:30AM
INCLUDES 18 HOLES, CART, LUNCH AND DINNER (SERVED AT
WINDING TRAILS IMMEDIATELY FOLLOWING THE TOURNAMENT).
DINNER ONLY (NO GOLF): \$25**





28TH ANNUAL WINDING TRAILS FAT TIRE CLASSIC PRESENTED BY TREK BICYCLE NEWINGTON



Come on out and enjoy the 5-mile loop on Winding Trails' 12.5-mile trail system which includes wide-open trails, hills, and turns combined with sections of technical single track. Cat 3, Cat 2, Cat 1, and Pro classes will run with a variety of age groups. Distances will vary according to each class. There will also be a special First Timers' Race on a separate 2-mile course, two laps, and a free short kids' race. Proceeds from the event go to the Winding Trails Endowment Fund at the Hartford Foundation. Call 860-677-8458 or visit our website for race flyer and information. We will be using BikeReg for registrations for this race at www.bikereg.com. All levels of riders are encouraged to pre-register. *Registration opens for this program March 11th.*

Date: Sunday, April 21st

Time: 9:00am - 2:45pm

(Start times vary depending on race class)

Registration opens at 7:30am for morning races

PRE REGISTRATION FEES:

Children under 10 (participating in the kids fun race): Free

Junior Racers (9-18):

USA Cycling members: Cat 3 \$25.00

Non-USA Cycling members: Cat 3 \$40.00

Cat 2 (Must have a yearly USA Cycling License): 25.00

First Time Racers:

USA Cycling members: \$25.00

Non-USA Cycling members: \$40.00

Cat 3 Racers:

USA Cycling members: Cat 3 \$35.00

Non-USA Cycling members: Cat 3 \$50.00

Cat 2, Cat 1 and Pro Racers:

(Must have a yearly USA Cycling License)

USA Cycling members: \$55.00

There is an additional \$10.00 fee for Day of Race Registration for all races



TOUCH-A-TRUCK

Through the generosity of many local businesses, children can see a variety of "special" vehicles up close. Each year we have vehicles from the local fire, police, and EMS. There is also construction equipment, military vehicles, and more. Food is available for a nominal fee. You and your little one won't want to miss this day.

If you are a business and would like to display your vehicle, email bailey@windingtrails.org. This is a great community event and a nice way to promote your business. *No registration required for this program.*



Date: Sunday, May 5th

(Rain date - Sunday, May 19th)

Time: 1:00pm - 3:00pm

Where: Upper Parking Lots

Fee: Free

"FOR ALL AGES" INTERGENERATIONAL LEARN-TO-FISH DERBY

Local non-profit "For All Ages" is hosting this morning event where an adult angler will be paired with a child age 5 to 12 to teach the child how to fish and participate as a team in a fun-filled fishing derby at Walton Pond. For All Ages will award a variety of prizes, including first fish caught, heaviest fish caught, and best fishing themed hat, among others. Participation is limited to the first 20 experienced adult anglers age 40+ and the first 20 youth ages 5 to 12. Worms and fishing tackle will be provided for the youth (adults do not fish); youth may bring their own rod and reel. Registration opens March 1 for anglers; April 1 for youth. Open only to youth who have no or minimal fishing experience and who confirm their commitment to attending. Youth must be accompanied for the morning by a parent or guardian. *Please register by Friday, May 10th on the For All Ages website at www.forallages.org/fishing-derby.*

Date: Saturday, May 18th

Time: 8:30 am - 12:30 pm

Ages: 40+ year-old adult anglers
and 5 - 12 years olds with no fishing experience

Where: Walton Pond

Fee: No Charge (Drinks, continental breakfast
and lunch will be provided.)

Minimum: 20 Maximum: 40



JANUARY PROGRAMS

Free Member Cross Country Ski Lesson,
Session I Saturday, January 6th, 8:30am – 10:00am

Little Kids Exploring Nature,
Session I: Exploring Winter Saturday, January 6th, 9:30am – 11:30am

Families Exploring Nature,
Session I: Exploring Winter Saturday, January 6th, 1:30pm – 3:30pm

Learn to Skate (4-5 year olds), Session I ... Mondays/Wednesdays, January
8th – 22nd (No Class MLK Jr. Day), 10:00am – 10:45am

Learn to Skate (6-9 year olds), Session II ... Mondays/Wednesdays, January
8th – 22nd (No Class MLK Jr. Day), 4:15pm – 5:00pm

Little Gliders,
Session I Tuesdays & Thursdays, January 9th – 18th, 11:00am – 12:00pm

Winter Youth Explorers,
Session I Tuesdays, January 9th – 30th, 4:00pm – 5:00pm

Adult Drop-In Hockey . . . Tuesdays, January 9th – March 5th, 6:30pm – 8:00pm

Arts & Crafts for Preschoolers,
Session I Wednesdays, January 10th – February 7th 11:30am – 12:15pm

Learn, Ski, & Lunch, Session I ... Thursday, January 11th, 11:00am – 12:30pm

Winter Evening
Indoor Spinning ... Thursdays, January 11th – March 14th, 6:30pm – 7:30pm

Trivia Night at Winding Trails Friday, January 12th, 7:00pm – 10:00pm

CARE Ice Fishing Class Saturday, January 13th, 9:30am – 3:00pm

Free Member Cross Country Ski Lesson,
Session II Wednesdays, January 17th, 8:30am – 10:00am

I'm a New Member Now What? Wednesday, January 17th, 6:30pm – 8:00pm

Evening Ski Tour, Session I Friday, January 19th, 7:00pm – 10:00pm

After School
Gliders... Tuesdays/Thursdays, January 23rd – February 1st, 4:00pm – 5:00pm

Mad Science – Jr Scientist (3-5 year olds),
Session I Tuesdays, January 30th – March 5th, 10:00am – 11:15am

Mad Science:
Eureka! Invention.... Tuesdays, January 30th – March 5th, 4:30pm – 5:30pm

FEBRUARY PROGRAMS

Little Kids Exploring Nature,
Session II – Exploring Winter Saturday, February 3rd, 9:30am – 11:30am

Families Exploring Nature,
Session II – Exploring Winter Saturday, February 3rd, 1:30pm – 3:30pm

Free Member Cross Country Ski Lesson,
Session III Sunday, February 4th, 8:30am – 10:00am

Little Gliders,
Session I Sunday, February 4th, 11:00am – 12:00pm

ARC Adult and Pediatric First Aid/CPR/AED Training,
Session II (Recertification) Tuesday, March 19th, 5:30pm – 7:30pm

Acoustic Nights, Session I Friday, March 22nd, 7:00pm – 9:00pm

Family Egg Hunt Featuring Peter Rabbit Saturday, March 30th

APRIL PROGRAMS

Children's Fishing Derby Saturday, April 6th, 8:00am – 10:00am

Winding Trails Campus Tour Saturday, April 6th, 11:00 – 12:30pm

Sky Gazing Saturday, April 6th, 8:00pm – 9:30pm

Birdwatching: Spring Migration Sunday, April 7th, 8:00am – 10:00am

Orienteering, Session I Monday, April 8th, 4:30pm – 6:00pm

Orienteering, Session II Wednesday, April 10th, 4:30pm – 6:00pm

Walk, Talk, & Gawk Adult Walk,
Session III – Early Spring Finds Thursday, April 11th, 9:00am – 11:00am

Little Kids Exploring Nature,
Session IV – Early Spring Finds Saturday, April 13th, 9:30am – 11:30am

Families Exploring Nature,
Session IV: Early Spring Finds Saturday, April 13th, 1:30pm – 3:30pm

Walk, Talk, & Gawk Adult Walk,
Session IV: Early Spring Finds Sunday, April 14th, 9:00am – 11:00am

Orienteering, Session III Monday, April 15th, 4:30pm – 6:00pm

Barre at the
Boathouse Pavilion Tuesdays, April 16th – May 21st, 9:30am – 10:30am

Pilates at the
Boathouse Pavilion .. Wednesdays, April 17th – May 15th, 9:00am – 10:00am

Orienteering, Session IV Wednesday, April 17th, 4:30pm – 6:00pm

Arts & Crafts for Preschoolers,
Session II Wednesdays, April 17th – May 15th, 11:30am – 12:15pm

Adult Spring Luncheon:
First American Visit Wednesday, April 17th, 12:00pm – 1:30pm

Acoustic Nights, Session II Friday, April 19th, 7:00pm – 9:00pm

Celebrate Earth Day –
Help with Spring clean-up Saturday, April 20th, 9:00am – 12:00pm

TREK Bicycle Demo Day Saturday, April 20th, 10:00am – 12:00pm

Climbing Tower Days, Session I Saturday, April 20th, 10:00am – 12:00pm

Fat Tire Classic Mountain Bike Race Sunday, April 21st

Mad Science – Jr Scientist (3-5 year olds),
Session II Tuesdays, April 23rd – May 28th, 10:00am – 11:15am

Mad Science:
Energy, Forces, & Flight .. Tuesdays, April 23rd – May 28th, 4:30pm – 5:30pm

Session II Mondays/Wednesdays, February 5th – 14th, 11:00am – 12:00pm

Learn to Skate (4-5 year olds),
Session III Tuesdays/Thursdays, February 6th – 15th, 10:00am – 10:45am

Learn to Skate (6-9 year olds),
Session IV Tuesdays/Thursdays, February 6th – 15th, 4:15pm – 5:00pm

Winter Youth Explorers,
Session II Wednesdays, February 7th – 28th, 4:00pm – 5:00pm

Learn, Ski, & Lunch, Session II Thursday, February 8th, 11:00am – 12:30pm

Evening Ski Tour, Session II Friday, February 9th, 7:00pm – 10:00pm

Family Skate Night
at Walton Pond Saturday, February 10th, 6:30pm – 8:00pm

CARE Ice Fishing, Session I Saturday, February 17th, 8:00am – 10:00am

CARE Ice Fishing, Session II Saturday, February 17th, 10:30am – 12:30pm

Chell's Charcuterie Class Friday, February 23rd, 6:00pm-7:30pm

MARCH PROGRAMS

Family Movie Night Friday, March 1st, 6:00pm – 10:00pm

Little Kids Exploring Nature,
Session III: Maple Sugaring Magic Saturday, March 2nd, 9:30am – 11:30am

Families Exploring Nature,
Session III: Maple Sugaring Magic Saturday, March 2nd, 1:30pm – 3:30pm

Walk, Talk, and Gawak Adult Walk, Session I – Equinox Finds . . . Sunday, March 3rd, 9:00am – 11:00am

Winter Youth Explorers,
Session III Tuesdays, March 5th – 26th, 4:00pm – 5:00pm

Walk, Talk, and Gawak Adult Walk,
Session II: Equinox Finds Thursday, March 7th, 9:00am – 11:00am

Learn, Ski, & Lunch, Session III Thursday, March 7th, 11:00am – 12:30pm

Evening Ski Tour, Session III Friday March 8th, 7:00pm – 10:00pm

ARC Adult and Pediatric First Aid/CPR/AED Training,
Session I Tuesday, March 12th, 5:30pm – 8:30pm

Kids Night Out, Session I Friday, March 15th, 6:00pm – 10:00pm

Spring Wood Floral Craft Workshop Friday, March 15th, 6:30pm – 8:30pm

Mountain Bike Series Tuesdays, April 23rd – May 21st, 6:00pm

After School
Adventures Tuesdays/Thursdays April 23rd – May 9th, 4:30pm – 6:00pm

Kid's Mountain
Bike Club Wednesdays, April 24th – May 15th, 4:15pm – 5:15pm

CARE Introduction to Fishing Class . . . Saturday, April 27th, 9:00am – 12:00pm

Nature's Porch Open on
Weekends Sat., April 27th – Sun., September 29th, 12:00pm – 5:00pm

Natural Lawn Care Saturday, April 27th, 1:30pm – 3:00pm

Odyssey, Session I Sunday, April 28th, 10:00am – 1:00pm

MAY PROGRAMS

Drive "fore" Camp Golf Tournament Friday, May 3rd

Little Kids Exploring Nature,
Session V: Starting New Families Saturday, May 4th, 9:30am – 11:30am

Families Exploring Nature,
Session V: Starting New Families Saturday, May 4th, 1:30pm – 3:30pm

Climbing Tower Days, Session II Saturday, May 4th, 10:00am – 12:00pm

Touch-A-Truck Sunday, May 5th, 1:00pm – 3:00pm

Kid's Night Out, Session II Friday, May 10th, 6:00pm – 10:00pm

Acoustic Night, Session III Friday, May 10th, 7:00pm – 9:00pm

Shipwreck the
Ultimate Survival Quest Sunday, May 12th, 2:00pm – 4:30pm

CARE Fly Fishing 101 Course Thursday, May 16th, 5:30pm – 8:00pm

For All Ages Intergenerational
Learn to Fish Derby Saturday, May 18th, 8:30am – 12:30pm

Odyssey, Session II Saturday, May 18th, 10:00am – 1:00pm

Walk, Talk, & Gawak Adult Walk,
Session V: May Flowers Sunday, May 19th, 9:00am – 11:00am

Climbing Tower Days, Session III Sunday, May 19th, 10:00am – 12:00pm

Odyssey, Session III Sunday, May 26th, 10:00am – 1:00pm

Visit windingtrails.org for the latest program additions, schedule updates, weather conditions, and registration.



RING 2024



WINTER YOUTH EXPLORERS

Join the fun! This 4-session program is designed for your 7- to 12-year-olds. Each week your child will spend 60 minutes doing a variety of activities related to winter. Depending on the weather they may go ice skating, skiing, snowshoeing, or tubing. Alternative activities will be provided if Other Nature does not cooperate. *Registration opens the first of the month, prior to each program date.*

Session I

Date: Tuesdays, January 9th – 30th

Session II

Date: Wednesdays, February 7th – 28th

Session III

Date: Tuesdays, March 5th – 26th

Time: 4:00pm – 5:00pm

Ages: 7-12 year olds

Where: Garmany Hall

Fee: \$70.00

Member Fee: \$50.00

Minimum: 6 Maximum: 12

LITTLE GLIDERS

Your 4- to 5-year-olds can begin to learn the sport of cross-country skiing. This fun based 4-session program will be a group cross-country ski lesson specially designed for kids. Your child will learn the basics of cross-country skiing on level terrain and become familiar with the snow.



Skis and boots will be provided. Helmets are recommended. Classes meet at Garmany Hall Ski Center. Weather permitting. *Registration opens the first of the month, prior to each program date.*

Session I

Date: Tuesdays & Thursdays, January 9th – 18th

Session II

Date: Mondays & Wednesdays, February 5th – 14th

Time: 11:00am – noon

Ages: 4 & 5 years old (must be 4 by start of program)

Where: Garmany Hall

Fee: \$65.00

Member Fee: \$50.00

Minimum: 4 Maximum: 8

LEARN TO SKATE CLINIC

Your child can begin to learn the wonderful sport of ice skating. This fun based 4-session class will involve getting your children up and around on skates. The basics of forward skating, turning, and stopping will be covered. Children must have their own skates or rent. (If you need to rent skates, please call ahead to arrange for them.) Single blade skates only please, and don't forget to have them sharpened! Helmets are recommended. *Registration opens the first of the month, prior to each program date.*

Session I

Date: Mondays & Wednesdays, January 8th – 22nd

(No class on MLK Day 1/15/24)

Time: 10:00am – 10:45am

Ages: 4 – 5 years old

Session II

Date: Mondays & Wednesdays, January 8th – 22nd

(No class on MLK Day 1/15/24)

Time: 4:15pm – 5:00pm

Ages: 6 – 9 years old

Session III

Date: Tuesdays & Thursdays, February 6th – 15th

Time: 10:00am – 10:45am

Ages: 4 – 5 years old

Session IV

Date: Tuesdays & Thursdays, February 6th – 15th

Time: 4:15pm – 5:00pm

Ages: 6 – 9 years old

Where: Owl Pavilion Skating Rink

Fee: \$50.00

Members Fee: \$35.00

Minimum: 4 Maximum: 8

ARTS & CRAFTS FOR PRESCHOOLERS

Come join us for a fun filled creative class that will stir your preschooler's imagination. Every week your child will enjoy 45 minutes of creative arts and crafts projects that they will be able to take home and show off to the entire family. *Registration opens the first of the month, prior to each program date.*

Session I

Date: Wednesdays, January 10th to February 7th

Registration opens December 1st

Session II

Date: Wednesdays, April 17th to May 15th

Registration opens March 1st

Time: 11:30am to 12:15pm

Ages: 3 to 5 years old

Where: The Lodge Activity Room

Fee: \$30.00

Member Fee: \$20.00

Minimum: 3 Maximum: 8

AFTER SCHOOL GLIDERS

Learn the sport of cross-country skiing. This fun based four-session program will be a group cross-country ski lesson specially designed for kids. Your child will learn the basics of cross-country skiing on level terrain and become familiar with the snow. Skis, poles and boots will be provided. Helmets are recommended. Classes meet at Garmany Hall Ski Center weather permitting. *Registration opens the first of the month, prior to each program date.*

Date: . . . Tuesdays and Thursdays, January 23rd – February 1st
 Time: . . . 4:00pm – 5:00pm
 Age: . . . 6 – 10 years old
 Where: . . . Ski Center
 Fee: . . . \$65.00
 Members Fee: . . . \$50.00
 Minimum: 4 . . . Maximum: 8



KID'S NIGHT OUT

This is the ultimate night out for any kid! Tons of games, pizza, an ice cream sundae bar, a big screen movie, and endless amounts of fun await you here at the Trails. This program has evolved into a very popular kid's event and space fills up quickly. So, parents plan your night out and send the kids here for theirs. Head on over to the Trails for a night out that you will never forget. Sorry, parents not allowed! Please bring clothing that is appropriate for outdoor (weather dependent) and indoor play as well as provide a sleeping bag/blanket and pillow for the movie. *Registration opens the first of the month, prior to each program date.*

Session I

Date: . . . Friday, March 15th

Session II

Date: . . . Friday, May 10th

Time: . . . 6:00pm – 10:00pm

Age: . . . 6-12 years old

Where: . . . Garmany Hall

Fee: . . . \$30.00

Members Fee: . . . \$20.00

Minimum: 15 . . . Maximum: 25



MAD SCIENCE: EUREKA! INVENTION

Children overcome a series of challenges using basic materials, simple machines, tips from famous inventors, and most importantly, their minds. With a bit of ingenuity, they create catapults and forts, construct working light sticks, and assemble a set of circuits with batteries and light bulbs.

Dates: . . . Tuesdays, January 30th – March 5th
 Time: . . . 4:30pm to 5:30pm
 Where: . . . Lodge Activity Room
 Ages: . . . 6 to 10 years old
 Fee: . . . \$160.00
 Member Fee: . . . \$130.00
 Minimum: 12 . . . Maximum: 21

MAD SCIENCE: PRESCHOOL JR SCIENTIST

Become a Junior Mad Scientist! This program is a great introduction to science for our younger fans. The junior scientists will explore the science of colors and the way things move, they will become paleontologists by searching for fossils and participating in a mini dinosaur dig. Finally, take an exciting mission with Mad Science to explore the planets, moons and stars. These young scientists will enjoy daily take-home projects related to each subject!

Session I

Date: . . . Tuesdays, January 30th – March 5th

Session II

Date: . . . Tuesdays, April 23 – May 28th

Time: . . . 10:00am- 11:15am

Where: . . . Lodge Activity Room

Ages: . . . 3 to 5 years old

Fee: . . . \$160.00

Member Fee: . . . \$130.00

Minimum: 12 . . . Maximum: 21

MAD SCIENCE: ENERGY, FORCES & FLIGHT

Explore inertia, gravity and centripetal force with race cars and spinning bike wheels, ping-pong balls, and rubber band powered catapults. Learn about tension and compression, which shapes are strongest, make an earthquake proof building from toothpicks and marshmallows. Learn about flight and build the coolest paper airplanes!

Dates: . . . Tuesdays, April 23rd – May 28th
 Time: . . . 4:30pm to 5:30pm
 Where: . . . Lodge Activity Room
 Ages: . . . 6 to 10 years old
 Fee: . . . \$160.00
 Member Fee: . . . \$130.00
 Minimum: 12 . . . Maximum: 21



SKYGAZING

Presented with donations from the Trails Fund. Come out and see the "darker" side of Winding Trails and the night sky. Join Smith College instructor and children's author, Meg Thacher as she provides us with a look into the April constellations and tells their stories. She will show us how to use binoculars and what to look at. You will look through a telescope at the Moon, Mars, Venus, the Orion Nebula, and star clusters. At the end of the program, Meg will be available to sign her award-winning children's book -- *Sky Gazing*. Copies of the book will be available for \$20 or feel to bring your own. Bring a flashlight, and Meg will teach you how to turn it into a night-vision-friendly Astronomy Flashlight! You are also encouraged to bring your own binoculars or telescope if you can. *Registration for this program opens on March 1st.*

Dates: Saturday, April 6th
 Time: 8:00pm - 9:30pm
 Where: Boathouse Pavilion
 Ages: 7 and up
 Fee: \$10.00
 Member Fee: Free
 Minimum: 25 Maximum: 75



ORIENTEERING – NEW PROGRAM!

Come get lost with us and discover the trails that wind! In this program, you'll learn how to read a map, use a compass, and bushwack through the trails by taking a compass bearing. This is an outside dirty activity. Please dress accordingly! *Registration opens the first Monday of the month, prior to each program date.*

Session I
 Date: Monday, April 8th

Session II
 Date: Wednesday, April 10th

Session III
 Date: Monday, April 15th

Session IV
 Date: Wednesday, April 17th

Time: 4:30 pm - 6:00 pm
 Ages: 7 to 12 years olds
 Where: Meet at Owl Pavilion
 Fee: \$30.00
 Member Discount Fee: \$20.00
 Minimum: 6 Maximum: 15



CLIMBING TOWER DAYS

This two-hour program allows you to get onto the climbing tower and enjoy the vertical realm. The climbing tower is 40' high consisting of 4 sides: a 15' beginner wall with incline, a 40' intermediate vertical wall, a 40' advanced wall with incline and over hangs and a 60' x 35' cargo net for the quickest way to the top. Once on top, it's time for the ride, a 300' long zip line down Main Street. *Registration opens the first of the month, prior to each program date.*

Session I
 Date: Saturday, April 20th

Session II
 Date: Saturday, May 4th

Session III
 Date: Sunday, May 19th

Ages: 7 years old and above
 Time: 10:00am - 12:00pm
 Where: Meet at the Climbing Tower
 Fee: \$45.00
 Member Fee: \$30.00
 Minimum: 15 Maximum: 30

AFTER SCHOOL ADVENTURERS

Your child will spend 1.5 hours a week participating in a variety of outdoor adventure activities from developing communication skills on our low elements, to learning the basics of rock climbing on our 40' climbing tower consisting of 4 sides; a 15' beginner wall, a 35' intermediate wall, a 35' advanced wall and the fourth side is a 60' x 35' cargo net. Through this program your child can overcome personal fears and develop new self-confidence and trust. *Registration for this program opens March 1st.*

Dates: Tuesdays and Thursdays, April 23rd – May 9th
 Ages: 7 to 12 years old
 Time: 4:30 pm – 6:00 pm
 Where: Meet at the Climbing Tower
 Fee: \$120.00
 Member Fee: \$90.00
 Minimum: 6 Maximum: 12



SHIPWRECK THE ULTIMATE SURVIVAL QUEST

This new program will offer your group the opportunity to showcase your survival skills. A facilitator will challenge the group with a series of activities including shelter building, catch and release of fish, fire building, and more. Groups will need to work together to accomplish the task at hand. This is an outside dirty activity. Please dress accordingly. *Registration opens the first Monday of the month, prior to each program date.*

Date: Sunday, May 12th
 Time: 2:00pm – 4:30pm
 Ages: .. 7 years & up – families are welcome to sign up as a group
 Where: Meet at Nature's Porch
 Fee: \$30.00
 Member Discount Fee: \$20.00
 Minimum: 8 Maximum: 30

KIDS MOUNTAIN BIKE CLUB

Calling all kids ready to have some bicycling fun on the trails! This club is intended to have fun, sharpen our mountain biking skills and most importantly make some new friends! Mountain bikes only, helmet mandatory. This club is not intended for beginner riders. Participants must bring a helmet and bike. *Registration for this program opens March 1st.*

Dates: Wednesdays, April 24th – May 15th
 Time: 4:15pm to 5:15pm
 Where: Garmany Hall
 Ages: 9 to 13 years old
 Fee: \$30.00
 Member Fee: \$20.00
 Minimum: 6 Maximum: 12



ODYSSEY – NEW PROGRAM!

Ever wonder what those telephones, cables, and ropes are all about up of Main Street? This is our Odyssey, one of only two courses like this in New England. Join us for a 3-hour program that will stretch your comfort zone! Team members begin by ascending a giant cargo net to reach the first platform and traverse through several problem-solving challenges to reach the peak end platform where each person has the opportunity to experience our Lily Pads or Floating Bridge. *Registration opens the first of the month, prior to each program date.*

Session I

Date: Sunday, April 28th

Session II

Date: Saturday, May 18th

Session III

Date: Sunday, May 26th

Ages: 10 years old and up

Time: 10:00am – 1:00 pm

Where: Meet at the Climbing Tower

Fee: \$70.00

Member Fee: \$50.00

Minimum: 15 Maximum: 30



LITTLE KIDS EXPLORING NATURE

This winter and spring young children 6 years old and under with their families will join Miss Judy for a fun Saturday morning of learning something new about the great outdoors. The program format is an introduction about the day's topic followed by a hands-on outdoor activity to try out what you learned. Each month, we will be exploring various locations and topics as we discover the many animals and plants that make up Winding Trails' fields, forests, and waterbodies. Since the weather is always fluid, the experience changes from year to year.

The January and February programs will have activities based on the weather on that day – checking out ice on the pond, building a snow fort, or taking a hike. In March, we will be experiencing the entire maple sugaring process from tapping the trees to boiling down the sap into syrup. Dress for the weather with layers, snow pants (when appropriate), and boots so everyone is warm in the cold.

With April, we have hopes for the early spring season as we look for skunk cabbage and early spring flowers while listening to frogs calling at the vernal pools and looking for egg masses in the water. For May, look for animal nests and young, watch parents bringing food, and learn how these new families stay safe. Dress for the weather with good walking shoes. Bring along water boots or shoes for exploring the vernal pool areas up close.

All these activities and more are out there to explore as we spend an exciting winter and spring season with your family. *Registration opens the first of the month, prior to each program date.*

Session I: Exploring Winter in January

Date:Saturday, January 6th

Where:The Lodge

Session II: Exploring Winter in February

Date:Saturday, February 3rd

Where:The Lodge

Session III: Maple Sugaring Magic

Date:Saturday, March 2nd

Where:The Lodge

Session IV: Early Spring Finds

Date:Saturday, April 13th

Where:Nature's Porch

Session V: Starting New Families

Date:Saturday, May 4th

Where:Nature's Porch

Time:9:30 am – 11:30 am

Ages:Families with 6-year-olds and younger

Fee:\$25.00 per Family

Member Fee:\$15.00 per Family

Minimum: 15Maximum: 35



FAMILIES EXPLORING NATURE

This winter and spring older children with their families will join Miss Judy for a fun Saturday afternoon of learning something new about the great outdoors. The program format is an introduction about the day's topic followed by a hands-on outdoor activity to try out what you learned. Each month, we will be exploring various locations and topics as we discover the many animals and plants that make up Winding Trails' fields, forests, and waterbodies. Since the weather is always fluid, the experience changes from year to year.

The January and February programs will have activities based on the weather on that day – checking out ice on the pond, building a snow fort, or taking a hike. In March, we will be experiencing the entire maple sugaring process from tapping the trees to boiling down the sap into syrup. Dress for the weather with layers, snow pants (when appropriate), and boots so everyone is warm in the cold.

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All these activities and more are out there to explore as we spend an exciting winter and spring season with your family. *Registration opens the first of the month, prior to each program date.*

Session I: Exploring Winter in January

Date:Saturday, January 6th

Where:The Lodge

Session II: Exploring Winter in February

Date:Saturday, February 3rd

Where:The Lodge

Session III: Maple Sugaring Magic

Date:Saturday, March 2nd

Where:The Lodge

Session IV: Early Spring Finds

Date:Saturday, April 13th

Where:Nature's Porch

Session V: Starting New Families

Date:Saturday, May 4th

Where:Nature's Porch

Time:1:30 pm – 3:30 pm

Ages:Families with children with 7 years and older

Fee:\$25.00 per Family

Member Fee:\$15.00 per Family

Minimum: 3 FamiliesMaximum: 5 Families



CARE ICE FISHING CLASS

The Connecticut Aquatic Resources Education (CARE) Program offers a free in-depth ice fishing class that introduces you to the wonders of water, fish, and fishing during the winter. Miss Judy and other state certified volunteer instructors will pass along the knowledge they have learned through years of angling. The morning class includes a video, hands-on demonstrations with the equipment, how to stay safe on the ice, and additional activities that will teach and entertain youths and adults alike. Visit the CARE program ICE FISHING web-page to prepare yourself and for more ice fishing information.

If ice conditions are safe, an outside ice fishing practice will be offered in the afternoon. All equipment is provided for your use. It is especially important to dress in layers for the weather conditions and to wear boots for the afternoon practice – no sneakers are allowed.

SIGN UP THIS YEAR IS THROUGH THE CT DEEP Website at <https://portal.ct.gov/DEEP/Fishing/CARE/CARE-Fishing-Classes>

Date: Saturday, January 13th

Times:

Indoor class (attendance required) 9:30 am – 11:30 am

Lunch (bring your own) 11:30 am – 12:00 pm

Ice Fishing on Dunning Lake

(runs only if the ice is safe) 12:00 pm – 3:00 pm

Where: The Lodge Activity Room

Ages: 8 years old through adults

Fee: Free

Minimum: 10 people Maximum: 20 people

CARE ICE FISHING EVENTS

Ice fishing events are designed for those with basic fishing knowledge and experience. Ice fishing events are an opportunity to practice skills learned from a CARE in-person or ZOOM ice fishing class. CARE fishing coaches will be available to assist you start to finish from drilling holes, setting up gear, and pulling fish onto the ice. All tackle and bait are provided. Dress appropriately to be on the ice – dress in layers and absolutely no sneakers. To learn more about ice fishing, view the DEEP Let's Go Ice Fishing video and read the Ice Fishing 101 blog. For more details on what to bring, visit the DEEP ice fishing page. NOTE: Ice fishing events are subject to a minimum of 7" of safe ice.

SIGN UP THIS YEAR IS THROUGH THE CT DEEP Website at <https://portal.ct.gov/DEEP/Fishing/CARE/CARE-Fishing-Classes>

Session I

Date: Saturday, February 17th

Time: 8:00 am to 10:00 am

Session II

Date: Saturday, February 17th

Time: 10:30 am to 12:30 pm

Where: Dunning Lake Camp Beach

Ages 8 years old through adult

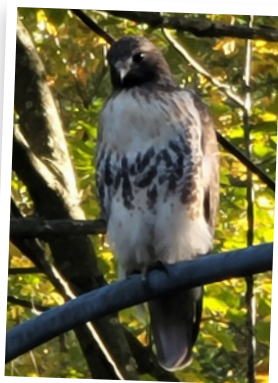
Fee: Free

Minimum: 10 people Maximum: 20 people



BIRDWATCHING: SEASONAL EVENTS

Join Blair Wlochowski, Winding Trails' bird volunteer, as we explore the Winding Trails' property to discover what birds are found here during the changing seasons. Learn tips on how to enhance your birding skills and work on your Bird Life List. The walks will travel through many habitat areas, so a good variety of birds are expected to be seen. Always dress for the weather and wear a good pair of walking shoes. Please bring a pair of binoculars, a field guide, and a bottle of water. We usually have a couple of extra binoculars and a field guide to share with those without. *Registration for this program opens March 1st.*



Date: Sunday, April 7th - Spring Migration
Time: 8:00 to 10:00 am
Where: Boathouse Pavilion
Ages: 10 and up
Fee: \$7.00
Member Fee: Free
Minimum: 6 Maximum: 16

CARE INTRODUCTION TO FISHING CLASS

Have you always wanted to learn how to fish but you do not know where to start? The CT DEEP Fisheries Division now offers an online Let's Go Fishing, course where you can learn all about fishing in CT from the comfort of your home. Then, join Certified Fishing Coaches on April 27th at Nature's Porch for a quick review of the Let's Go Fishing course and jump into hands-on activities that cover all the basic fishing skills! You will set up a fishing rod and tie a strong knot, practice casting practice, and put that line into the water to catch your first fish at Walton Pond.



Upon registration for this program, you will be asked to do your "homework" by completing the online Let's Go Fishing course prior to the event. The fishing event at Walton Pond on April 27th will complete the hands-on portion of this program and begin your lifetime of fishing.

SIGN UP THIS YEAR IS THROUGH THE CT DEEP Website at <https://portal.ct.gov/DEEP/Fishing/CARE/CARE-Fishing-Classes>

Date: Saturday, April 27th
Time: 9:00 am - 12:00 noon
Where: Nature's Porch
Ages: 8 years old through adults
Fee: Free
Minimum: 10 people. Maximum: 20 people

CARE FLY FISHING 101 COURSE

Designed for anglers who have some previous fishing experience, this class offered by the Connecticut Aquatic Resources Education (CARE) program helps continue to build your fishing knowledge and skills. Participants should be 12 years old and older.

ZOOM CLASS: CARE Fishing Coaches will cover all the basics of the art of fly fishing during a 1-hour ZOOM class. Experts will discuss how to select and use fly fishing rods, reels, flies, and tackle, what knots to use and how to use them, how to cast, and take all your questions. This is a mandatory prerequisite before attending the Fly-Fishing Field Trip (space is limited).

FLY FISHING FIELD DAY: You will get the opportunity to practice your rod setup, knot tying, and casting with hands-on coaching and then fish for panfish and bass in Walton Pond. CARE Fishing Coaches will provide loaner fly rods and flies to get you started fishing confidently on the path to success or bring your own gear and we can show you how to use it and set it up properly. A fishing license is required for all participants ages 16 and above.

SIGN UP THIS YEAR IS THROUGH THE CT DEEP Website at <https://portal.ct.gov/DEEP/Fishing/CARE/CARE-Fishing-Classes>

Date: Thursday, May 16th
Time: 5:30 to 8:00 pm
Where: Black Bear Pavilion by Walton Pond
Ages: 12 years old through adults
Fee: Free
Minimum: 5 people. Maximum: 10 people



CT DEEP CARE FISHING EVENTS

Unable to attend one of the CARE fishing events at Winding Trails? No worries. Just Google "Fish with CARE, click on the "Fish with CARE – Connecticut Aquatic Resources Education" link, and you will be taken to the website. Click on "Classes and Events" and scroll through to find your option:

- Introduction to Fishing
- Let's Go Fishing! Online Course (*English or Spanish*)
- Fishing Events
- Advanced Fishing Classes
- Ice Fishing Classes



FREE MEMBER CROSS COUNTRY SKI LESSON

There are still members who have never been out on skis, so for those of you who have never tried, but would like to, we invite you to come out for a one-hour free group lesson. There is a fee for rental equipment. Space is limited. This program will be held weather permitting. This is a member only program. *Registration opens the first of the month, prior to each program date.*

Session I

Date: Saturday, January 6th – snow date January 20th

Session II

Date: Wednesday, January 17th – snow date January 24th

Session III

Date: Sunday, February 4th – snow date February 11th

Time: 8:30am - 10:00am

Ages: 16 and up

Where: Ski Center (Garmany Hall)

Fee: Members Free (ski rentals are \$17)

Minimum: 4 Maximum: 8

ADULT HOCKEY

Why let the kids have all the fun? If you have played hockey before or have an interest in playing hockey, join us for this recreational “pond” hockey under the lights on Walton Pond. Interested participants are recommended to wear protective gear. Be sure to check the website to ensure the pond is open for skating. Registration is required. *Registration for this program opens December 15th.*

Date: ... Tuesdays, January 9th – March 5th weather permitting.

Time: 6:30pm – 8:00pm

Where: Walton Pond

Ages: 16 and up

Fee: \$7.00 per night

Member Fee: Free

Minimum: 8 Maximum: 20

LEARN, SKI, & LUNCH

Come for a cross country ski program and stay for lunch. If you have never cross country skied or need a refresher this is a great program for you. This program includes rental equipment, a lesson, and lunch. Space is limited, and the program is held weather permitting. Lunch will be provided from our snack bar. This is a member only program. *Registration opens the first of the month, prior to each program date.*

Session I

Date: Thursday, January 11th
(If no snow, Thursday, January 18th)

Session II

Date: Thursday, February 8th
(If no snow, Thursday, February 15th)

Session III

Date: Thursday, March 7th
(If no snow, Thursday, March 14th)

Time: 11:00am - 12:30pm

Where: Garmany Hall

Ages: 16 and up

Member Fee: \$15.00

Minimum: 4 Maximum: 8.



REMINDER: WINDING TRAILS IS A WILDLIFE PRESERVE. TO PROTECT THE WILDLIFE WE ASK THAT NO DOGS OR PETS BE ALLOWED ON PROPERTY. THIS INCLUDES THE ENTIRE TRAILS SYSTEM. THANK YOU FOR YOUR COOPERATION!



WINTER EVENING INDOOR CYCLING/SPINNING

Looking for a great cardio workout? Spinning offers the calorie burning, energy enhancing, stress decreasing overall workout that is easy on the joints. This is a 10-week program that will sure help you stay or get into shape. Indoor cycling allows you the opportunity to work hard and have fun while you spin to your favorite tunes. You provide comfortable workout attire, sneakers or SPD compatible shoes, H₂O, towel and desire. *Registration for both sessions of this program opens December 1st.*

Instructor: Dave Cappello
 Dates: Thursdays, January 11th- March 14th
 Time: 6:30pm - 7:30pm
 Where: The Lodge Basement
 Fee: \$130.00 per session
 Member Fee: \$100.00 per session
 Minimum: 6 Maximum: 16

TRIVIA NIGHT AT WINDING TRAILS

The holidays are over, and the rushing and stressing are behind us. Come to Winding Trails with your friends to celebrate with Trivia! We will supply the music, Trivia and atmosphere. You just need to supply your own food and beverages. Reserve your spot today or get a group of friends together for a whole table! This is a member only program. *Registration for this program opens December 1st.*

Date: Friday, January 12th
 Time: 7:00pm - 10:00pm
 Place: Garmany Hall
 Ages: Adults Only
 Member Fee: \$15.00
 Minimum: 25 Maximum: 75

I'M A NEW MEMBER ... NOW WHAT?

Join us for an evening of exploration about everything that Winding Trails has to offer you. Learn how to get the most out of your membership and find out about all the great opportunities that await you. You will learn about our history, our future, how monies are spent, program registration, guest policies, special events and programs, summer day camp, our cross-country ski center, and much more. Meet some of the park's key staff members and ask any questions you may have. This is a great orientation event for any new member or just a wonderful opportunity for returning members to learn more about the facility. This program will be available in person or on Zoom. Please register based on how you plan to attend. There is no fee for this event. *Registration for this program opens December 1st.*

Session I: In person

Minimum: 40 Maximum 100
 Where: Garmany Hall

Session II: On Zoom

No minimum No maximum
 Date: Wednesday, January 17th
 Time: 6:30pm - 8:00pm
 Ages: Adults
 Fee: Free

EVENING SKI TOURS FOR ADULTS

Skiing under the stars! Does this atmosphere sound good to you? If you answered yes, then you'll want to join us for this unique program. Weather permitting, fellow skiers will for a special guided ski tour of our trail system. The warmth of a roaring fire, light fare and conversation will follow this nocturnal trek. This program is not for beginner skiers. (Weather permitting) *Registration opens the first of the month, prior to each program date.*

Session I

Date: Friday, January 19th

Session II

Date: Friday, February 9th

Session III

Date: Friday, March 8th

Time: 7:00pm - 10:00pm

Ages: Adults

Fee: \$30.00 (this includes trail guide and refreshments)

Member Fee: \$20.00

Rental: \$10.00

Minimum: 20 Maximum: 40

ADULT NATURE WALKS: WALK, TALK, AND GAWK

Come join Miss Judy, Winding Trails' naturalist, for a casual exploration as we walk along some of our many trails to observe monthly seasonal changes. We'll talk about what we see or some of the current nature topics in the news. Sometimes we'll stop to gawk at an interesting find alongside the trail. A different route and seasonal topic are planned for each date. Always dress for the weather, wear a good pair of walking shoes, and bring your curiosity. Registration opens the first of the month, prior to each program date.

Session I: Equinox Finds

Date: Sunday, March 3rd

Session II: Equinox Finds

Date: Thursday, March 7th

Session III: Early Spring Finds

Date: Thursday, April 11th

Session IV: Early Spring Finds

Date: Sunday, April 14th

Session V: May Flowers and Plants

Date: Sunday, May 19th

Time: 9:00 am – 11:00 am

Where: Nature's Porch

Ages: Adults

Fee: \$10.00

Member Fee: Free

Minimum: 6 Maximum: 16



CHELL'S CHARCUTERIE CLASS

Learn tips and tricks to create your very own charcuterie board! You will make a Salami flower, kiwi star, Provolone rose and more. This program includes a 9" bamboo board and all ingredients needed to leave with a full board of cheese, meat, and fruits! This program will be run by Chell's Charcuterie! *Registration for this program opens January 1st.*

Date: Friday, February 23rd

Time: 6:00pm – 8:00pm

Where: Garmany Hall

Ages: Adults

Fee: \$69.00 per person

Member Fee: \$59.00 per person

Minimum: 10 Maximum: 40



Photo by John W. Davis, Jr



AMERICAN RED CROSS FIRST AID/CPR/AED/TRAINING

The Adult and Pediatric First Aid/CPR/AED course incorporates the latest science and teaches students to recognize and care for a variety of first aid emergencies such as burns, cuts, scrapes, sudden illnesses, head, neck, back injuries, heat and cold emergencies and how to respond to breathing and cardiac emergencies to help victims of any age - adults (12 years and older) and pediatric (infants and children up to 12 years of age). Students who successfully complete this course will receive a certificate for Adult and Pediatric First Aid/CPR/AED valid for two years. This is a blended learning class, with an online requirement before the class starts. A processing fee to the Red Cross is required when registering for the online portion. *Registration opens February 1st.*

Session I

Date: Tuesday, March 12th
Time: 5:30pm - 8:30pm

Session II:

For anyone holding the certification and needs to be recertified

Date: Tuesday, March 19th
Time: 5:30pm - 7:30pm
Ages: 13 and up
Where: Garmany Hall
Fee: \$100.00 Per Person
Member Fee: \$80.00 Per Person
Minimum: 4 Maximum: 10



SPRING WOOD FLORAL CRAFT WORKSHOP

Come enjoy a night of crafting with Wood Florals. Learn how to dye and assemble wood flowers. You will be able to make a seasonal inspired table center piece, hanging door sign or wreath with pre dyed flowers. We will supply all the materials for these projects. *Registration opens February 1st.*

Date: Friday, March 15th
Time: 6:30pm - 8:30pm
Where: Lodge Activity Room
Fee: \$60.00
Member Fee: \$40.00
Minimum: 6 Maximum: 20



ACOUSTIC NIGHTS AT WINDING TRAILS

Come and enjoy some great local music in a variety of different venues at Winding Trails. The music is always excellent, and it is a great time to enjoy the park and friends. Feel free to bring your own food and drinks. *Registration opens the first of the month, prior to each program date.*



Session I: Bloomer and Ben

Date: Friday, March 22nd
Time: 7:00pm - 9:00pm
Place: Garmany Hall
Minimum: 40 Maximum: 80

Session II: Jenna Nichols

Date: Friday, April 19th
Time: 7:00pm - 9:00pm
Place: Nature's Porch
Minimum: 30 Maximum: 60

Session III: Erann Danner

Date: Friday, May 10th
Time: 7:00pm - 9:00pm
Place: Dunning Lake Boathouse
Minimum: 50 Maximum: 250
Ages: All ages
Fee: \$7.00
Member Fee: Free

BARRE AT THE BOATHOUSE PAVILION

Barre is a fun, high energy, fusion workout to strengthen and tone your muscles. Class includes cardio, barre work, and mat exercises. This class is for ALL levels, no prior dance or exercise experience is necessary. Bring your yoga mat, wear sneakers, and be ready to make new friends! *Registration opens March 1st.*

Instructor: Bridget Bussiere
Dates: Tuesdays, April 16th - May 21st
Time: 9:30am-10:30am
Where: Boathouse Pavilion
Fee: \$90.00 per session
Member Fee: \$75.00 per session
Minimum: 6 Maximum: 20

PILATES AT THE BOATHOUSE PAVILION

Get a great workout and view at our Pilates class under the Boathouse Pavilion. Instructor Lisa McMahon has over 15 years of experience teaching Pilates and group exercise. You will need to bring your own mat and water bottle. *Registration opens on March 1st.*

Instructor: Lisa McMahon
Dates: Wednesdays, April 17th - May 15th
Time: 9:00am-10:00am
Where: Boathouse Pavilion
Fee: \$75.00 per session
Member Fee: \$60.00 per session
Minimum: 6 Maximum: 20

ADULT SPRING LUNCHEON: FIRST AMERICAN VISIT

Join us for a little lunch followed by some education. Participants will discover the tools, the foods, and the culture of Connecticut's early Native Americans. Hands-on examination of reproduction artifacts and storytelling will bring to life the ways of our first native inhabitants. *Registration opens March 1st.*

Speaker: Kirsten Tomlinson from the
Environmental Learning Centers of CT
Date: Wednesday, April 17th
Time: 12:00 - 1:30pm
Where: Garmany Hall
Ages: Adults
Fee: \$20.00 per person
Member Fee: \$10.00 per person
Minimum: 25 Maximum: 65



MOUNTAIN BIKE SERIES

Are you planning on racing in our Tri Series? Why not get into the Tuesday evening routine ahead of time with our mountain bike series. For 5 weeks, on Tuesday evenings, we will be having a 5-mile and a 10-mile race. The course winds through our trail system using open and single-track trails. This is a fitness event to get ready for the Tri season or just to get out and have fun. *Registration for this program opens on March 1st.*

Short Course: 5 miles on our bike course
Long Course: 10 Miles - 2 two loops
Dates: Tuesdays, April 23rd - May 21st
Time: ..Registration opens at 5:00pm with rolling starts to follow
Where: Tri Transition Area at Walton Pond
Fee: \$25.00 per race or \$100.00 Series Pass
Member Fee: \$15.00 per race or \$60.00 Series Pass
Minimum: 20 Maximum: 200

NATURAL LAWN CARE

The Farmington River Watershed Association (FRWA) and Winding Trails are teaming up for this timely workshop. Aimee Petras, Executive Director at the FRWA, will present this program that covers how to manage your lawn without using chemical fertilizers and pesticides. We will outline the steps you need to take, including mowing techniques to manage weeds. Additionally, we will delve into common lawn problems such as grubs and thatch. After the program, time will be available for additional questions. *Registration opens on March 1st.*

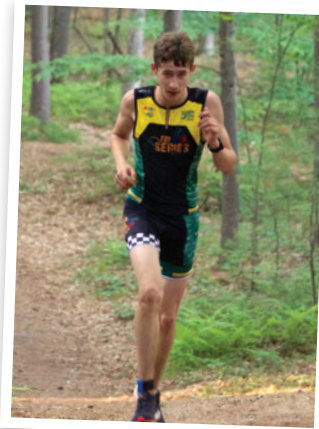
Prior to the program, test your soil via the UConn soil testing lab (soiltest.uconn.edu/sampling.php) and bring your results so we can customize a lawn care plan to your specific needs.

Date: Saturday, April 27th
Time: 1:30pm to 3:00 pm
Where: Nature's Porch
Ages: Adults
Fee: Free
Minimum: 10 Maximum: 25

TRI SERIES FREE DEMO DAY

Come and practice the Triathlon race courses. We will have swim, transition, run clinics, and a BLUE course mountain bike ride. Visit our awesome sponsors and learn about what they have to offer. Demo bikes will be available as well as certified bike mechanics to check your ride. Get your body ready for the season! This event is FREE!

Registration is not required for this event.



Date: Tuesday, June 4th
Time: 5:00pm - 7:30pm
Schedule of Events will be announced in early May!
Where: Transition Area (located by Walton Pond)
Fee: Free
Minimum: 20 Maximum: 200

SPRINT & TINY TRI-TRAINING SERIES

Join us for our 24th season of the weekly triathlon series! This series runs on Tuesday evenings at Winding Trails for 10 weeks. SPRINT distance series will again consist of a 1/4-mile swim in Dunning Lake, a 5-mile mountain bike ride (you must use a mountain bike ~ no hybrids), and a 3-mile trail-run through our beautiful woods. All ability levels are encouraged to come out and train in this friendly and fun environment. Our truly beginner Tiny Tri, consists of 1/8th mile swim, 3-mile ride (hybrid bikes are OK but mountain bike recommended) and a 1+ mile run. It is a great confidence booster for young and old alike. You CAN do this one and work up to the sprint distance.

This year's series will start on Tuesday, June 11th and will end on Tuesday August 13th. More details about the series and registration will be in our Summer/Fall Newsletter!



UPCOMING AQUATIC PROGRAMS

We have many popular aquatic programs over the summer! An aquatic program newsletter will be emailed out in early April with details about programs, schedules, and registration dates. For now, here is a quick overview and dates for planning purposes!

SWIM LESSONS

Session I June 24th- July 5th
Session II..... July 8th – July 19th
Session II..... July 22nd - August 2nd
Session IV August 5th- August 16th

INTRODUCTION TO BOATS

Session I June 24th- June 28th
Session II..... July 8th – July 12th
Session II..... July 22nd - July 26th
Session IV August 5th- August 9th

WINDING TRAILS SAILING

Session I June 24th- July 5th
Session II..... July 8th – July 19th
Session II..... July 22nd - August 2nd
Session IV August 5th- August 16th

AMERICAN RED CROSS LIFEGUARDING COURSE WITH WATERFRONT MODULE (BLENDED LEARNING)

Session I: Monday – Thursday, June 17th- June 27th
Session II: Monday – Thursday, July 29th to August 8th



BEACH RULES

- Swimming is permitted only in designated areas when lifeguards are on duty.
- Open water swimming is not permitted.
- Swimmers must be able to swim to the rafts unassisted.
- No pushing or flipping off of the rafts.
- Bubbles, water wings, rafts and other floating devices are prohibited. Coast Guard approved lifejackets are allowed but cannot be used to aid someone getting to the raft.
- No child under the age of 15 is to be left unattended.
- Keep paths in front of the lifeguard chairs free of chairs, towels, umbrellas, and beach toys.
- Only single poled shade structures are allowed on beach and must not block lifeguard sight line or access to the water.
- Playing of music should be kept to a low volume and not hinder other's enjoyment of the park.
- No alcoholic beverages are permitted in the water.
- Glass containers are prohibited from the park. Please use non-breakable containers.
- Smoking is prohibited from the beach area and all picnic areas.
- Picnic tables and grills are used on a first come first serve basis. Reserving of tables is not allowed.
- Changing of babies on picnic tables is not allowed. Baby changing tables are provided in both sides of the bathhouse.
- Fishing is not permitted from the beach or in swimming areas.

BOATING GUIDELINES

- All persons renting boats must be at least 8 years old and have passed level 4 swimming lessons. Boat Attendants have the right to refuse boat rentals to any person(s) unable to manage a specific craft.
- Boats are available for rent at the boathouse daily between the hours of 11:00am and 6:00pm with the last boat into shore at 7:00pm. Rates are posted at the boat house.
- Damage to the boats caused by horseplay or operator error will be charged to the member.
- Individuals using the boats should not bring any valuables on to the water. Winding Trails will not be responsible for damage done to cell phones, car keys, etc.
- All boaters, whether in Winding Trails boats or their own must wear lifejackets. If we cannot properly fit your child in a lifejacket, they will be unable to accompany you in the boat – No Exceptions!
- All boaters operating an electric engine must be registered with the State of Connecticut and have a valid Safe Boaters Certificate and have a valid Safe Boaters Certificate. Electric motors not to exceed 5hp are permitted on the lake.
- No gas motors are allowed.
- Launching of boats is allowed only from the provided launch site across from the Main Office building.
- No inflatable boats are permitted.
- Boats are restricted from swimming areas.
- If you are transporting your boat to Dunning Lake from another lake, please be sure to wash your boat thoroughly prior to launch. This will help prevent the spread of weeds and other organisms from one lake to another. A hose is located on the side of the office building for your convenience.

■ Failure to follow the posted rules and regulations will result in forfeiture of your membership.



BOAT STORAGE

- Boats may be stored on the peninsula across from the Main Office for 6 or 12 months for a fee.
- Limit 2 boat slips per membership.
- All boats are stored at the owner's risk. Winding Trails accepts no responsibility for loss or damage.
- Only one boat can be stored at each boat slip.
- Stickers will be issued showing the member number and assigned boat slip. Stickers must be visibly displayed on all boats. Boats without a sticker will be removed.
- Registration forms for storage of non-motorized boats less than 15 feet are available at the Main Office.
- Fees must be kept up to date. Once you are notified of delinquent fees the boat will be removed from the peninsula and not released until all delinquent fees are paid.



FISHING RULES

- Members, 16 years of age and older must have a valid fishing license. Children under 16 do not need a fishing license.
- Please be sure to stick to posted limits on daily catches. Anyone with more than their limit will have his or her fishing privileges revoked. Keep in mind fishing is for all members. Over fishing only hurts all fishermen in the end. Please catch and release.
- All boaters operating an electric engine must be registered with the State of Connecticut and have a valid Safe Boaters Certificate and have a valid Safe Boaters Certificate.
- Members are allowed three trout or bass per day. If you bring a guest, you and your guests' limit together cannot exceed the five trout or bass limit per day.
- Bass Protective Slot Limits: 12"-16" long bass are in a protective range and must be released. Only one bass over 16" may be kept each day
- Failure to follow the posted rules and regulations will result in forfeiture of your membership.

GENERAL POLICIES

- Winding Trails membership runs the calendar year: January 1st–December 31st. There is no prororation of your dues should you wish to terminate your membership early.
- All vehicles must stop at the gatehouse to scan stickers and collect guest fees. Membership stickers must be affixed to the lower left side of your windshield. Stickers not affixed will be turned into the main office.
- Walkers/Bikers should use the main gate and will be permitted in the park only if they can provide photo ID to verify membership. The Gate Attendant will verify membership.
- All windows on the driver's side of the vehicle should be rolled down so the gate attendants can welcome drivers, verify members, and any guests.
- Each membership is limited to 6 guests per day that are registered in advance online. Larger groups must call the office at (860) 677-8458 so special arrangement can be made.
- Guests must park their vehicles outside the gate along the edge of the entrance roadway.
- Members should park in the designated lots and not on the grass. Parking along the road creates visual problems. Parking violations will be issued for cars parking in non designated areas.
- No dogs or other pets are allowed in the park.
- Drive slowly in the park. Speed limit in the park is 20 MPH. Bikers, walkers and wildlife utilize the roadway as well as the cars.
- Please dispose of diapers by wrapping in a plastic bag before putting in the trash receptacles. Use the baby changing stations and not the picnic tables for changing.
- Toddlers/Babies must wear swim diapers in the lake.

■ Please put trash and recyclables in the proper receptacles. No glass containers, please.

■ Picnic Tables and Grills are used on a first come first serve basis. Reserving of tables is not allowed.

PROGRAM REGISTRATION AND CANCELLATION POLICIES

PROGRAM REGISTRATION

■ Participants will be notified by email if a class is filled or if the class has been canceled. Registration for most programs can be done online on our website. If you prefer, you can register by mail or in our main office.

PROGRAM CANCELLATION POLICY

Winding Trails reserves the right to cancel any program due to low enrollment. Please register early!

■ Three working days prior to the start date for each program, a decision will be made to cancel or run the program. If canceled, you will be notified by Winding Trails and will receive a full refund.

■ Winding Trails reserves the right to combine or divide classes, to change the time, date, and/or location and to make other revisions in these offerings, which may become necessary.

■ Every effort will be made to make up classes. However, activities canceled due to circumstances beyond the control of Winding Trails that cannot be made up may not be refunded.

REFUND POLICY

Winding Trails has multiple programs and specific policies for major programs such as camp and rentals. Please check website for details on these programs. The following refund policies are for our general programs and special events.

■ Full refunds will be given when requested up to one (1) week prior to the start of the program.

■ Once the decision has been made to run a particular program, no refund will be given unless Winding Trails can find a substitute, or there is a medical emergency.

■ Absolutely no refunds will be given for any attended portion of a program.

■ There will be no cash refunds. Allow two (2) to four (4) weeks to process a refund.

■ A \$25.00 fee will be assessed for *ALL* bounced checks!

Winding Trails Word Search

Can you find the names
of the trails at
Winding Trails?



R	E	R	O	M	O	T	N	A	H	P	H	N	T
U	C	R	O	W	E	S	C	U	R	V	E	L	A
I	S	O	O	W	L	D	W	O	L	P	O	N	D
R	K	D	T	I	D	L	O	T	I	C	N	T	N
I	A	I	E	N	E	U	L	K	T	H	A	B	U
E	T	B	E	D	E	C	L	A	T	A	R	I	R
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O	P	D	H	L	B	S	O	E	K	L	A	R	R
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WHITE PINE
POND
WHITE OAK
WINDING HILLS
PHANTOM
EDGE TRAIL
LITTLE BROOK
SKATER'S LOOP
CROWE'S CURVE
PINE HOLLOW
POWER LINE
BIG ROCK
SCOUT
DEER RUN
BROOKSIDE
CANAL
ROOSEN'S RUN
CHAPEL HILL

Play this puzzle online at : <https://thewordsearch.com/puzzle/6325060/>



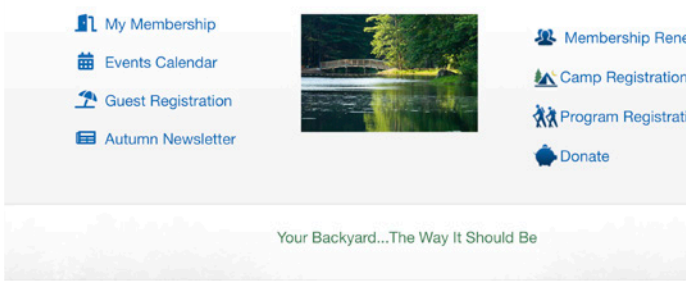
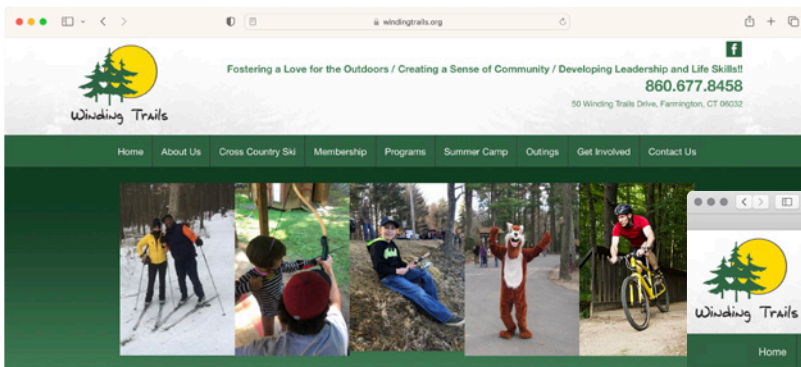
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MISSION STATEMENT

Winding Trails, Inc. is a non-profit, organization serving people from Farmington and surrounding communities, providing year round recreational and educational activities for the enjoyment and growth of families and individuals of all ages. Winding Trails is dedicated to the conservation and stewardship of our natural woodlands and waterways that allow outdoor programming, character development, and other activities that strengthen the lives of those we serve.

www.windingtrails.org



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FIND IT ONLINE

You can find online registration, medical forms, summer camp bus schedules, ski and skate conditions and much more on our website. We encourage our members and non-members alike to browse our site and send us feedback.



Fostering a Love for the Outdoors • Creating a Sense of Community • Developing Leadership and Lifeskills